



TASMANIAN INSTITUTE OF SPORT



yearbook

and annual report

2001-2002



TASMANIAN INSTITUTE OF SPORT Bulletin

ISSUE 40 - JULY 2001

Powerade boost for schools program

As the Olympic year unfolds and a major Olympic torch relay is set to take place in Tasmania, the Tasmanian Institute of Sport is pleased to announce a new partnership with Powerade. The program will see the Institute providing support to schools across the state, with Powerade providing the financial backing for the program. This will allow the Institute to provide a range of services to schools, including coaching, training and equipment. The program will run for the next two years, with the Institute providing support to schools across the state.

TASMANIAN INSTITUTE OF SPORT Bulletin

ISSUE 41 - OCTOBER 2001

Forums spread TIS message

The Tasmanian Institute of Sport is taking its message out of the state and into regional Tasmania with a series of five community forums. The forums are being held in the following locations: Burnie, Devonport, Launceston, Hobart and Ulverston. The forums will provide an opportunity for the Institute to meet with local athletes, coaches and officials, and to discuss the Institute's services and programs. The forums will also provide an opportunity for the Institute to promote its services and programs to the wider community.

TASMANIAN INSTITUTE OF SPORT Bulletin

ISSUE 42 - FEBRUARY 2002

TIS scores double sponsorship

The Tasmanian Institute of Sport has announced that it has secured two new sponsors, bringing its total sponsorship income to over \$1 million. The new sponsors are the Tasmanian Government and the Tasmanian Education System. The Institute is pleased to announce this success, and to thank the sponsors for their support. The Institute's income will be used to fund its programs and services, and to support the development of Tasmanian athletes.

TASMANIAN INSTITUTE OF SPORT Bulletin

ISSUE 43 - MAY 2002

Early success for aspiring coaches

A new coaching program designed to encourage the development of elite athletes is showing promising results. The program, which is run by the Tasmanian Institute of Sport, has seen a number of young athletes achieve success in their respective sports. The program provides coaching and training to young athletes, and has been successful in helping them to reach their full potential. The Institute is pleased to announce this success, and to thank the coaches and athletes who have participated in the program.

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minister's

foreword

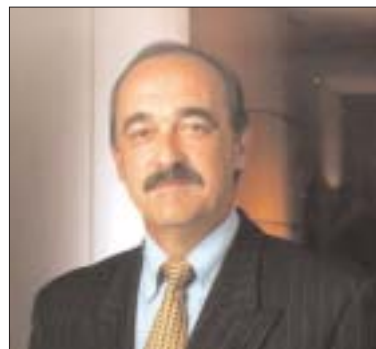
THE results of Tasmanian Institute of Sport athletes over the past year have continued to reflect the high-quality sports programs and support services that are provided to the State's elite and developing athletes.

A total of 45 TIS athletes represented Australia in international competition over the past year. Many of these athletes were juniors, experiencing high-level competition in the international sports arena for the first time in their careers.

The State Government is committed to supporting Tasmania's elite athletes and sportspeople through the services of TIS. Our support will ensure the Institute continues to make a significant contribution to Australia's elite sports network.

An important initiative during the year was the establishment of a fund to support coaching scholarships. These scholarships have been instrumental in allowing aspiring high-performance coaches to gain additional coaching knowledge and experience, thereby assisting them to provide the highest level of coaching expertise to their athletes. In only its first year of operation, the scholarship program has already seen two of the inaugural six TIS scholarship coaches gain national coaching appointments.

I take this opportunity to acknowledge the guidance and strategic direction provided by the Tasmanian Institute of Sport Board of Management, under the strong chairmanship



of Denis Rogers. I also commend the TIS staff for their commitment and professionalism.

Most importantly, I congratulate the athletes and coaches of the TIS on their achievements over the course of the year and wish them many more years of sporting success.

A handwritten signature in black ink that reads "Jim Bacon". The signature is written in a cursive, flowing style.

Jim Bacon MHA
Premier
Minister for State Development

chairman's

report

THE Tasmanian Institute of Sport Board of Management this year has continued to focus on the challenges that lie ahead. Strategies and policies have been developed to support programs, coaches and athletes into the future.

Athlete performances have continued to improve, with many junior athletes now competing successfully on the world stage.

These outstanding performances reflect the quality of the services provided by the Institute, particularly the calibre of its coaching staff and programs.

The TIS receives generous support from the corporate sector to assist in the achievement of these results. On behalf of the Board of Management, I offer my thanks to our many sponsors.

Major sponsor Coca-Cola Amatil, has supported continued involvement in the Powerade Schools Program. In addition, long-standing corporate partners Motors Pty Ltd, J. Boag & Son, and the Hotel Grand Chancellor have made an ongoing contribution to the Institute's programs.

The TIS mobile testing laboratory continued with support from MBF this year.

Three new sponsors joined the Institute this year. Echo Tasmania has assisted with a major coaching scholarship for the sport of rowing. Southern Cross Television and financial institution B&E have joined with the TIS to support its athletes and programs in their quest for success.



The Institute looks forward to a long and mutually rewarding association with all of these organisations.

I extend a personal vote of thanks to my fellow Directors and to the staff of the TIS for their continued support and commitment over the past year. It is a pleasure to work with them and I look forward to another productive year.

To the athletes of the Tasmanian Institute of Sport, I offer my congratulations on another year of significant sporting achievement and I wish them continued success in the future.

A handwritten signature in black ink, appearing to read 'D. Rogers', written in a cursive style with a large flourish at the end.

Denis W. Rogers
Chairman
Board of Management

director's

report

A SIGNIFICANT factor in the Tasmanian Institute of Sport's development over the past 12 months has been the provision of additional State Government funding to undertake a number of activities important to both the ongoing development of our athletes and coaches and to the development of our own role within the Tasmanian community.

The first of these activities provided critical counselling support for TIS athletes on a needs basis. This has allowed us to meet our commitment to provide truly holistic support to each of the athletes in our programs.

This year we also undertook to visit rural and regional communities to encourage young people to participate in active, healthy lifestyles, while providing them with a perspective on elite sport and its requirements. We place significant importance on our athletes acting as positive role models in the promotion of health and well-being in our local communities and welcomed the opportunity to undertake this initiative.

Coaching development received a major boost, with scholarships being awarded to aspiring elite Tasmanian coaches. These coaches have gained important coaching skills and knowledge through the program, enabling them to operate effectively on a national and international level.

The scholarships are tangible evidence of the Institute's commitment to developing the state's coaches in order to continue to provide the highest level of coaching expertise to our developing athletes.

The Institute's sports programs also continued to develop, with the recommencement of a full-time National Training Centre program



in Track and Field and, for the first time, a Swimming Elite Development Squad.

These two programs – along with the Hockey and Cycling NTC programs – were further assisted through the inclusion of coaching support from our part-time scholarship coaches.

With the assistance of the Australian Sports Commission, the TIS Sports Performance Unit was able to develop Talent Search into a full-time program, thereby assisting in the identification, development and monitoring of some of our future scholarship holders.

I am indebted to the TIS Board of Management, under the direction of its Chairman, Denis Rogers, for its support and guidance. This has been extremely valuable not only to me as Director, but also to the staff as a whole. I extend my sincere thanks to Denis and the Board for the leadership they have provided.

The TIS has continued to play a part in the development of Australia's elite sports network, working closely with other institutes and academies of sport, national sporting organisations, the Australian Olympic Committee and the Commonwealth Games



Association to assist Australia's athletes to achieve international success.

The support of both the State and Federal Governments, and that of our many corporate partners, has played a large part in the Institute's continued development, allowing us to find and use innovative ideas to benefit our athletes and programs.

This we must continue to do if we wish to remain a significant part of the Australian elite sports network.

In closing, I acknowledge the athletes and coaches of the Tasmanian Institute of Sport for their pursuit of excellence, their focus and

their dedication. I have no doubt they will continue to excel on the world stage and I, along with the remaining TIS staff, commit to providing a continued high level of service to our athletes and coaches as they strive to achieve the goals they have set for themselves.

A handwritten signature in black ink, appearing to read 'Elizabeth Jack'.

Elizabeth Jack
Director

administration

ACTIVITIES

Community Visits

DURING the year the TIS staff conducted visits to schools and communities in the Wynyard, St Helens, Zeehan and Triabunna areas to provide information to the public on the Institute's activities. At each of these expos, schoolchildren and interested members of the community participated in various tests, activities and information sessions that provided an insight into the services the TIS provides to its athletes and what being an elite athlete is all about.

Community Forums

THE TIS also conducted community forums in Wynyard, St Helens, Launceston and Hobart. These provided information to the general public on fitness tips for the home and office as well as giving members of the public the opportunity to hear from elite athletes and leading sports administrators.

Olympic kayaker Daniel Collins and Paralympian Melissa Carlton spoke in Wynyard, rower Scott Brennan talked in St Helens about his experiences and Olympic and Commonwealth Games long jumper Peter Burge spoke in Launceston.



*TIS Executive Officer
Paul Austen*

At the Hobart forum, leading sports administrator, TIS Chairman and past immediate chairman of the Australian Cricket Board Denis W Rogers, AO, provided an interesting insight into his time at the helm of Australian cricket. The TIS received valuable support from leading Tasmanian financial institution B&E in conducting these forums.

STAFF

Staffing changes during the year saw Christine Hamlyn join the TIS from Adelaide to replace Daniel Billing as Sports Performance Officer. Trainee Adam Rowlings



completed his traineeship and moved on to other pursuits.

The TIS reluctantly farewelled valued team member and Manager of the Sports Performance Unit, Tammie Ebert, who left to undertake a PhD in Canberra and work with the AIS road cycling program.

Joining the Sports Performance Unit were Elissa Morley from Queensland, who began as the full-time Talent Search Coordinator, while Dr Tim Gabbett, also from the sunny end, took over Tammie's role as Manager of the Sports Performance Unit.

Athlete Career & Education Coordinator Maree Fish resigned in June to take on a position with the University of Tasmania. We wish Maree well with this new career challenge.

Denise Hansson returned to the TIS on a permanent basis as project support officer. Previously Denise worked with us on a temporary basis while one of the officers was on maternity leave. Denise is a real asset to management and the front office team.

Liz Coglan quietly continued her excellent work in maintaining the TIS resource centre.

The TIS Bulletin was published regularly as part of the Institute's ongoing promotional activities, acknowledging corporate sector support and providing information to the community on Institute activities and the achievements of its athletes.

The TIS website continued to provide up-to-



*Denise Hansson
Project Support Officer*



*Liz Coglan
Library Consultant*

date results of TIS athletes as well as information on all TIS activities. As in past years, this was managed by TIS Executive Officer Paul Austen.

On a final note, we would like to acknowledge the support of staff at the Department of State Development for the many services it provided to the Institute during the year.

**Paul Austen
Executive Officer**



corporate partnerships

THE TIS continues to receive valuable support from partnerships with leading Tasmanian businesses.

Coca-Cola Amatil signed on for another 12 months to become the major sponsor of the Tasmanian Institute of Sport during 2001/2002.

Coca-Cola Amatil has been a long-time supporter of the TIS, particularly giving financial and in-kind support for the Powerade Schools Program. This program sees athletes speak to classes of students in schools around Tasmania about their sport and themselves.

It has proved to be a valuable and successful program for both the athletes and the students. Coca-Cola Amatil will now extend its coverage and support to the Talent Search program.

We were also fortunate to gain the support of a new sponsor – Echo Tasmania – starting a five-year program that will provide support to the Institute as a whole and also to the sport of rowing in Tasmania through the provision of an annual rowing coaching scholarship.

Other new companies to join the TIS this year were financial institution B&E Ltd, Southern Cross Television, Craigow Wines and The Denture Centre.



Tasmania



These companies join our other long-term supporters: Motors Pty Ltd, J Boag and Son and the Hotel Grand Chancellor, Hobart.



MBF and Dell computers provided support to the TIS mobile testing lab attached to the Institute's Sports Performance Unit during 2001/2002, while Avanti and Prince Albert Inn continued their valuable assistance to the Institute's NTC Cycling program.



The importance of all these organisations to the TIS cannot be overstated, as they provide many extra benefits to our athletes. These benefits in turn provide that extra edge in performance to each athlete, not only giving them confidence, but also playing an important role in their development.



We sincerely thank all these companies for their important investment in Tasmania's athletes and their future.



We also acknowledge the support of public relations consultants, Corporate Comm-



Announcing the TIS sponsorship deal at Tattersall's Hobart Aquatic Centre TIS Chairman Denis Rogers, left, with Echo Tasmania Executive Director Chris Hartley, TIS Director Elizabeth Jack and Premier Jim Bacon, MHA.

unications and, in particular, senior consultant Keryn Nylander, for their continued support of the Institute's media and corporate activities throughout the year.

And we extend our sincere thanks to the fitness centres around the State that have – over many years – continued to assist our athletes in their preparation for national and international competitions.

These include Theogenes Health and Squash Centre in Launceston, Healthglo Fitness and Leisure in Burnie, Templars Fitness Centre in Devonport, Health and Fitness World in Glenorchy and Launceston, the Tattersall's Hobart Aquatic Centre and Oceana Health and Fitness in Hobart, and Port Huon Fitness Centre in the Huon Valley for their ongoing support.



One of the Institute's top cyclists, Sean Sullivan, takes in some of the sponsor's product, Powerade. Coca-Cola Amatil, maker of Powerade, is the major sponsor of the Tasmanian Institute of Sport.

athlete of the year

CHAMPION hockey player Matthew Wells was named the Tasmanian Institute of Sport's Harvey World Travel Athlete of the Year for 2001.

The award capped off a wonderful year for Wells, culminating with a silver medal playing for Australia in the 23rd Champions Trophy in Rotterdam, Holland.

He was also vice-captain of the Australian men's hockey team that won the Manning Cup against New Zealand in May 2001 and captain of the Australian team that won the East Asian Games in Japan.

Wells, 22, also won the Player of the Year award for the National Hockey League after leading the Tassie Tigers to their first semi-final appearance in 27 years. Wells was presented with his award by the Chairman of the TIS, Denis Rogers, at the annual cocktail

party and awards presentation at the Hotel Grand Chancellor in Hobart on Monday 3 December, 2001.

Wells won the TIS Male Athlete of the Year Award, sponsored by Echo Tasmania, to make him eligible for the main award. Other contenders were boxer Daniel Geale, mountain bike champion Sid Taberlay and fellow hockey player Zain Wright.

The TIS Female Athlete of the Year Award, sponsored by the Commonwealth Bank, was won by swimmer Nicole Hunter for a great year that included gold in a World Cup event in Australia in the 200m butterfly, and silver in the Open National Short Course Championships in the same event.

Other award finalists were water-skier Clare Angilley and rower Dana Faletic. As Hunter was competing on the mainland, her mother Diane collected the award on her behalf.

Rower Scott Brennan won the TIS Junior Athlete of the Year Award, sponsored by *The Examiner* newspaper. His year's highlight was winning a silver medal in the single sculls at the World Junior Championships in Germany. Brennan's achievements were all the more notable in that he was studying first-year medicine at the University of Tasmania in addition to undertaking a heavy training and competition program.

Other finalists in the junior award were basketballer Hollie Grima and hockey player David Guest. The awards are based on performances at an international level over the previous 12-month period.



2001 TIS Award winners – Scott Brennan, left, (Junior Athlete of the Year), with Diane Taylor accepting the award on behalf of her daughter, swimmer Nicole Hunter, who was TIS Female Athlete of the Year, and Matthew Wells, TIS Male Athlete of the Year and Athlete of the Year.

sports performance

THE Sports Performance Unit continues to assist Tasmania's talented athletes and coaches through the provision of sports science, sports medicine, and physical preparation services.

New additions to the staff of the Sports Performance Unit are Tim Gabbett (Sports Performance Manager), Christine Hamlyn (Sports Performance Officer) and Elissa Morley, who has taken up the newly created full-time position as Talent Search Coordinator.

We also farewelled Tammie Ebert and thank her for the work she has performed in the Sports Performance Unit. Much of the current resources and support afforded to athletes and coaches have come as a direct result of Tammie's tireless efforts.

Regular testing of the National Training Centre Programs of Cycling, Hockey, Track and Field and Rowing was conducted throughout the year with a number of target squad athletes also being involved, highlighting the depth of talent in Tasmania.

The Unit was involved in testing of the Elite Development Squads of tennis, swimming, cricket, football, and basketball. Testing of the Tassie Tigers State cricket squad, Tassie Devils football team and Australian under-17 netball players was also conducted.

The Sports Performance Unit has also become increasingly involved with a number of the Elite Development Squad members in the sports of wild-water canoeing, sailing, judo and orienteering and we look forward to



*Tim Gabbett
Manager,
Sports Performance Unit*



*Christine Hamlyn
Sports Performance Officer*

continuing our work with these up-and-coming athletes.

With the purchase of new equipment during 2001, the area of motion analysis and biomechanics was greatly enhanced for the TIS. Through the use of this technology we are



able to work with the athletes and coaches, providing specific feedback on their performance.

The Swinger video analysis program was used with several sports, including hockey, football, track and field, wild-water canoeing and tennis. Through the capture of video footage, this program allows analysis of performance in various ways.

Some examples of movement analysis include frame by frame, left side versus right side and overlaying with another athlete. Swinger is a vital tool that enables analysis of the athlete's technique and, in turn, overall performance. It also allows the athlete to visualise their performance.

The virtual-reality glasses have been greatly accessed by our rowing program during this year, with many athletes benefiting from their use. The glasses are worn by the athlete and, through a video link-up, allow the athlete to view themselves as they are performing. This kind of immediate feedback is crucial, again in terms of analysing technique and skill error.

The swimming program has made full use of the underwater camera during 2001/2002. This technology allows the coach to view and record the athlete's stroke technique under-

water.

Bi-monthly coaching and sports science forums have also been conducted by the Sports Performance Unit. The coaching and sports science forums provide an opportunity for constructive discussion and exchange of ideas and information between coaches and sports scientists, to ensure the highest level of support is made available to all TIS athletes.

We thank all presenters and coaches who have contributed to the success of the coaching and sports science forums.

SPORTS MEDICINE NETWORK

WE would also like to acknowledge the TIS Sports Medicine Consultant Network, which continues to provide quality services to our athletes and coaches. Thanks are extended to Hobart Pathology for their continued provision of blood screening. Thank you also to Dr Ian Beltz, who is the Sports Medicine Coordinator, for his assistance in the efficient and effective provision of Sports Medicine services.

Tim Gabbett
Sports Performance Manager

Christine Hamlyn
Sports Performance Officer

talent search

THE Talent Search Program has had another successful year in Tasmania, with more students tested than ever before and athletes achieving excellent results at State and National level in a range of sports.

Phase 1 testing this year saw the screening of almost 7,000 high school students across Tasmania. The ever-increasing number of students tested at Phase 1 is a reflection of the growing support the Powerade Talent Search Program receives from schools and the community.

Sport-specific Phase 2 Powerade Talent Search testing was conducted with the top two per cent of Phase 1 participants in the North, the South and the North-West.

About 60 athletes who excelled in Phase 1 and Phase 2 testing will form the 2002/2003 Powerade Talent Search squad in the sports of athletics, cycling and rowing. These athletes, to be announced at induction ceremonies in August, will begin training in September and will start competing at the end of the year.

Athletes from last year's squad have adapted to their new sports quickly and are already performing well in competition. Talent Search athletes from previous years are also continuing to achieve outstanding results.

ATHLETICS

Tiah Simmons picked up a silver medal in the under-20 2000m steeplechase at the 2002 Track and Field National Championships in Brisbane.

Luke Vaessen competed in the under-16 age



*Elissa Morley
Talent Search Coordinator*



group at the 2002 Track and Field National Youth Championships in Adelaide and placed second in the long jump.

Mary Hookway collected two silver medals in the 400 metres and the 800 metres and a bronze in the 200 metres at the 2002 Track and Field State Championships in Hobart.

and Field State Championships in Hobart.

Madeleine Oldfield was selected in the State team to compete at the Cross Country National Championships to be held in Nowra in August 2002.

Karina Fyfe broke State records in the under-13 division in the 400, 800 and 1500 metres.

CYCLING

Results from the 2002 National Track Championships included Angela Klyne competing in the under-15 category and winning



bronze medals in the sprint and the 500-metre time trial. Angela finished fourth in the flying 200 and the pursuit.

Jarrod Burr and David Klyne won the bronze medal in the under-19 teams pursuit.

Louise Yaxley finished fourth in the open pursuit.

ROWING

Emma Whyte, Ginny Hewitt and Elizabeth Murray competed at the Tasmanian All Schools State Titles. The girls won the coxed quad sculls, placed first and second in the double sculls and first, second and third in the single sculls in the under-15 age group.

Thanks must go to Coca-Cola Amatil for their fantastic sponsorship of the Talent Search Program. It is also with much appreciation that I acknowledge the invaluable

contributions of the coaches, parents, sporting organisations, PE teachers and university students, without whose dedication the Powerade Talent Search program would not be such a success.

Looking ahead to the coming year, Talent Search will see the implementation of more workshops for Talent Search athletes. These workshops will encompass a range of activities and topics to better equip the athletes to deal with the variety of challenges that sportspeople face.

The Powerade Talent Search program will continue to target athletics, cycling and rowing in the year ahead and we hope to see the inclusion of AFL as a fourth Talent Search sport.

Elissa Morley
Talent Search Coordinator

athlete career & education

IN August 2001 the Tasmanian Institute of Sport, through the Athlete Career & Education Program, welcomed Relationships Australia, Tasmania, to our group of consultants.

Through Relationships Australia, Tasmania, professional and confidential counselling for a broad range of personal, sport-related and family issues has been made available as a free service to all TIS athletes, their immediate families and coaches.

The success of this statewide program can be seen in the number of athletes accessing the service during the first year of the program. Confidentiality regarding use of the service is imperative and therefore reporting is done purely on a numerical basis. The Tasmanian Institute of Sport looks forward to developing stronger links with Relationships Australia, Tasmania.

The very successful Powerade Schools Program has continued to provide athletes with an ideal opportunity to practise their presentation skills while schoolchildren throughout Tasmania have been able to hear of their experiences and get a hands-on approach to a variety of sports.

In 2001 the program had a record 26 athletes from 12 sports delivering their message to a range of Tasmanian schools in areas such as Rosebery, Wilmot, Bridgewater, Hagley, Rosetta, Kingston and Forth. In 2002, 17 schools are included in the program with children keen to hear from athletes in sports such as rowing, cycling, wild-water kayaking,



*ACE Coordinator
Maree Fish*

swimming, hockey, football and tennis.

Further community recognition of the Tasmanian Institute of Sport was an integral component of several rural school expos and forums conducted by the Tasmanian Institute of Sport.

Institute staff provided students and families in Wynyard, St Helens, Zeehan and Triabunna with an opportunity to try out some of the activities and tests that our elite athletes endure along with the chance to hear first-hand sporting and life experiences from several high-profile guest speakers.

In November 2001 successful cooking skills sessions were held in Hobart and Launceston attracting a range of cooks/athletes! For the Hobart session, a special thanks to Drysdale TAFE for providing use of their cooking facility and staff to conduct the session. In Launceston participants were given some



Yachtsman Mark Padgett signs autographs as part of his Powerade Schools Program visit to Riverside Primary.

great tips from Pasta Pasta restaurant chef Neil Pratt.

Nationally, the ACE coordinator attended the national ACE conference in Melbourne and was a participant in the inaugural NESC Athlete Services Conference in Sydney which saw ACE, Sports Science and Programs combine for the first time to discuss a range of issues affecting the servicing of athletes.

On a personal note many of you will be aware that after nearly four years with the Tasmanian Institute of Sport I have moved on to take up a position with the University of

Tasmania. I would like to take this opportunity to thank you for your support of the Tasmanian ACE program and its efforts in assisting Tasmania's elite athletes to pursue their sporting ambitions while developing career options for a post-sport life.

I wish all Tasmanian Institute of Sport athletes success in achieving their goals and thank you for allowing me to share part of the journey with you. Good luck and goodbye.

Maree Fish
Athlete Career & Education
Coordinator

physical preparation

THE past year has been one of great consolidation in the area of Physical Preparation. The position has been a challenge due to the geographical spread of our athletes and the range of sports and athletes utilising physical preparation services.

The range of sports that have been using strength and conditioning programs is always changing, and it is encouraging to see that many of the less-traditional strength sport athletes are looking to maximise their athletic potential.

As expected, some of the heaviest users of the Physical Preparation area are our National Training Centre programs. Continuing from last year we have seen heavy use from the sports of rowing, cycling and hockey. Many other sports such as wild-water paddling, track and field, tennis, basketball, sailing and orienteering have also been utilising the Physical Preparation program.

An encouraging trend over the past 12 months has been the thinking of some of the TIS coaches in how to utilise Physical Preparation services in a more holistic approach.

This can be seen in instances such as cycling, basketball and cricket organising self-massage and stretching workshops for their athletes, and cycling looking to incorporate water recovery sessions to enable the athletes to better recover from successive bouts of activity over a multi-day event.

Other key projects that I have been working with are the Australian lightweight sweep oar



*Physical Preparation Officer
Peter Culhane*

squad, who are once again preparing for the World Championships by training at Franklin, and working with some of the State's elite junior tennis players through a nationally funded Tennis Tasmania initiative. This has been both rewarding and hard work, but may be an area that could lead into some exciting developments for the Physical Preparation program down the line.

Under the current circumstances in which the athletes use community-based gymnasiums, I would sincerely like to thank all the network gymnasiums that allow the athletes and myself to use their facilities, as without our own dedicated physical preparation facility we rely heavily on these centres for their continued support of our athletes and our program. Without their continued involvement the program would not be as successful as it is.

Peter Culhane
Physical Preparation Officer

TIS scholarship programs

THROUGH support from the State and Federal Governments and the various corporate sponsors of the TIS, the Institute provides scholarships to selected athletes in different TIS programs. Varying programs operate within the Institute, depending upon the resources available and the quality and number of athletes participating.

NATIONAL TRAINING CENTRE (NTC) PROGRAMS

THESE are the main programs offered by the TIS in conjunction with national and state sporting organisations and the Australian Sports Commission. In 2001/2002 the Institute operated four NTC programs in the sports of cycling, track and field, hockey and rowing, with track and field rejoining as a major program in January 2002.

All sports have a full-time coach employed specifically to conduct the NTC program. Athletes are admitted into these programs using nationally accepted standards and are provided with coaching, access to national and international competition, equipment and all TIS services including sports science and athlete career and education.

ELITE DEVELOPMENT SQUAD (EDS) PROGRAMS

THESE programs operate in a similar manner to NTC programs. Squads enlist the services of a coach employed by the state sporting

organisation to coordinate the program for selected athletes in that sport. Athletes receive funding support to attend international/national level training and competition, plus access to training facilities and coaching support within Tasmania.

Athletes are also provided with access to the services provided by the TIS in sports science and athlete career and education. TIS Elite Development Squads in 2001/2002 were football, cricket, tennis, basketball and – for the first time – swimming.

INDIVIDUAL SCHOLARSHIP PROGRAM

THESE scholarships are provided to athletes from sports in which a small number of athletes are performing at the required level in the sport, or where the sport does not have the infrastructure to provide a coach/coordinator and other support services necessary for an NTC or EDS program to operate.

Athletes are provided with funding support to enable access to international/national standard training and competition opportunities, sports science and athlete career and education services. The Institute's staff work directly with the athletes to help coordinate their programs and the utilisation of their funds. Scholarships are offered at different levels based on performance criteria that cater for junior through to senior athletes.

cycling

IT was an exceptional year for the cycling program, with excellent results across the board by all scholarship holders. There were many highlights:

RIDER SUMMARIES:

Emily Williams – 2001 National Junior Road Series Champion; 2001 National Time Trial Series Champion; 2001 Australian Representative for World Road Championships in Portugal but did not compete due to a broken collar bone two weeks out.

Bernard Sulzberger – 2001 National Road Race Series Champion; voted Australia's best junior road rider for 2001; National Team Rep for Road Worlds in Portugal 2001.

Simon French – 17th at Junior Worlds in downhill; Australian Rep 2001.

Caleb Manion – second in World Cup round for U23 cyclists, Italy 2001; best U23 in Tattersalls road series.

Mark Jamieson – 2002 National Junior Pursuit Champion; selected for Junior Worlds in Melbourne August 2002; 2001 National Track Rep at Worlds in USA; fourth in Teams Pursuit.

Belinda Goss – 2002 National Junior Pursuit Champion; 2002 National Points Race Champion; 2002 National Scratch Race Champion; selected for Junior Worlds in Melbourne August 2002; 2001 National Track Rep at Worlds in USA, fourth in Points Race.



*TIS Cycling Coach
Kevin Tabotta*

Kirby Piscioneri – fourth in Junior Sprint 2002 National Championships.

Stephen Rossendell – top five results in open men's 1000m Time Trial, Pursuit and Scratch Race at 2002 Nationals.

Naomi Williams – fifth in World Cup race New Zealand 2002; AIS/National team member 2002.

Darren Young – second in World Cup Madison, Sydney 2002; Silver in 2002 National Points Race, Scratch Race and Madison; 2001 Goodwill Games National Representative.

Sean Sullivan – five international road race victories so far this season riding with his elite team in Holland; fifth in 2002 Tour of Tasmania; 2001 Herald Sun Tour Criterium Champion.

Nathan Clarke – 2001 Herald Sun Tour

Sprint Champion; five podium placings in International road racing so far this season.

Sid Taberlay – 2002 National Champion Open Men & U23 Men; currently the highest internationally ranked male Australian cross-country rider; also, top 20 World Cup Rankings, 2002; National team member 2002 Worlds, Austria.

NEW TIS SCHOLARSHIPS 2002

Jai Crawford – U23 Mountain Bike. Ranked in top four in U23 in Australia; second, 2002 MTBA National Championships U23.

Ryan Sullivan – 2002 National junior road team representative, Belgium.

Stephanie Williams – 2002 National Junior Road Race Series Champion; 2002 National junior road team representative, Belgium; third Pursuit National Track Championships 2002.

GENERAL

2001/2002 Cycling Team Sponsors – Avanti Bicycles, Prince Albert Inn – Launceston.

2002 Satellite Coaches – Ron Bryan, Darrel Young, Garry House, Paul Manion, Scott Callow.

2002 TCF/TIS Target Squad – Louise Yaxley, David Klyne, Matt Goss, Stuart French

Kevin Tabotta
Cycling Coach



hockey

THE TIS Hockey Program has been successful in 2001/2002, demonstrating positive results in international competition while continuing its development streams.

It has been pleasing to see the transition of many juniors into senior and junior national teams. Not only has representation been strong at the national level, but many of the young, new faces of the TIS hockey program are now demonstrating the potential to continue the strong number of Tasmanians representing their country.

An example of this is the debut of Lis Paget into the Hockeyroos' senior Australian women's team in its tour of Japan. As one player made her debut for Australia another was selected to the vice-captaincy of the Men's Commonwealth Games team for 2002. We congratulate Matthew Wells on this achievement.

The main international competition within this period has been the Men's World Cup held in Kuala Lumpur. Matthew Wells and Daniel Sproule were key members in the Kookaburras team that won silver, narrowly losing the final to Germany 2-1. The other major tournament was the 2001 Champions Trophy in August, where Zain Wright and Matthew Wells won silver.

In 2001 Bianca Langham-Pritchard rested from the international arena but rejoined the Hockeyroos in 2002, competing in the Japan series, and winning selection in the Australian Commonwealth Games team heading to Manchester.

In 2002 Zain Wright was awarded the prestigious award as Player of the AHL 2002 series. Considering the quality of players in



*TIS Head Hockey Coach
Andrew McDonald*

all the teams, this truly reflects the belief that hard work pays off, as long as you have quality attached to the work you do.

Zain has continued his development but narrowly missed selection in the Commonwealth Games team.

Hobart hosted the Junior World Cup in 2001 and the TIS was represented by David Guest and Phil Marshall. The team finished sixth. David Guest has continued his upwards trend by recently being included in the 2002 National Development Squad, which is a group of six players just outside the National Senior Squad.

In May 2002 David was invited to join the Senior Squad Camp held in Adelaide. Certainly the National selectors will continue to cast a close eye over David for the future, with the TIS right behind him.

We have had three athletes on AIS scholarships in Perth – Matthew Wells, Daniel Sproule and Lis Paget as an Associate AIS scholarship holder for a 10-week block.

The TIS hockey unit currently has seven under-18 players in the scholarship intake and underpinning this is the NTC development squad. Accordingly, the future for the hockey program is continually set as a priority to ensure we retain a high national player representation.

Matthew Wells, Zain Wright, David Guest, Jarrod Page and Cam Bennett all played significant roles in the success of the Tassie Tigers NHL team in 2002. The Tigers finished fifth, missing a place in the semi-finals by goal difference alone.

Zain Wright must again be recognised for his outstanding form throughout the event. He was clearly voted as the best and fairest player, an achievement made even more spectacular considering he missed the first four games of the competition due to knee surgery. Zain was also voted the best and fairest Tassie Tigers player for the 2002 season.

Bianca Pritchard and Lis Paget both represented Australia at the May 2002 Six-Nation Japan series, winning silver in that event. Lis made her debut and also scored her first International goal. Bianca was again a solid

player for Australia, demonstrating that she has lost nothing after taking most of 2001 to focus on her work career.

In the women's NHL series, the Van Demons finished seventh overall, with Ilene Carr, Bernadette Colrain, Nicole Geeves, Julia Reid, Emily Pickup and Lottie White all contributing.

The group included many new faces, indicating a strong future for the Van Demons. Of particular note was young under-18 player Nicole Geeves, who won the Rookie of the Year award for 2002. Nicole has competed in the under-18s and was selected in the National under-18 2002 Squad.

In early April 2002 Hockey Tasmania sent both its under-18 boys and girls to the national titles. The under-18 girls competed in Melbourne, finishing in fifth spot overall. The TIS players who competed were Abby Douglas, Nicole Geeves, Sofie McLeod, Jessica Tremayne, Rebekkah Waley and Tim Deavin.

In this reporting period the TIS has seen one player make her debut for Australia, two World Cup silver medals, two silver Champions Trophy medals and the development of new faces worthy of pursuing an international career.

We have made strategic movements to



ensure we deliver a quality program to test our senior athletes while developing the youth identified in our development program.

I would like to take this opportunity to thank all the coaches who have assisted in various State team capacities involving TIS players: coaches like Stewart Pither, Rod Clifford, Ken Read, Ilene Carr and Larry Mills, who underpin much of the TIS Hockey program and I appreciate the work they do with the athletes and with me.

It is with their assistance that we have a productive and successful program. I would also like to acknowledge the support of Hockey

Australia and Hockey Tasmania, namely Gai Cross, Paul Austen, Grant Douglas and Alison Monk. I would also like to thank all of the staff at the TIS, support offered by government and all sponsors for assisting the program to produce results which, hopefully, all Tasmanians can look back on and be proud.

I am confident that Tasmanian hockey will continue to figure prominently in national teams. I look forward to the next year and hope we can continue to develop and build a better TIS program.

Andrew McDonald
Head Hockey Coach



Zain Wright was honoured with the prestigious award as Player of the AHL 2002 series.

rowing

THIS season saw the TIS rowing program move into new waters by having 13 athletes and coaches representing Australian rowing during 2001/02.

This is all the more impressive with our two Olympians, Darren Balmforth and Simon Burgess, taking a year off from international competition.

Dana Faletic, Shane Broad, Andrew Butler, Sam Beltz and Brendan Long made up our Senior 'A' athletes with John Driessen coaching the senior lightweight men's team. We were also represented at the Junior World Championships by Cameron Wurf, Sam Waley, Kasper Hebblewhite and Hugh Edwards in the men's coxless four and Scott Brennan in the men's single scull.

It was pleasing to see Darren Balmforth coaching the four at this level, turning his considerable talents to coaching, and he did a great job.

Dana had success in the Australian women's eight by winning at the Royal Henley Regatta and racing at the World Championships in the women's double.

Brendan also rowed the Quad at the Nations Cup (World Championships for under-23) and was placed third. Shane and Andrew, our



*TIS Rowing Coach
Sam Le Compte*

Lightweights in the four, had a hard ask to race the coxless four, then race the eight. This was the same for Sam Beltz, also racing the pair.

The standard of racing at this level is extremely high and energy-sapping, and it took its toll, with the four placing eighth and a gallant sixth in the eight.

The best result came from Scott Brennan in winning silver in the junior men's single. He raced well, rowing through the field to take the lead at 1500m, only to have it taken from him in the last 250m.



The junior men's four was placed seventh. Their semi-final was the only race of the regatta to be hit by a freak storm. Being a light crew, and with a strong headwind, they did it hard and were just beaten into third place and out of the final by a fast-finishing Italy.

While the TIS Australian reps were in Europe, our target squad and many more were attending monthly, weekend training camps at Lake Barrington. Like last year, this was the catalyst for Tasmanian rowing success at the national championships. With 44 medals at this year's championships, it reinforces the success of our target squad.

It is good to see our youth on the move, with the younger TIS scholarship holders winning all of the under-23 sculling events and our senior lightweights taking out the four and eight, then winning the prestigious lightweight four (Penrith Cup) for the fourth year in a row.

All in all, a fantastic year by all involved. A personal thank you to all of the people who have supported the rowing program. We look forward to another record year next year.

Sam Le Compte
Head Rowing Coach



OUR own Olympic silver medallist Darren Balmforth was put to the 'test' at the official announcement of Echo Tasmania as a new major sponsor of the TIS. He engaged in a 'time trial' with the Executive Director of Echo Tasmania, Chris Hartley, with the stopwatch held by Premier Jim Bacon. Athlete representatives at the launch were mountain bike specialist Simon French, standing, left back, hockey player Zain

Wright and swimmer Kate Young. But the 'row off' was more than just symbolic, because Chris Hartley was a one-time oarsman in the UK. He still has an involvement in the sport in the UK through his club, the University of Bristol Boat Club, where he is chairman of the UBBC Alumni. For the record, Darren was the victor in the row-off, although Chris said the winning margin was remarkably small!

track and field

AFTER an absence of more than three years from the TIS NTC Program, track and field, the banner sport, is back!

Under the guidance and direction of Athletics Australia's Head Coach, Keith Connor, and High Performance Manager, Kathryn Periac, our sport is very much alive and well and now that Tasmania is back in the national loop, we can expect great results from the exciting and talented crop of young athletes who have recently been awarded TIS scholarships.

The support and enthusiasm of TIS Director Elizabeth Jack and the rest of the team at the Tasmanian Institute of Sport have already had a significant impact on the track and field program and I look forward to a productive and bright future for our sport locally, nationally and internationally.

Let me introduce the 2002 track and field scholarship athletes:

Silver (Emerging) Squad - this caters for athletes 20-23 years

Graham Hicks was a TIS individual scholarship holder in 2001 and has been a consistent performer throughout the year and a fine ambassador for the TIS. Graham is currently training in Melbourne under coach Tom Hancock but is registered with Athletics Tasmania. He is ranked third in Australia in the Open Men's discus and also ranked in the top 20 in both the shot put and javelin.

Brian Pook has been one of Tasmania's best-performed javelin throwers for many years, slowly working his way up the ranks. He has consistently medalled at both junior



*TIS Track and Field Coach
Di Barnes*

and senior national championships over the past five years and is making steady progress under the guidance of coach, Tony Zito. Brian is the current Tasmanian State record holder for javelin and is ranked seventh nationally.

2002 World Junior Target Squad - athletes in this group have either qualified for World Juniors or are close to qualifying

Scott Wells was a 2001 TIS individual scholarship holder and has been studying in Canberra for the past 12 months, coached by Esa Peltola (coach of Patrick Johnson) for that period. Scott has greatly benefited from both the coaching expertise and training environment of the AIS and he is now Tasmania's first 2002 World Junior qualifier. Scott has qualified for both the 100m (10.59) and 200m (21.43) and is currently the equal fastest U20 male athlete over 200m. Scott is also a member of AA's National Junior Squad.



At the annual scholarship announcement in Hobart were track and field squad members, from left, Patrick Coleman, Kate Pedley, Di Barnes, Katie Nicholson and Aaron Jones.

Kate Pedley has had a busy and productive past 12 months winning medals in both the 2001 Australian Youth Championships (second U18 100m, third U18 200m) and at the 2001 Australian All Schools Championships (second U18 200m, first U18 400m). She is a strong contender for the 2002 World Junior Championships in 200, 400 and relays. Kate is coached by Fay Denholm who has a strong squad based in Launceston and has produced many of Tasmania's best sprinters and middle distance athletes over a number of years.

Aaron Jones hails from the North-West Coast and is a well-known and much respected competitor at the coastal carnivals. Under the guidance of coach John McGuire, he has gone from strength to strength over recent years. He is the current U20 2001 800m Australian champion and also won the U18 2000 Australian All Schools 800m title and was second in the 400m at the same championships. Aaron is currently nationally ranked first in U20 800m and third in U20 400m.

2003 World Youth/2004 World Junior Target Squad

Katie Nicholson was a 2001 TIS individual scholarship holder and has been a regular national medallist over the past few years. Her talent and potential have also been recognised at the national level by her inclusion in AA's National Squad and she is being targeted and groomed for both the 2002 and 2004 World Junior Championships.

Patrick Coleman was a 2001 TIS individual scholarship holder and has been a regular medallist in triple jump at the National Junior Championships over the past few years. At the most recent 2001 Australian All Schools Championships he finished fourth in a competitive field in the U18 triple jump, setting a personal best performance in what was his first competition since January 2001 due to injury and illness.

Di Barnes Head Track and Field Coach

elite development squads

BASKETBALL

THE changes made to Basketball Tasmania's Intensive Training Centre (ITC) model have streamlined the athlete pathway from regional competition to national squads and teams.

Elite Development Squad coordinator and State ITC Head Coach David Munns has implemented regional networks to assist with individual skill development. Patrick Hunt, National Head ITC Coach regularly conducts statewide coaching weekends to assist with and monitor individual progression.

Elite Development Squad and 2001 AIS full-time scholarship holders Hollie Grima, Nic Campbell and Sam Harris all received invitations to extend their scholarships for 2002. Hollie and Nic created a unique double as recipients of the prestigious 2002 Bob Stanton Scholarships.

These annual scholarships are presented to AIS basketball program athletes who display outstanding leadership qualities, basketball potential and sportsmanship.

Hollie has been rewarded with selection in the Australian Senior Team to tour China, following her successful overseas tour with the Sapphires and her subsequent elevation into the Opals squad.

Matthew Knight and Adam Gibson impressed in the under-18 National Championships. Seventeen-year-old Matthew, who stands 201cm, has joined Sam Harris in the Australian U20 Men's Basketball Squad.

CRICKET

The cornerstone activity for the Cricket EDS remains the off-season Institute Challenge One-Day Series. This competition, in only its fourth year, has been firmly embraced by the Australian Cricket Board as a valuable vehicle to assist with the development of athletes who have the potential to play one-day cricket for their home states.

The competition has the flexibility to allow the trialling of innovations in technology and sports science research.



Xavier Doherty's left arm spin bowling earned him the best bowling average in the ICC U19 Cricket World Cup in New Zealand.

Xavier Doherty and George Bailey played key roles in Australia's victory in the ICC U19 Cricket World Cup in New Zealand. Xavier's left arm spin bowling kept the opposition guessing – earning him the tournament's best bowling average. George was a consistent scorer with the bat, including a half-century from 21 balls.

2002 Commonwealth Bank Cricket scholarships have been made available to Xavier, George, Brett Geeves and Ben Hilfenhaus.

FOOTBALL

2001 squad members participated in a two-day draft preparation camp at the TIS in early September. The focus of the camp was the transition from TAC Cup to the next level.

Coach Martin King, TIS staff and external consultants provided the athletes with information on physiology testing, media training, player managers and maximising opportunities. Following this preparation, Port Adelaide drafted Barry Brooks and we wish him every success.

Hamish Ogilvie took over the reins as squad coordinator in 2002. Athletes undertook

musculoskeletal, medical and vision screening as well as completing the testing protocols used at the draft camps. The players experienced a week in the life of an AFL player when they were fostered for a week by two AFL clubs. Western Bulldogs hosted Taylor Hayley and Jason Laycock, with Richmond looking after Luke Shackleton and Michael Thompson.

Congratulations to Luke Shackleton on being selected in the 2002 All Australian U18 team.

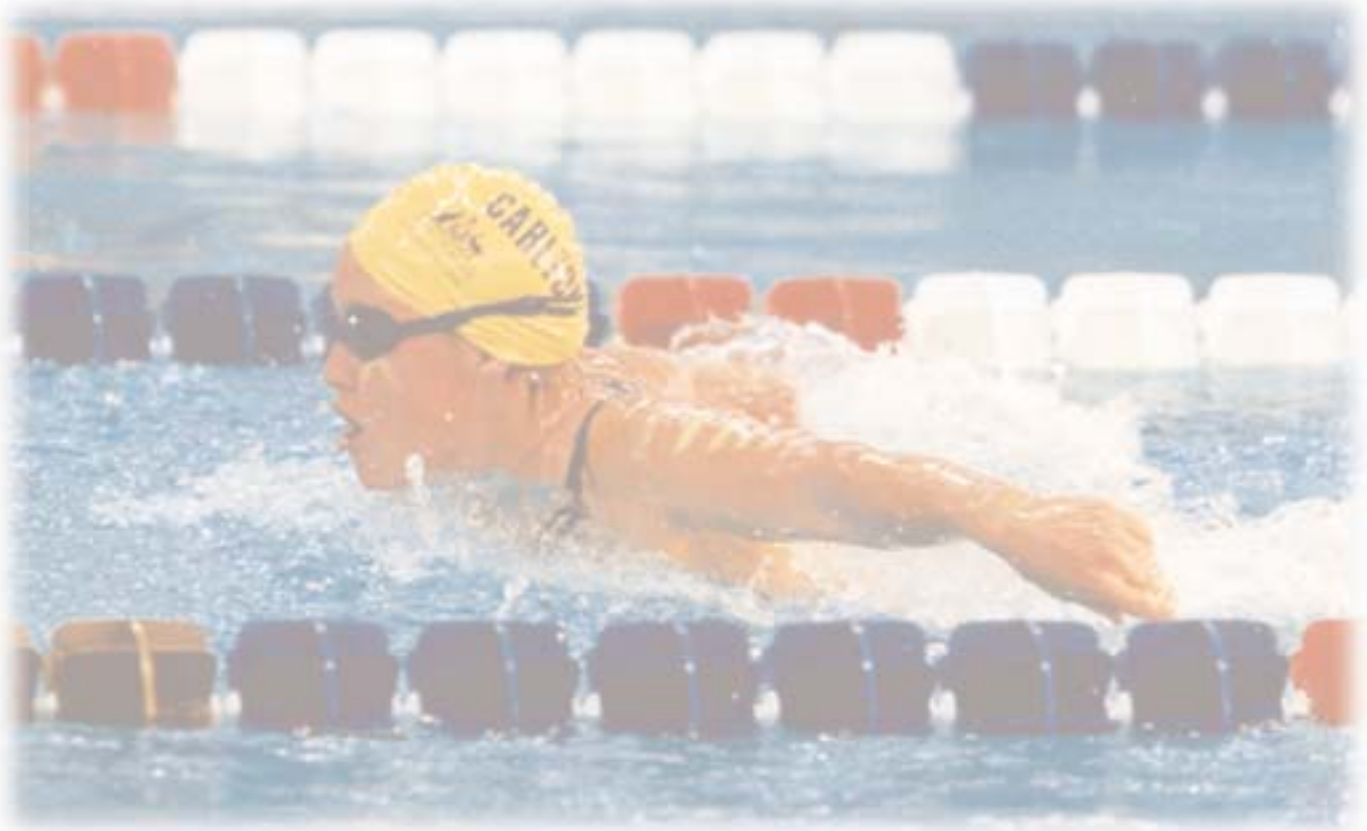
TENNIS

FOLLOWING a review of the first year of operation of the Tennis EDS, Tennis Tasmania requested that the major focus areas for the program be physical and mental preparation. Tennis Tasmania also refined its process for athlete nomination.

The following five athletes from the sport's Junior Development Program were awarded TIS EDS scholarships: Gillie Bailey, Jack Lynch, Andrew Roberts, Edward Bouchier and Lauren Hepburn.

Under the direction of coordinator Brian Marshall and state coaches Simon Youl and





Ken Hiskins, regional workshops were implemented to address the issues on a group or individual basis. Workshop activities were expanded to include sessions on nutrition/cooking, recovery techniques and tennis-specific agility drills.

TIS Physical Preparation Officer Peter Culhane has also worked with the athletes to develop personalised off-court programs.

**Geoff Masters,
Manager, Athlete Services**

SWIMMING

January 2002 saw the inauguration of the first Tasmanian swimming Elite Development Squad, consisting of six selected athletes whose ability ranged from being at a high national standard through to international level.

These athletes have started on their journey towards the 2004 Olympic Games where it is the aim of the program to place at least one swimmer on the national team for Athens. The squad is made up of the following swimmers:

Nicole Hunter – Tattersall's Hobart Aquatic Club.

Kate Young – Tattersall's Hobart Aquatic Club.

Ryan Minty – Tattersall's Hobart Aquatic Club.

Natasha Waitzer – Tattersall's Hobart Aquatic Club.

Penny Sproal – South Esk Swimming Club, Launceston.

Joe Pemberton – Tattersall's Hobart Aquatic Club.

The main focus at the squad's training sessions has been on skill development and improvement in race skills, with the swimmers' home program fully catering for conditioning work. With the aid of testing from the TIS sports science staff, results and feedback have been provided to the swimmers and their coach on their conditioning work at their home program.

The first six months of the program have

been a steep learning curve for all involved in the program. With the majority of the squad new to the TIS, they all undertook the screening process required by the TIS, which identified the areas needed for each athlete to improve.

The swimming program is using former national level swimmer Kellie Wilkie, now a fully qualified physiotherapist, in its injury prevention program, screening each athlete for weaknesses and areas of improvement. This is essential for the level of condition that must be maintained for elite level swimmers.

In addition to meeting training and event commitments, the athletes also attended sessions conducted by TIS elite development coaches at least once a fortnight. These sessions covered such areas as underwater filming, race skills, lectures on self-massage, recovery methods, nutrition, psychology, and sport science testing and analysis.

Nicole Hunter suffered an initial setback to her training when she contracted glandular fever and missed the Australian Championships and Commonwealth Games trials in Brisbane in March. The absence of the State's number one swimmer meant that only three of the TIS athletes travelled to these Championships.

The shining light for Tasmania was breaststroker Kate Young, who narrowly missed out on selection for the Games team with a fourth in her main event, the 200m breaststroke.

However, Kate's performance was good enough for selection on the Oceania Games

team, where she won four gold medals in the 50m, 100m, 200m breaststroke and as a member of the 4x100m medley relay, swimming the breaststroke leg.

The other two swimmers to attend the Championships were Natasha Waitzer and Ryan Minty, who both gained valuable experience competing at such a high-level swim meet.

All six members of the squad swam at the 2002 Australian Age Championships in Sydney, with all swimming well.

Kate Young led the way, winning two bronze medals in the 100m and 200m breaststroke. Natasha Waitzer swam well in the 100m breaststroke, defending her bronze medal from the year before.

Joe Pemberton swam in two finals, winning a bronze medal in the 100m freestyle, while Penny Sproal competed in two finals at the meet and also finished fifth in the Open Water swimming event.

The squad has now completed the first six months of the program, with all the athletes involved having made improvements in their performances. The lesser-experienced swimmers also greatly benefited from working alongside the experienced squad members.

To date the athletes in the program have swum more than 600 races, setting 190 Tasmanian records in the process. In addition, 84 per cent of their swims have been under the national qualifying standard.

Peter Churchill
EDS Swimming Coach

individual scholarships

OVER the past 12 months the TIS has supported individual scholarship holders in the sports of archery, badminton, boxing, canoeing, diving, equestrian, judo, lawn bowls, orienteering, sailing, taekwondo, triathlon water skiing and weightlifting.

For the majority of these sports, 2001/2002 national competition calendars returned to their traditional periods, following event rescheduling due to the 2000 Sydney Olympics. Athletes from Commonwealth Games sports set their competition goals around selection events for the July 2002 Games in Manchester.

Boxer Daniel Geale and judo player Chantal Castledine both gained selection for the Commonwealth Games. Daniel was selected to compete in the 67kg welterweight division after benefiting from many international tournaments since Sydney. Chantal secured the 78kg spot and at the time of writing was looking forward to representing Australia at this level.

Mark Padgett has taken another step in his sailing pathway. Under the tutelage of Victor Kovolenko, Mark has jumped out of his 420 class yacht into the National Olympic 470 squad. Mark has embarked on three months of sailing in Europe that will culminate with the 2002 470 World Championships.

Slalom paddler Justin Boocock was pleased



*Geoff Masters
Manager, Athlete Services*

with his form in World Cup competition leading into the 2002 World Slalom Championships. He was also keen to make an impact at these championships, following the disappointment of the abandonment of the 2001 Worlds in September 2001.

Lawn bowler Mark Strochnetter recorded his first national open singles title in the Australian Super Singles. Mark has once again gained selection in the Australian U25 team to tour England.

Several junior athletes recorded pleasing progress at national and international level during the year. The following individual scholarship holders were rewarded with

World Junior Championship selection during the last year: John Cowley (archery), Stewart Bennett (wild-water kayaking), Priscus Fogagnola (judo) and Georgina Statham (orienteering).

Athletes who have made a successful transition into senior ranks include: Mark Strochnetter (lawn bowls), Marcus Stephens (Archery), Andrew Maynard (wild-water kayaking) and Danielle Winslow (orienteering).

**Geoff Masters,
Manager, Athlete Services**



Slalom paddler Justin Boocock is pleased with his form in World Cup competition leading into the 2002 World Slalom Championships.



an Olympic Training Centre

Endorsed by the
Australian Olympic
Committee

coaching scholarships

A NEW scholarship program designed to encourage the development of elite Tasmanian coaches achieved significant results in 2001/2002.

Two of the six coaches awarded scholarships by the Tasmanian Institute of Sport last year were also awarded national coaching positions.

This came just nine months after being presented with their scholarships by the Premier and Minister for Sport, Jim Bacon, MHA. The State Government provided special additional funding for the program.

David Ellis (sailing) and Ilene Carr (hockey) were both appointed to national positions. David was appointed by the Australian Yachting Federation as one of the coaches to attend the Youth World Sailing Championships in Lunenburg, Canada, during July, while Ilene was named Assistant Coach to the under-18 Australian women's team to compete against New Zealand in the Rose Quaid Series in New South Wales in August.

David was one of four coaches responsible

for the Australian team competing in six boat classes against 28 other countries.

"This was a great achievement for these two coaches and it is evidence that the program is providing the support necessary to give our coaches the opportunities to achieve," TIS Director Elizabeth Jack said.

The first intake, announced on 31 July 2001, was: Sonia Laduzko (athletics) from Lauderdale; Andrea McQuitty (canoeing) from Kindred; Ilene Carr (hockey) from West Hobart; Paul Manion (cycling) from Loira; Peter Churchill (swimming) from New Town; and David Ellis (sailing) from Mt Stuart.

The scholarships provide financial and mentoring support to the coaches, allowing them to gain valuable national and international experience while at the same time adding to their knowledge and skills through hands-on coaching and educational opportunities.

The scholarships will be an ongoing feature of the TIS program and will allow these and other aspiring high-performance coaches to spend up to two years gaining additional coaching knowledge and experience.



scholarship holders

Archery

John Cowley
Clint Freeman
Marcus Stephens

Athletics

Patrick Coleman
Graham Hicks
Aaron Jones
Katie Nicholson
Kate Pedley
Brian Pook
Scott Wells
Morgan Whiley

Badminton

Rowan Henderson

Basketball

Kara Berry
Nic Campbell (TIS/AIS)
Jo Edmunds
Adam Gibson
Hollie Grima (TIS/AIS)
Sam Harris (TIS/AIS)
Matthew Knight
Malinda Masters

Boxing

Daniel Geale

Canoeing

Stewart Bennett
Damon Bonney
Justin Boocock (TIS/AIS)
Adam Marmion (TIS/AIS)
Andrew Maynard
Ben Maynard

Cricket

Dane Anderson
George Bailey (TIS/AIS)
Luke Butterworth
Xavier Doherty (TIS/AIS)
Brett Geeves (TIS/AIS)
Ben Hilfenhaus (TIS/AIS)
Tim Paine
Clinton Viney

Cycling

Nathan Clarke
Belinda Goss
Mark Jamieson
Caleb Manion
Kirby Pisconeri
Stephen Rossendell
Sean Sullivan
Bernard Sulzberger
Emily Williams
Naomi Williams (TIS/AIS)
Darren Young

Cycling MTB

Jai Crawford
Simon French
Sid Taberlay

Diving

Heath Hughes

Equestrian

Catherine Davies

Football

Taylor Haley
Jason Laycock
Luke Shackleton
Michael Thompson

Hockey

Cameron Bennett
Ilene Carr
Bernadette Colrain
Tim Deavin
Abby Douglas
Nicole Geeves
Tim Gillon
David Guest
Richard Headlam
Jackie Jones
Bianca Langham-Pritchard
Warren Lucas
Phil Marshall
Sophie McLeod
Jarrod Page
Elisabeth Paget (TIS/AIS)
Emily Pickup
Julia Reid
Marcus Richardson
Daniel Sproule (TIS/AIS)
Jess Tremayne
Nick Tremayne
Rebecca Waley
Matthew Wells (TIS/AIS)
Charlotte White
David Woolford
Zain Wright

Judo

Chantal Castledine
Priscus Fogagnola

Lawn Bowls

Mark Strochnetter

Orienteering

Georgina Statham
Danielle Winslow

Rowing

Randall Baker
Darren Balmforth
Sam Beltz
Sarah Bird
Deon Birtwistle
Scott Brennan
Shane Broad
Simon Burgess
Andrew Butler (TIS/AIS)
Hugh Edwards
Tom Edwards
Dana Faletic (TIS/AIS)
Tom Gibson
Kasper Hebblewhite
Kerry Hore (TIS/AIS)
Brendan Long
George Roberts
Matthew Russell
Sam Waley
Cameron Wurf

Sailing

Tim Cubit
Mark Padgett

Swimming

Nicole Hunter
Ryan Minty
Joe Pemberton
Penelope Sproal
Natasha Waitzer
Kate Young

Taekwondo

Krystal Chugg

Tennis

Gillie Bailey
Edward Bouchier
Lauren Hepburn
Jack Lynch
Andrew Roberts

Triathlon

Joe Gambles

Water Skiing

Clare Angilley

Weightlifting

Rebecca Rush
Matthew Williams



corporate plan



VISION

To provide quality athlete and coaching services which place Tasmania at the forefront of elite sport

MISSION

To provide leadership to Tasmania's talented athletes as they strive for excellence in sport

VALUES (organisational)

Professionalism
Innovation and excellence
Quality services
Leadership

STRATEGY

To develop Tasmania's talented athletes

OUTPUT

Percentage change in Tasmanians representing Australia in sport

TIS SUB-PROJECTS

1. Scholarship Program:
Individual Scholarships
National Training Centre Programs
Elite Development Squads
2. Sports Science and Medicine
3. Athlete Career and Education
4. Administration
5. Corporate Partnerships

board of management



*Mr Denis Rogers, AO
Chairman*



*Mr Ken Read
Deputy Chairman*



*Mr Paul Sproule
(Government representative
on Board, July, 2001-March,
31, 2002)*



Mrs Anne Shield



Mr Bill Woolcock



*Mr Greg Kay
(Government representative on
Board, April 1, 2002-present)*



Mrs Julie Smith



Mrs Pip Leedham



*Mr David Williams
(resigned March 2002)*

staff

DIRECTOR

Elizabeth Jack

EXECUTIVE OFFICER

Paul Austen

PROJECT SUPPORT OFFICER

Denise Hansson

ACE COORDINATOR

Maree Fish

MANAGER, SPORTS PERFORMANCE UNIT

Tim Gabbett

MANAGER, ATHLETE SERVICES

Geoff Masters

PHYSICAL PREPARATION OFFICER

Peter Culhane

HEAD CYCLING COACH

Kevin Tabotta

HEAD HOCKEY COACH

Andrew McDonald

HEAD ROWING COACH

Sam Le Compte

HEAD TRACK AND FIELD COACH

Di Barnes

TALENT SEARCH COORDINATOR

Elissa Morley

SPORTS PERFORMANCE OFFICER

Christine Hamlyn

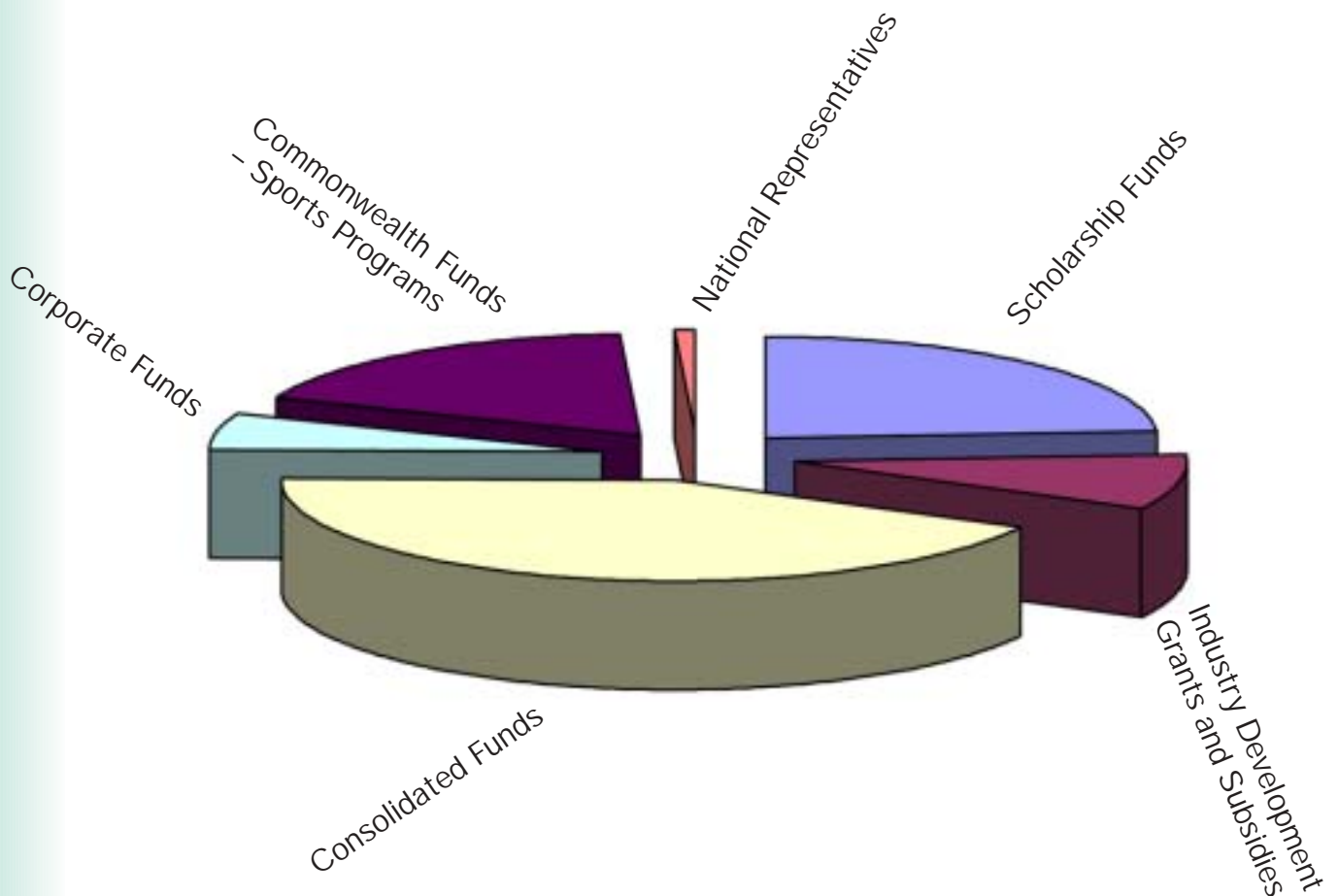
financial

report

2001-2002

income

Consolidated Funds	\$523,118
Scholarship Funds	\$292,000
Commonwealth Funds – Sport Programs	\$223,000
Industry Development Grants and Subsidies	\$110,000
Corporate Funds	\$71,000
National Representatives	\$10,000
Total Income	\$1,229,118



allocations

Sport Programs & Scholarships	\$485,500
Operations	\$294,600
Sports Performance Unit	\$178,400
Athlete Services	\$150,000
Athlete Career & Education	\$60,500
Special Projects	\$24,000
Talent Search	\$23,000
National Representatives Fund	\$9,500
Total Allocations	\$1,225,500

