



Tasmanian Institute of Sport

ANNUAL REPORT / YEARBOOK
2007-08

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 <p>ISSUE 67 - JUNE 2008</p> <p>TASMANIAN INSTITUTE OF SPORT</p> <p>TIS BULLETIN</p> <p>Exciting Olympic year for our rowers</p>		

Front cover: Carly Cottam training on Tasmania's Tamar River in the early morning

minister's *foreword*

I congratulate the Tasmanian Institute of Sport (TIS) on a wonderful year that has seen Tasmanian athletes further establish their credentials on the world sporting stage.

The record number of TIS athletes in contention for 2008 Olympic Games selection is a direct reflection of the high-level services and support provided by the Institute.

In its commitment to the development of Tasmania's elite athletes and coaches through the Tasmanian Institute of Sport, the State Government has continued to provide its support and this has allowed the Institute to maintain its place as a quality contributor to elite athlete development within the national elite sport network.

On behalf of the people of Tasmania, I acknowledge and thank the Tasmanian Institute of Sport Board of Management, under the chairmanship of Mr Denis W. Rogers AO, for the strategic direction and guidance it has provided to the organisation.

I also recognise the passion, commitment and professionalism of all Institute staff in their provision of high-quality services to Tasmanian elite athletes and coaches.



Finally, I congratulate the TIS athletes and coaches on their wonderful accomplishments during the year. I look forward to witnessing the achievements of Tasmanian athletes in the coming year and wish every success to all athletes, particularly those competing at the 2008 Olympic Games in Beijing.

A handwritten signature in blue ink, reading "Michelle O'Byrne".

Michelle O'Byrne, MP
Minister for Sport and Recreation

chairman's *report*

I am pleased to report that this year has seen the Tasmanian Institute of Sport (TIS) further establish its reputation as a strong contributor to Australia's elite sports system.

This has been an important focus of the Board over the past four years and is now reflected in the quality and range of services provided by the TIS.

I would like to congratulate and pay tribute to all TIS athletes and coaches. The high standard of your performances consistently produced on the world sporting stage is the result of hard work and dedication to being the best that you can be.

A number of organisations contribute significantly to the TIS. The TIS Board and staff greatly appreciate the positive association enjoyed with all our partners.

The State Government, through the Department of Economic Development and Tourism, continues to provide excellent support to the TIS.

I would also like to acknowledge the support provided by the Federal Government through the Australian Sports Commission. This partnership is an important aspect of the TIS in operating national programs within the state.

I sincerely thank all the corporate partners who also provided valuable assistance through the year.

To my fellow directors and TIS staff, I extend my personal thanks for your ongoing support and commitment.

The TIS has a record number of athletes competing at 2008 Olympic Games in Beijing and I would like to congratulate each one on their selection which is the result of their hard work and dedication over the past four or more years.



I would especially like to wish those athletes good luck for the Commonwealth and Olympic games in the future as well as wishing all TIS athletes the very best of success for the coming year.

I am particularly grateful for the untiring support provided by our Minister, Michelle O'Byrne.

I am retiring from the TIS Board and express my gratitude for the honour of being able to serve this wonderful organisation.

Thank you.

A handwritten signature in black ink, appearing to read 'D. Rogers', written over a horizontal line.

Denis W Rogers AO
Chairman
Board of Management

director's *report*

The major focus of the Tasmanian Institute of Sport (TIS) is to support Tasmanian athletes assisting them to compete successfully at the international level and it is very pleasing to report that a record number of our athletes are in contention for selection in the Australian 2008 Olympic Games team to compete in Beijing.

Apart from the hard work, sacrifice and persistence of the athletes, this is also a direct reflection of the quality of services and commitment provided by the Institute. The TIS' approach of developing a personal and supportive relationship with each athlete, coupled with the provision of an elite-level training environment, form the cornerstone of activities that have been integral to athletes achieving consistent performance standards.

The TIS receives significant support from the Tasmanian Government as well as support from the Australian Sports Commission, national and state sporting organisations and our valuable corporate partners.

This support enables the TIS to establish and develop programs and services to progress athletes to the level that we are now witnessing.

The Sports Performance Unit, managed by John Gregory, has continued to make a significant contribution to TIS athletes across the spectrum of sports science and sports medicine services, as well as providing support to visiting national teams and squads during the year. The ongoing development of strength and conditioning services has continued to become increasingly important in providing the necessary level of physical preparation for each athlete.

Operating our own strength and conditioning facility has further strengthened the ability of the TIS to assist each athlete to be better prepared to handle the training and competition demands of their respective sports.

The Program Management staff, led by Geoff Masters, has placed a high level of importance on making sure each athlete and coach has access to the necessary support.



The scholarship program has provided quality services through the various programs to 133 athletes during the year. All athletes have enjoyed access to a standard of support that has given them the best possible home-based training environment.

As part of the national elite sports network, the TIS has maintained strong partnerships with all members of the National Elite Sports Council, the Australian Sports Commission, the Australian Olympic Committee and the Australian Commonwealth Games Association.

The Board of Management, under the chairmanship of Denis W. Rogers AO, continues to provide strong strategic leadership and guidance in assisting the TIS to achieve its goals. After nine years of service to the Board, our Chairman Denis Rogers will cease his involvement shortly and I wish to acknowledge the significant contribution he has made in developing the TIS into the organisation that it is today.

Finally, I congratulate the athletes and coaches for the results achieved this year which so aptly demonstrate their dedication and commitment to achievement of the highest level of sporting excellence.

A handwritten signature in black ink, which appears to read 'Paul Austen'.

Paul Austen
Director

Key Performance Indicators

The Tasmanian Institute of Sport's objective is to assist athletes to achieve national success and ultimately succeed on the international stage. This is monitored by calculating the number of TIS athletes achieving selection in national teams each year. In total during the 2007-08 period, 86 athletes achieved national selection in the following sports:

Archery	1	Lawn Bowls	1
Athletics	3	Netball	1
Basketball	6	Orienteering	3
Boxing	2	Rowing	16
Canoe	2	Sailing	4
Cricket	3	Squash	1
Cycling	15	Tennis	1
Hockey	18	Trampoline	1
Judo	4	Wildwater Canoe	4



David Guest, Eddie Ockenden and Matthew Wells, selected into the Australian men's hockey team, the Kookaburras.

administration

Tasmanian Sports Awards Dinner

Steeplechaser Donna MacFarlane and twice world champion adaptive rower Dominic Monypenny were named TIS Female and Male Athlete of the Year at the 2007 Tasmanian Sports Awards Dinner. Cyclist Wesley Sulzberger was named the TIS Junior Athlete of the Year.

Donna's award capped off a year which saw her win the 3000m steeplechase at Grand Prix meets in Sweden and Qatar. Donna also won a 1500m race in Switzerland and the 3000m steeplechase at the Australian championships.

Dominic took home his award based on his second place finish in the world championship in Germany and also winning his second Australian championship in the adaptive men's single scull.

Wesley's highlights for the year included finishing second in the under 23 road race at the Road World Championships in Germany and winning the under 23 road race at the Australian National Championships.



Jeanne Pennington
Executive Assistant

Jo Palmer was our compere for the evening with Tim Lane conducting interviews with the winning athletes. Television and radio personality Adam Spencer provided the entertainment, proving that sport, mathematics and humour can all exist in harmony.

The awards were conducted at Wrest Point on



Friday 14 March, and for the first time combined Sport and Recreation Tasmania's Sports Star Awards and the TIS Athlete Awards in the one event attracting more than 500 guests. Tasmania's Australian Cricket Captain, Ricky Ponting, was named Athlete of the Year.

While there were no new inductees to the TIS Champions Club, the opportunity was taken to acknowledge inductees who were not present at the previous year's event. Champions Club members Bianca Langham Pritchard, Daniel Sproule, Melissa Carlton and Justin Boocock were presented with their framed certificates and medals.

Mini-Olympics

In April, BHP Billiton's Temco site at George Town hosted a week-long Olympic-style event for local school children. The TIS assisted in the delivery of the activities, which provided more than 1000 school students from kindergarten to



Emily Parker assists a student on the rowing ergometer.



International student Rachel Sheldrick prepares students for a ladder relay.



One of the Olympic Mascots providing entertainment.

grade 10 the opportunity to get involved in a variety of physical activities.

TIS staff and athletes put students through a variety of skill tests normally only available to elite athletes. Students gained an insight into Olympic Games' sports such as rowing, hockey, cycling and athletics.

Students from George Town South Primary School, Star of the Sea and Port Dalrymple attended the event staged at George Town's new Memorial Hall.

The event culminated in an Olympic celebration day on Friday 11 April, when students marched in an opening ceremony and Tasmanian Olympic athletes Scott Brennan and Stephanie Grant took part in an Olympic torch relay. The activity not only provided great promotion for the upcoming Olympic Games but also promoted physical activity and healthy living.

A huge thank you to those athletes who gave their time and in some cases their training commitments to attend and assist.

Staff

In staffing movements during the year, Rebecca Hardman joined the TIS as Executive Officer (Silverdome) and Greg Banks was appointed Facility Operations Manager (Silverdome).

Following the resignation of Denise Hansson from the Project Support Officer role, Claire Deavin was permanently appointed to the position in May 2008. Claire acted in the role while Denise was on leave without pay.

Tania Paterson was appointed in the role of Sport Program Coordinator in November 2007. Tania, a former New Zealand diver, competed at the 1992 Olympics and was a member of the New Zealand national team for 12 years. Tania has also coached elite divers and has previously worked in an administration/finance support role with Hockey Australia and the Australian Professional Footballers' Association.

Mark Dixon joined the TIS as Senior Support Officer (IT) in late 2007, providing IT support to the Institute, Sport and Recreation Tasmania and the regional offices of the Department of Economic Development and Tourism. Mark was formerly based in the IT section of the Department of Economic Development and Tourism in Hobart.

Strategic Plan

In May 2008 all TIS staff participated in a two-day strategic planning session at Tarraleah. Assisted by Craig Watson, Executive Director, Corporate Support and Elizabeth Jack, Deputy Secretary, Enterprise Development Division – Department of Economic Development and Tourism, the primary focus was to develop a first draft for a TIS Strategic Plan covering the years 2009-13. Staff also undertook a review of the 2005-09 Strategic Plan, conducted individual planning sessions in their respective units and developed the TIS Business Plan for 2008-09.

Athlete in Schools Program

This program provides a personal development opportunity for TIS athletes as they promote the



Rebecca Quail showing students a televised match.



Jessie Humphries showing her medals to students.

value of an active and healthy lifestyle to grade 3/4-5/6 primary students.

Athletes have responded extremely well to this program that provides the opportunity to discuss their involvement with the TIS and their achievements. The athletes gain experience in public speaking, keeping the audience interested, and undertaking practical coaching sessions.

This year the TIS received more than 75 requests from primary schools statewide for athlete visits. So far we have serviced more than 30 of these requests and continue to work hard to service as many schools as possible.

Thank you to all the athletes and schools who have participated in the program.

Publications & website

The TIS website continued to be managed by TIS Project Support Officer Claire Deavin. This year a new page was added to the website to reflect TIS athletes' involvement in each Olympic Games. We thank our website specialist, Fflur Higgs, for her assistance in getting this up and running.

The *TIS Bulletin* was published regularly as part of the Institute's ongoing promotional activities, acknowledging corporate sector support and providing information to the community on Institute activities and the achievements of its athletes. Jeanne Pennington was again the driving force behind this year's publications.

TIS Olympic athlete honour roll

The Tasmanian Institute of Sport is proud to have supported many athletes in pursuing their Olympic dreams. In total, the TIS has assisted these 32 athletes on their journey to the Olympic Games.

1988 Olympic Games – Seoul

David Connor	Sailing
Ron Laycock	Weightlifting
Gary Smith	Sailing

1992 Olympic Games – Barcelona

Stephen Hawkins	Rowing (gold)
Susan Andrews	Athletics
Chris Bacon	Judo
Justann Crawford	Boxing
Daniel Collins	Canoe Sprint
Peter Eckhardt	Canoe Slalom
Simon Hollingsworth	Athletics
Gail Luke (Millar)	Athletics

1996 Olympic Games – Atlanta

Daniel Collins	Canoe (bronze)
Scott Goodman	Swimming (bronze)
Tim O'Shannasse	Cycling (bronze)
Daniel Sproule	Hockey (bronze)
Justin Boock	Canoe Slalom
Simon Burgess	Rowing
Simon Hollingsworth	Athletics
Kylie Risk	Athletics

1996 Paralympic Games – Atlanta

Melissa Carlton	Swimming (gold, silver, bronze)
Leroi Court	Athletics (bronze)
Paul Wiggins	Athletics



Stephen Hawkins with his gold medal from the 1992 Olympic Games.

2000 Olympic Games – Sydney

Simon Burgess	Rowing (silver)
Darren Balmforth	Rowing (silver)
Daniel Sproule	Hockey (bronze)
Matthew Wells	Hockey (bronze)
Daniel Geale	Boxing
Craig Walton	Triathlon

2000 Paralympic Games – Sydney

Melissa Carlton	Swimming (silver, bronze)
Clayton Johnson	Athletics

2004 Olympic Games – Athens

Matthew Wells	Hockey (gold)
Simon Burgess	Rowing (silver)
Simmone Morrow	Softball (silver)
Dana Faletic	Rowing (bronze)
Kerry Hore	Rowing (bronze)
Scott Brennan	Rowing
Brendan Long	Rowing
Cameron Wurf	Rowing
Sid Taberlay	Mountain Bike

corporate partnerships

The TIS receives valuable support from partnerships with leading corporations. These partnerships provide important benefits for TIS athletes and coach development activities.

Coca-Cola Amatil (CCA) has continued as one of the TIS' major partners. CCA has supported the TIS for 11 years. In particular we would like to thank CCA State Manager Emilio Amanatidis for his support in continuing this valuable partnership.

The great support provided by long-term TIS partner Motors Pty Ltd, through the provision of two motor vehicles, assists TIS activities and enables coaches and staff to meet the needs of athletes throughout the state. One of these vehicles is specifically dedicated to the TIS rowing program. We thank Motors Pty Ltd for 13 years of assistance provided to the TIS.

Other companies providing assistance to the TIS this year were Southern Cross Television, Wrest Point, Regional Imaging Tasmania, Index Mineral Processors and the Denture Centre.

Country Club Tasmania joined us during the year, providing assistance to the NTC Cycling Program, joining other supporters of the program in Avanti, cyclingnews.com, Santini Cycling Clothing and Specialized Helmets and Shoes.

The importance of the benefits that these organisations provide our athletes cannot be overstated. Receiving assistance such as that provided by our corporate partners can and does make a huge difference to the day-to-day activities of an athlete.

We would like to take this opportunity to thank all these companies for continuing to make an investment in Tasmania's athletes and their futures.



Tasmania
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I-MED

REGIONAL IMAGING TASMANIA

We also acknowledge the support of our public relations consultants, Corporate Communications – in particular Nick Turner – for assistance with the Institute's media and corporate relations activities throughout the year.

We extend our sincere thanks to the fitness centres around the state that have, over many years, continued to provide access for our athletes to assist their preparation for national and international competition.

These include the Hobart Aquatic Centre and Oceana Health and Fitness in Hobart, Healthglo Fitness and Leisure in Burnie, Health and Fitness World in Launceston and Glenorchy and Theogenes Health and Squash Centre in Launceston.



Cycling Program Sponsors

cyclingnews.com



sports performance

The Sports Performance Unit (SPU) has effectively delivered wide-ranging services to Tasmanian Institute of Sport athletes and coaches over the past 12 months. Services have included physical preparation, sports science testing, performance analysis, sports medicine, sports psychology, nutrition and talent identification.

The SPU focused great effort on preparing athletes selected for the Olympic Games and working hard with Tasmanian-based competitors. The SPU's key support activities have included:

- Extensive support to Tasmanian-based Olympic and World Championship rowing crews.
- Opening and patronage of the Launceston-based strength and conditioning facility.
- Ongoing strength and conditioning facility in Hobart sharing with the Tasmanian Cricket Association and the University of Tasmania.
- Continued testing and support to Elite Development Squads (EDS) and National Training Centre (NTC) programs.
- Continued applied research in partnership with the University of Tasmania.
- Screening of 8000 students by talent identification personnel.

The SPU provided significant support to the heavyweight double and quad rowing crews in the lead-up to the 2008 Olympic Games. In addition, the SPU provided services to the men's lightweight eight, based in Launceston over winter, in their preparation for the World Championships. Crews were provided with comprehensive lab testing, individualised strength programs and on-water biomechanical assessments.

There has been ongoing work with our National



*John Gregory
Manager, Sports
Performance Unit*



*Peter Culhane
Physical Preparation
Officer*



*Diana Dickenson
Sports Performance
Officer*



*Sean Murphy
Sports Performance
Officer*

Training Centre programs of cycling, hockey and athletics and the TIS National Intensive Training Centre (NITC) basketball program. As well, EDS sports including AFL football, canoe wildwater, netball and tennis have benefited from regular sports science and physical preparation services.

The SPU has hosted two national mountain bike cross-country (MTB XC) camps this year and has also assisted individual MTB XC athletes. National coach Neil Ross is based at the TIS and directed camps and also assisted rider Dan McConnell prepare in Launceston in the lead-up to the 2008 Olympic Games.

Physical Preparation

The past 12 months saw some exciting activities in the TIS Sports Performance Unit's physical preparation section. The new strength and conditioning facility in Launceston has proved a huge benefit to athletes enabling the TIS Physical Preparation Officer, Peter Culhane, to service a wider range of athletes. As well as athletes in the north of the state, travelling athletes from interstate also take advantage of the facility. The well-designed, open floor space and specific equipment are of great benefit to athletes. This facility provides a much more professional training environment and also allows developmental athletes the opportunity to train alongside elite athletes. Athletes, coaches and staff have wholeheartedly welcomed the development.

With his work with TIS and visiting athletes and developing the Launceston facility to national accreditation standards, Peter Culhane has also provided support to southern-based athletes one day each week.

Sean Murphy, Sports Performance Officer, has significantly contributed to the physical preparation services in Hobart. Sean was able to extend physical preparation services to TIS athletes using the Tasmanian Cricket Association's Bellerive facility.

This year, the Olympic men's rowing heavyweight quad, heavyweight double and World Championship men's lightweight eight and women's under 23 single athletes trained out of Tasmania in the lead-up to their international



The official opening of the TIS Strength and Conditioning facility.

competitions, using the new facility and assistance from TIS Sports Performance Unit staff. These athletes have had a successful campaign so far and their progress will be followed closely in the coming months. The athletes and coaches of these world-class rowing squads gained significantly from the TIS services.

The TIS Sports Performance Unit thanks the personnel at the Bellerive gymnasium (Tasmanian Cricket Association) in Hobart for providing the TIS with a southern base for physical preparation. Also, thank you to our other gymnasium and aquatic centre partners for providing access for our athletes to train and prepare for their national and international competitions.



Cameron Wurf testing in the laboratory.

Research

Sports Performance Officer Diana Dickenson and PhD scholar Matthew Driller have been actively working with TIS and invited athletes with our research projects. The SPU has been investigating performance-enhancing methods for training achieving considerable progress.

Research activities include:

- Gaining publication, with assistance from the University of Tasmania, for the Power Cranks cycling study.
- Matthew has obtained publication for his study on the Effect of High-Intensity Interval Training on Rowers.
- Matthew and the SPU obtained research funding from the Australian Institute of Sport.
- Diana has organised regular journal club meetings that have extended our thinking and sharing of ideas in sports science.

In the past year the TIS has hosted an international placement student, Rachel Sheldrick.

Rachel assisted the SPU in a wide range of testing sessions and video projects and her contribution was greatly appreciated. The placement gave Rachel the opportunity to gain some practical experience while taking a break from her studies at the University of Bath in England. The TIS thanks Rachel for the significant contribution she made to the Institute in 2007-08 and looks forward to hosting another international student in 2008-09.

Sports Medicine Network

The TIS greatly appreciates the assistance provided by its medical network. In conjunction with doctors and physiotherapists, valuable medical and musculoskeletal screening of TIS athletes has continued during the past 12 months. As well, the sports medicine network addresses many injury and illness requests year round, providing timely advice to staff and athletes. We thank Dr Ian Beltz for his stewardship of the TIS sports medicine program.

John Gregory
Manager, Sports Performance



Rowing athletes testing on the ergometers.

talent search



The Talent Search schools program continued, targeting five sports – athletics, cycling, rowing, basketball and netball. The program again received great support with approximately 5500 students from 40 schools involved with phase one testing. After analysing the phase one schools' results, 190 students progressed through to phase two in July.

During these sessions students displayed excellent performances, consequently making the selection for phase three, which involves sports-specific testing, quite difficult. After some consideration 41 students were selected to participate. September saw these students participate in the phase three testing sessions under the watchful eye of the coaches. In October, the 2007/2008 Talent Search squad was announced comprising 15 students across athletics, basketball, cycling, orienteering and rowing.

The Dream Stream project continued for a second year. The Dream Stream project is a combined initiative of the Australian Sports Commission (ASC), National Talent Identification and Development program (NTID), the Tasmanian Institute of Sport (TIS) and the Tasmanian Rowing Council (TRC). The project provides expert coaching, equipment and access to sports science support for students identified with talent in rowing.

In the sport of canoe slalom, a similar project, called Rapid Slaying, was launched by the ASC, TIS and Canoe Tasmania (CT). Rapid Slaying has a target squad of established athletes in the sport who have the potential to succeed at the elite level. During November 2007 the Rapid Slaying squad travelled to Eildon, Victoria, for its first interstate training camp and competition. The Rapid Slaying group thoroughly enjoyed the camp atmosphere, intensive training schedule and first competitive race. Coaches commended the Tasmanian group on its skills and attitude, acquired in just eight months.

In May 2008 we farewellled Talent Search Coordinator Emily Parker. Emily performed the



Inge Hillier
Acting Talent Search Coordinator

role for 18 months, implementing the Rapid Slaying and Dream Stream projects. The Talent Search role has been temporarily performed by Laboratory Technician Inge Hillier. Along with coordinating the laboratory accreditation Inge has been finalising the mass screening of students.

Inge commenced her role as Laboratory Technician in October 2007 and has a background in chemistry, having completed a double degree at the University of Tasmania. Her previous roles include working for the Launceston City Council in its water-testing laboratory.

Inge Hillier
Acting Talent Search Coordinator



Emily Parker with a selection of Talent Identified students.

athlete career & education

A balanced approach to sporting excellence

The Athlete Career and Education (ACE) program has once again seen a change in staff in 2007-08. David Newett moved on to take up the position of assistant coach at the North Melbourne Football Club, and it would be remiss not to thank him for all his hard work over the past year.

The aim of the ACE program is to provide a nationally consistent service, which assists athletes to undertake education, vocation and personal development opportunities while pursuing and achieving excellence in sport.

ACE is all about performance enhancement by focusing on the holistic view of athletic development. As such, one of the roles is to ensure athletes are content away from the training and competition environment, providing a better chance to succeed on the sporting stage.

By gaining a scholarship with the Tasmanian Institute of Sport, athletes have already displayed fantastic transferrable skills including time management, goal-setting, good communication skills and a strong work ethic to succeed in their chosen sport. These athletes are high achievers, they accept feedback and are team players.

The primary method of delivering and establishing career and education services to our athletes is through generating a consistent rapport with them, understanding where they have come from and where they want to go with their education, sporting or employment ambitions.

The ACE services assist TIS scholarship holders to be the best athlete they can be by undertaking various actions including assistance in areas such as:



Stewart Pither
ACE Consultant

Job readiness skills

- Resumé, job search and interview skills
- Interpersonal/communication skills
- Decision making
- Liaison with prospective employers
- Self-management skills
- Employer network
- Liaison with current employers

Professional development

- Job search skills
- Public speaking and dealing with the media
- Time management
- Drug and alcohol workshops
- Networking and sponsorship
- Budgeting and financial planning
- Scholarships for educational assistance

The ACE program is an integral part of the services provided to TIS athletes. With assistance from associated stakeholders, athletes' performance can be enhanced and this is the ultimate focus of our collective endeavours as we strive for excellence in sport and life.

Elite Athlete Friendly University

The Institute's ongoing relationship with the University of Tasmania has been re-energised assisting TIS athletes attending university. The national ACE program has developed links with universities throughout Australia and the University of Tasmania has signed on as an Elite Athlete Friendly University.

Guaranteeing Futures, organised by Youth Transitions, organised a work expo to display and discuss employment positions within the TIS and the sporting industry. Students were extremely interested in working in the sporting area and in positions at the TIS as well as the qualifications required to gain employment in this field.

Other networking opportunities with employment providers are being fostered through Searson Buck and the Salvation Army.

Relationships Australia

In conjunction with the TIS, Relationships Australia offers athletes, their families and coaches access to counselling services as required.



Stewart Pither leading an induction camp for the Men's Football Program.

The ACE program would not be as successful without the support, understanding and guidance of the TIS elite coaches and all stakeholders. I thank all those involved in enabling me to make a seamless transition into this role, and look forward to building on this success in the year ahead.

Stewart Pither
Athlete Career and Education
Consultant



Geoff Cock won the Southern Apprentice of the Year award through TAFE.

TIS scholarship programs

The TIS, through the support of the State and Federal Governments and the various corporate sponsors, provides scholarships to selected athletes in a range of TIS programs.

National Training Centre (NTC) Programs

These are the main programs offered by the TIS in conjunction with national and state sporting organisations and the Australian Sports Commission. In 2007-08 the Institute operated seven NTC programs in the sports of athletics, basketball, cycling, football men, football women, hockey and rowing. All sports have a full-time coach or program manager employed specifically to conduct the NTC program. Athletes are admitted into these programs using nationally accepted standards and are provided with coaching, access to national and international competition, equipment and all TIS services including sports science and athlete career and education.

Elite Development Squad (EDS) Programs

These programs operate in a similar manner to NTC programs. Squads enlist the services of a coach employed by the state sporting organisation to coordinate the program for selected athletes in that sport. Athletes receive funding support to attend international/national-level training and competition opportunities, access to training facilities and coaching support within Tasmania and access to the services provided by the TIS in sports science and athlete career and education. TIS Elite Development Squads in 2007-08 were AFL football, canoe wildwater, cricket, diving, netball, swimming, tennis and triathlon.

Individual Scholarship Program

These scholarships are provided to athletes from sports where a small number of athletes are performing at the required level in the sport or where the sport does not have the infrastructure to provide a coach/coordinator and other support services necessary for an NTC or EDS program.

Athletes are provided with funding support to



Geoff Masters
Program Manager



Tania Paterson
Sport Program Coordinator



Claire Deavin
Project Support Officer

access international/national-standard training and competition opportunities, sports science and athlete career and education services. Institute staff work directly with the athletes to help coordinate programs and the expenditure of funding. Scholarships are offered at different levels based on performance criteria that cater for junior through to senior athletes.

National Training Centre programs **track and field**

The TIS Track and Field Program continued its progress in 2007-08 with international honours achieved by several scholarship holders. Ten athletes were awarded scholarships: Donna MacFarlane, Tristan Thomas, Graham Hicks, Melissa Kay, Hamish Peacock, Daniel Coleman, Morgan Whiley, Kate Pedley, Ryan Foster, and Sam Crosswell.

The program continued to work with Athletics Tasmania (AT) to support the AT/TIS development squad which was revised this year to reflect a quality outcome with fewer athletes of higher standard. The TIS continued to support coach education by working with the Tasmanian branch of the Australian Track and Field Coaches Association (ATFCA) in organising a number of event clinics designed to reinforce the excellent work done by the coaches in nurturing Tasmania's emerging talent.

These clinics were led by some of Australia's leading coaches, including Roy Boyd – hurdles, Bob Wagner – hammer, Peter Lawler – javelin, Sharon Hannan – hurdles, Bohdan Babiczuk – conditioning, and Denis Knowles – shot put and discus.

These clinics are well attended and appreciated by athletes and coaches and have had a direct effect on athlete development. In addition, three camps were held at Bicheno, Coles Bay, and Hobart, aimed at encouraging athletes to set more ambitious goals in developing their abilities.

As coordinator, I have been involved in a number of activities and events throughout the year. I presented at specific event clinics in Adelaide and Darwin, was a team coach for the Australian team at the World University Games and also attended the Biennial Congress of the ATFCA in Adelaide. I also attended a number of the major domestic competitions during the season as well as the increasingly popular carnivals over December and January. During June, I travelled to Belgium to support Donna MacFarlane's Olympic campaign.



*Peter Fortune
Track and Field
State Performance Coordinator*

On a sad note the Tasmanian athletic and sporting community was shocked by the sudden passing of one of the State's most iconic coaches and mentors, Max Cherry, last April. Max was much loved and respected both in Tasmania and nationally and will be sorely missed. He will be especially missed by our most decorated athlete, Donna MacFarlane as she heads to Beijing to represent Australia in the 3000m steeplechase at the 2008 Olympic Games.

Donna enjoyed an exceptional 2007-08 and up to the end of June has had a number of excellent performances including an impressive third in Australian record time in Oslo's famous Bislett Games in June, a win in Doha in May, a win at the Australian National Championships in February and in the same month in Melbourne at the GP2 Grand Prix. Last August, Donna had terrible luck when she lost a shoe at the World Championships and showed great courage in trying to continue despite suffering severe burns on the hot track. Her resilience was shown when only a few weeks later she competed at the World Athletics final, finishing seventh.

AIS resident, Hobart's Tristan Thomas continued his resurgence as a world-class athlete following debilitating injury with some excellent performances. After competing at the World University

Games in September 2007, he was able to achieve personal bests in the 400m and 400m hurdles and showed he will be a force next season with courageous wins at the Melbourne Grand Prix and National Championships, and fourth after a personal best at the Beijing test event in May. He also won the national under 23 400m hurdles in March.

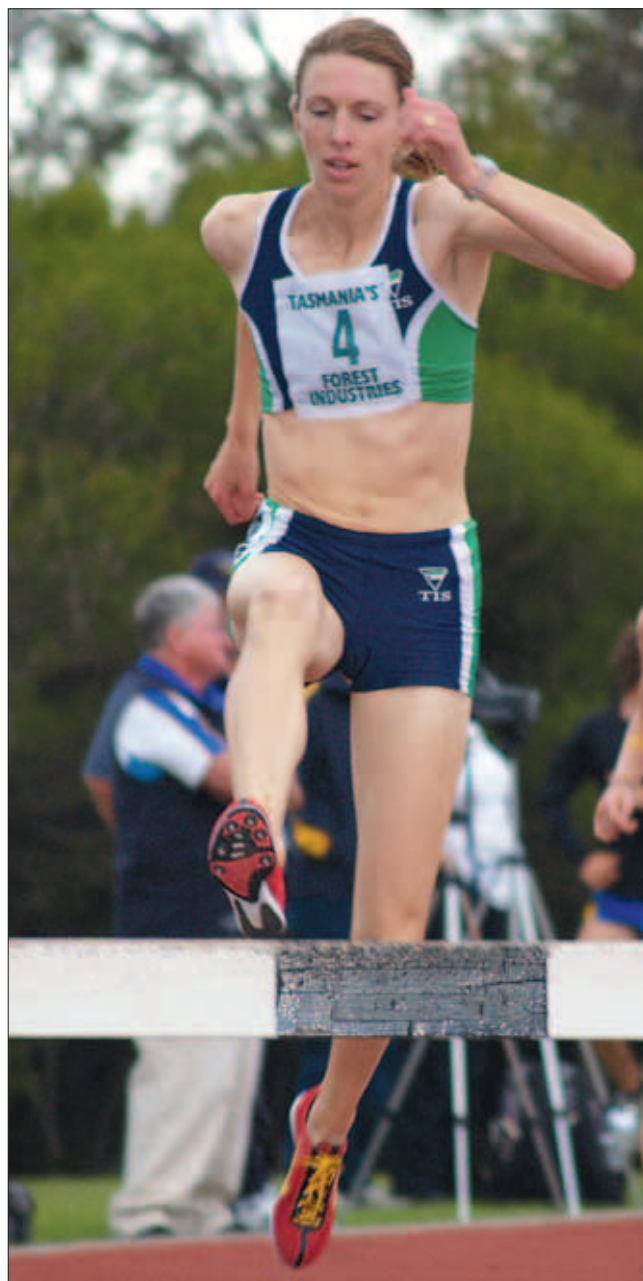
Hamish Peacock continued his development as a world-class javelin thrower after winning a silver medal at the 2007 World Youth Championships followed by a very good domestic season changing to the senior implement. Hamish won selection to this year's World Junior Championships in Bydgoszcz, Hungary, where he will be one of the youngest and most prominent members of the team. During the domestic season he won the 2007 National Schools title in javelin and shot put and the 2008 National under 23 and world junior selection trials in javelin. Hamish also had several very good performances in open age competitions throughout Australia.

Daniel Coleman achieved selection in the World Walking Cup junior team that competed in Cheboksary, Russia, in May 2008. He was unlucky to just miss out on qualifying for the world junior team but his performance was outstanding in Russia finishing 26th competing against the best in the world and was the first Commonwealth walker to finish. Morgan Whiley made finals at the National Championships in both the 200m and 400m.

Our other scholarship holders had mixed seasons with injury marring the efforts of Graham Hicks, Ryan Foster, Melissa Kay and Sam Crosswell in particular. It is hoped they are able to work through these issues and enjoy better seasons in the future.

Of the group, Melissa Kay announced her retirement from athletics during April. Melissa was an excellent scholarship holder and with her dedication and attitude, was a fine role model for female athletes in Tasmania. In 2007 Melissa achieved international status by gaining selection in the Australian team for the World Championships held in Osaka, Japan. Despite injury, Melissa retires as the 100m senior champion in both Tasmania and ACT.

As a new Olympiad begins, continued funding by Athletics Australia must be renegotiated. The TIS is keen to participate positively in the future of track and field both in Tasmania and nationally.



Donna MacFarlane enjoyed an exceptional 2007-08

I would like to express my appreciation to my colleagues at the TIS, in particular the Sports Science Unit for their support, Brian Roe and Richard Welsh of Athletics Tasmania, Athletics Australia, in particular Michael Poulton, and the Tasmanian Branch of the Australian Track and Field Coaches Association for their continued partnership in the sport of track and field in Tasmania. I also wish to acknowledge the efforts of the coaches in the three regions for their work in nurturing the talented young athletes and for the support provided to me.

Peter Fortune
State Track and Field Performance
Coordinator

RESULTS

Donna MacFarlane:

2007 TIS Female Athlete of the Year; 2008 Australian champion 3000m steeplechase (Brisbane) 9.36.09; seventh, 3000m steeplechase – 2007 World Athletic Final (Stuttgart) 9.41.77 Olympic Games A qualifier; first, 3000m steeplechase – 2008 Melbourne Grand Prix 9.29.93 Olympic Games A Qualifier; first, 2008 World Athletics Tour (Doha, Qatar) 9.31.47 Olympic Games A Qualifier; third, 2008 Bislett Games (Oslo, Norway) 9.18.35 Olympic Games A Qualifier, Oceania and National record.

Tristan Thomas (400m Hurdles)

First – 2008 Melbourne GP, 50.66; first – 2008 National Championships (Brisbane) 51.41; first – 2008 National Under 23 Championships (Gold Coast) 50.31; fourth – 2008 Olympic test event (Beijing) 50.07 (heat 49.82 PB).



Daniel Coleman during a 20km championship walk.

Hamish Peacock (Javelin)

Silver, 700g – 2007 World Youth Champs (Ostrava) 76.31m PB; first, javelin and shot put – 2007 National All Schools (Brisbane) 76.23m, 18.65m; first, 800g – 2008 National Under 20 Championships (Gold Coast) 70.56m; World Junior selection.

Melissa Kay (100m)

Australian representative 4x100m relay (Osaka, Japan); first – 2007 Ron Clarke Classic Geelong 12.14s; first – 2008 Tasmanian Championships (Hobart) 12.14; first – 2008 ACT Championships (Canberra) 11.86; third – 2008 Australian Cup (Brisbane) 11.78; 2008 National Championships (Brisbane) 12.04.

Daniel Coleman (Walking)

26th – 2008 World Walking Cup (Cheboksary, Russia) 43.57 PB (Road); first – 2008 National Under 20 Championships (Gold Coast) 44.11.81 PB (Track); fourth – 2008 Australian Cup (Brisbane) 21.35.79 PB (Track).

Morgan Whiley

Third – 2007 Zatopek Classic (Melbourne) 54.53s; second – 2008 Briggs Classic (Hobart) 55.44s; sixth – 2008 Australian Cup (Brisbane) 54.98s; fourth – 2008 Canberra Grand Prix 54.52s; eighth – 2008 National Championships (Brisbane) 55.00.

Graham Hicks (Discus)

Third – 2007 Zatopek Classic (Melbourne) 57.20m; third – 2008 Briggs Memorial (Hobart) 54.84m; fifth – 2008 Sydney Grand Prix 55.65m; seventh – (injured) National Championships (Brisbane) 50.99m.

Kate Pedley

2008 National Championships (Brisbane) 2.10.45 heat.

Ryan Foster/Sam Crosswell

Injured – Ryan suffered a severe hamstring tear followed by a knee injury and was only able to compete early season before these injuries. Sam suffered a long-term achilles tendinopathy and has been having treatment and rehabilitation to overcome this issue.

National Training Centre programs **cycling**

The TIS cycling program has had an eventful 12 months, with Head Cycling Coach Paul Brosnan moving into a high-performance management role with Cycling Australia. Paul made a significant contribution to the cycling program and cycling in Tasmania over the past three years and deserves the thanks of TIS athletes and staff for his hard work and dedication.

On a personal note it is fantastic to be taking over one of the most respected cycling programs in Australia. The TIS cycling program has come a long way since its inception, developing into a program that currently services 11 scholarship holders and seven target squad members in the disciplines of road, track, mountain bike (MTB) and athletes with a disability (AWD), supported by two full-time coaches. We also have strong links with Cycling Tasmania's development squad currently comprising four riders.

The cycling program has once again performed very well on a national and international level during this reporting period.

Highlighting the program successes were Wesley Sulzberger, Belinda Goss and Mark Jamieson who produced some exceptional results at world championships.

Wes finished second in the under 23 World Road Championship in Stuttgart, Germany, narrowly beaten by Peter Velits, of Slovakia, in a very tight sprint finish. Wes has continued this top standard throughout the year winning a stage in Victoria's Herald Sun Tour, finishing fourth in the Tour of Ireland and 10th in the Tour of Japan.

It is this consistency that has caught the eye of many professional team managers and we are hopeful that Wes will make the transition into the professional ranks by the end of this season.

Belinda Goss's third place at the World Track Championship in Manchester, England, emphasises once again that hard work pays off. Belinda has had a very solid and productive year and con-



Matthew Gilmore
Head NTC Cycling Coach



Ron Bryan
NTC Cycling Coach

tinues to develop into a world-class track cyclist. Belinda was victorious at the Australian Track Championships, successfully defending her point score title.

Unfortunately Belinda had to cut short her three-month stint with the AIS Women's Road team with ongoing neck problems causing severe migraines. She has since been working very hard to overcome this problem and is on track to once again represent Australia in the upcoming World Cup track series.

Mark Jamieson's bronze medal in the 4000m teams pursuit at the World Track Championship

in Manchester was an outstanding individual performance that subsequently earned him a place in the Australian Olympic team. Mark has applied himself to every training session and is reaping the rewards of his hard work. Mark also won the Australian Pursuit title in Sydney.

Tasmanian road cycling has been well represented across the globe, with Caleb Manion and Karl Menzies featuring on the podium in prominent professional events in the USA. Sean Sullivan has been working tirelessly to overcome chronic tendonitis of the knee for the majority of this season. Matthew Goss has confirmed his place in European professional ranks with two Pro Tour wins to his credit becoming the first Tasmanian cyclist to achieve this.

Former rowing scholarship holder Cameron Wurf has made a successful transition to cycling. He represented Australia in the time trial event at the World Road Championship in Stuttgart.

Rowena Fry is the cycling program's most recent scholarship holder, winning the National MTB Series. Rowena will continue to develop in the discipline in the coming years and is a very exciting inclusion to the program.

The National MTB program is now well established in Tasmania and resident National MTB coach Neil Ross has been doing some terrific work with Rowena following her recent bout of glandular fever. It is exciting to have Neil and the MTB program based at the Silverdome complex in Launceston.

Unfortunately both Grace Sulzberger and Trent Deacon have decided to have a break from competitive cycling and have relinquished their scholarship status. We wish them the best for the future and thank them for their strong contributions to the TIS.

Ron Bryan continues to work tirelessly with our Target Squad members and did a terrific job at the Australian Junior Track Championships with Amy Cure and Luke Ockerby who both won national track titles. Ben Grenda and Peter Loft teamed up with Mark Jamieson and Cameron Wurf in the National Teams Pursuit Championship finishing third. Ben was also part of the National Junior B team which travelled to Canada. Ben returned home with some encouraging results.

Ron's work with the Tasmania Cycling Federation



Scholarship holders and staff during a cycling camp.

and newly appointed Cycling Tasmania Development Officer David Walker is really starting to pay dividends with a revived Cycling Tasmania development squad. Ron has also coached the Australia junior B team during the Tour of Tasmania. Scholarship coach Andrew Christie-Johnson attended the inaugural national Madison camp held at the Launceston Silverdome.

This year I was fortunate enough to assist National Track Endurance coach Ian McKenzie at the World Cup Track Series events in Beijing, Los Angeles and Sydney. I also attended the World Track Championships in Manchester where I coached Belinda Goss to her bronze medal in the scratch race and witnessed Mark Jamieson's incredible rides during the teams pursuit.

I have also coached a national team in the under 25 three-day events in Amsterdam, Holland, and Dortmund, Germany, where both Leigh Howard and Miles Olman emerged victorious in the events.

My thanks to TIS management, administration, sports science, ACE, IT services and other TIS program coaches who provide services and a positive environment for our high-performance athletes.

Matthew Gilmore
Head NTC Cycling Coach

2007/08 cycling scholarship holders

Trent Deacon (AWD)*, Belinda Goss, Matthew Goss, Mark Jamieson, Caleb Manion, Karl Menzies, Sean Sullivan, Bernard Sulzberger, Grace Sulzberger*, Wesley Sulzberger, Sid Taberlay, Rowena Fry, Cameron Wurf.

*Both Trent and Grace have retired from competitive cycling.

2007-08 Cycling Team Sponsors

Major sponsors: Cyclingnews.com, Avanti Bicycles, Santini Cycling Clothing, Country Club Casino.

Minor sponsors: Specialized Helmets and Shoes.

2007-08 Satellite Coaches

Andrew Christie-Johnson

2007-08 Target Squad

Ben Grenda, Peter Loft, Amy Cure, Sarah Cure, Luke Ockerby, Sam Brett, Nathan Earle.

Results 2007-08

Belinda Goss

Gold – National Track Championships, 20km points race; bronze – World Track Championships (UK), 10km scratch race; second overall – Bay Criterium Series (one stage win); silver – Beijing Track World Cup, scratch race (China); silver – Sydney Track World Cup, 3km TP; second – Route de France, stage two; second overall – Tour of Chong Ming Island (two stage wins).

Matthew Goss

Third – Kuurne Brussel Kuurne (Belgium); first – Tour of Britain (one stage win); first – Eindhoven Pro Tour TTT (Ned), 48.6km; second – Philadelphia International (USA), 156 miles; second – Delta Profronde (Ned); third – Eneco Tour, stage four; first – Launceston Criterium.



Sid Taberlay

Sid Taberlay

Silver – National MTB XCO Championships; silver – Oceania MTB XCO Championships; eighth overall – L'Hexagonal VTT (France); first KOM – Tour of Gippsland.

Karl Menzies

Third – CSC Invitational Virginia; second – US 100km Classic; third – Chris Thater Memorial (New York); bronze – National Open Road Championships, Road Race; first overall – International Tour de Toona (USA); first – Superweek International Classic (USA), stage four; first – Joe Martin Stage Race (USA), stage five.

Trent Deacon

Second – Australian Individual Pursuit Championship; second – Australian Track Time Trial Championship; second – Australian Road Time Trial Championship; second – Australian Road Championship; third – Individual Pursuit World Track Championships; fourth – Time Trial World Track Championships; fifth – World Road Championships.

Grace Sulzberger

Third – Australian Under 23 Road Championships; first – Canberra Tour, stage two.

Wesley Sulzberger

Winner – 2007 TIS Junior Athlete of the Year; 10th Tour of Japan; third – Giro del Mendrisiotto (Switzerland); silver – Under 23 World Road Race Championship; first – Herald Sun Tour (one stage win); second – Launceston Criterium; first – Burnie Criterium; fourth – Tour of Ireland.

Cameron Wurf

Fourth – National Road Championships, ITT; 31st – World Road Championships (Germany), ITT; first – Chrono Champenois ITT (France).

Bernie Sulzberger

Second – International Cycling Classic Superweek (USA), stage four; 13th overall – Tour de Langkawi (Malaysia); first KOM – Herald Sun Tour; third overall – Tour of Tasmania.

Mark Jamieson

Gold – National Track Championships (UK), 4000m IP; silver – National Track Championships, points race; bronze – World Track



Wesley Sulzberger

Championships, 4000m TP; bronze – National Track Championships, 4000m TP; first – Burnie Wheelrace; bronze – Sydney Track World Cup, 4000m TP; silver – Oceania Track Championships, Men's IP; gold – Oceania Track Championship, TP; first – Tour of Murray River (two stage wins).

Rowena Fry

Bronze – MTB XCO Oceania Championships; first overall – MTB XCO National Series; first – MTB XCO National Series, round one; third – MTB XCO National Series, rounds two and three.

Caleb Manion

Third – Tri-Peaks Challenge (USA), stage three; seventh overall – Tri-Peaks Challenge (USA).

Sean Sullivan

INJURED

hockey

The 2007-08 reporting period has been a busy and rewarding time for the hockey program. The major target of having three athletes named in the 2008 Australian Olympic Team was achieved. A number of junior athletes have produced strong performances to warrant the potential for inclusion in the Junior World Cup teams in 2009.

Matthew Wells OAM, David Guest and Eddie Ockenden were strong performers at the 2008 Champions Trophy helping the Australian team to win gold and were duly rewarded for their performances with inclusion in the 2008 Australian Olympic Team. The Kookaburras reclaimed the number one world ranking in the lead-up to the 2008 Olympic Games.

Eddie Ockenden's outstanding form at the Champions Trophy tournament was recognised by the world's media, naming him the tournament's most promising junior player, giving him a strong chance of winning world hockey's most promising junior player award.

Emily Wilson and Lucy Ockenden staked their claim for Junior World Cup inclusion in 2009 through strong performances at the 2008 Australian Hockey League and 2007 Under 21 Nationals.

Hamish McGregor continues to mature as a player and after a strong performance at the 2008 Under 21 Men's Nationals he was selected in the 2008-09 National Junior Men's squad. By being named in this squad Hamish has also placed himself in a good position to be considered for the 2009 Junior World Cup team.

After the departure of Stewart Pither to the Athlete Career and Education role, Ilene Carr was appointed as TIS Hockey Coach. Ilene was a previous TIS coaching scholarship recipient and has continued the good development work performed by Stewart.

Ilene has conducted regular training sessions on the North-West Coast of Tasmania and this has aided a number of junior athletes from this region



Andrew McDonald
Head NTC Hockey Coach



Ilene Carr
NTC Hockey Coach

now included in junior State teams. The program continues to flourish with a high level of attendance at each session including the Hockey Tasmania North/North-West Development Officer.

Tasmanian teams have continued to perform well at national championships. The under 18 women again played off in a finals series placing second at nationals. The MIA Tassie Tigers and under 18 men placed fourth at their respective tournaments. The success of these teams, and stronger performances of Tasmania's other age group teams, continues to demonstrate the progress being made by our development programs.

Former TIS athlete Oliver Close has continued his TIS coaching scholarship providing opportunities to work with the national junior squad while also coaching the 2007 and 2008 under 21 Tasmanian men's team.

Strong government and TIS support provided opportunities to gain pre-AHL competition experience against interstate teams in 2008. The MIA Tassie Tigers travelled to Melbourne to play two games against the Victorian men's team. The Wrest Point Van Demons also travelled to Melbourne and played two games against the Victorian senior women's team.

At the conclusion of the 2007-08 competitions new national and national junior squads were announced. In total, six TIS athletes were selected in national squads during this reporting period.

2007-08 Men's Olympic Squad

Matthew Wells, David Guest and Eddie Ockenden.

2008 Men's National Junior Squad

Hamish McGregor.

2007-08 Women's National Junior Squad

Lucy Ockenden and Emily Wilson.

Both Hamish McGregor and Geoff Cock have attended a number of national goalkeeping and drag flicking camps, respectively, during this period.

The TIS hockey program continues to combine



Kookaburras Wells, Ockenden and Guest hold the Champions Trophy, embraced by coach Andrew McDonald.

with Hockey Tasmania's underpinning programs to provide a solid platform for further growth and delivery of the TIS mission to provide leadership and quality athlete and coaching services to Tasmania's talented athletes to assist them to compete successfully on the international stage.

The TIS Sports Performance Unit has continued to provide essential support to the conditioning and well-being of TIS athletes. I thank Peter, Sean, Diana, Stewart and many others for their efforts with the hockey program.

I would like to thank all the coaches who have assisted in various State team capacities involving TIS players. I would also like to acknowledge the support of Hockey Australia and Hockey Tasmania (HTAS), especially Gai Cross, Grant Douglas, Greg Peart, Mark Geeves and the HTAS President Alison Monk.

Our focus to build on our strong 2008 Olympic representation will ensure we continually review our overall program so that it provides a contemporary approach to the development of our athletes as we begin the preparation for the 2012 Olympic Games in London.

Andrew McDonald
Head NTC Hockey Coach



Eddie Ockenden vs Spain (Champions Trophy 2007).

2007/2008 Squad Members: Matthew Wells OAM, David Guest, Eddie Ockenden, Ben Creese, Lucy Ockenden, Emily Wilson, Sofie McLeod*, Geoff Cock, Patrick Ward*, Eloise Duay and Hamish McGregor.

**Did not continue scholarship status in 2008*



Lucy Ockenden in an AHL game, Wrest Point Van Demons vs Victoria.

Photo Grant Treeby.

rowing

Seven TIS athletes competed in the 2007 World Rowing Championships. The highlight was Dominic Monypenny achieving silver in the adaptive men's single event.

Kate Hornsey finished fourth in the women's eight, and Tom Gibson and Sam Beltz finished a very close fourth place in the men's lightweight double for the second year running. Scott Brennan finished second in the B final in his comeback year, as did Anthony Edwards in the men's lightweight four. All athletes qualified for the 2008 Olympic Games in Beijing.

Kerry Hore finished a tough third in the B final missing qualification by fractions of a second in what was a very traumatic year for women's sculling.

The TIS had 10 competitors at underage World Championships. At the Junior World Championships held in Beijing on the Olympic course, Taylor Wilczynski, coached by Rob Williams, finished 10th. Taylor is only 17 and still has the opportunity to compete again as a junior. David Wright finished second in the B final in the junior men's quad scull.

The under 23 World Championships were held in Strathclyde, Scotland, where the standout performance was Charlotte Walters winning a silver medal in the women's quad scull. Blair Tunevitsch finished fourth in the lightweight men's quad scull with Jono Hookway and Max Sondermeyer finishing third in the B final of the men's lightweight four.

Both boats were coached by John Driessen who was also the head coach for the tour. Michael Egan and Nick Baker won the B final in the lightweight men's pair and Carly Cottam and Ingrid Fenger finished fourth in the B final of the lightweight women's double scull. These two boats were coached by TIS Rowing Coach Ron Batt.

In the Olympic year, selection of the Australian team takes place in February before the national



Rhett Ayliffe
Head NTC Rowing Coach



Ron Batt
NTC Rowing Coach

championships. The TIS had an outstanding regatta with the following athletes named in the Rowing Australia Olympic team: Sam Beltz, Tom Gibson, Anthony Edwards, and Scott Brennan. Kate Hornsey, Brendan Long and Kerry Hore were also named in squads after all performed extremely well in their categories.

Dominic Monypenny was named to compete at the 2008 Paralympic Games after dominating his competition.

The 2008 Australian Championships were held at SIRC in March. The regatta was well attended

and ran very smoothly. TIS athletes returned with a total of 23 gold, 16 silver and three bronze medals.

A total of 18 TIS athletes gained national selection for the 2007 World Championship teams. A record seven athletes were selected in the Olympic team and one in the Paralympic team with five selected in the senior A non-Olympic team.

Four rowers were selected to compete in the under 23 World Championships in Brandenburg, and one in the World Junior Championships, to be held in conjunction with the senior A non-Olympic event in Linz.

The national teams also included support staff Dr Ian Beltz, TIS medical coordinator, travelling with the senior A team for the first two World Cups and Kellie Wilkie, appointed to travel with her first rowing team as physiotherapist for the senior A and junior non-Olympic tour.

I was appointed Head Coach for the Olympic men's heavyweight sculling team, looking after the men's double scull with John Driessen coaching the men's quad scull. Ron Batt was named as

coach of the men's lightweight eight based in Launceston and Ken Davey was selected to coach Carly Cottam in the under 23 lightweight women's single scull, also in Launceston. Rob Williams was appointed to coach the junior World Championships team from his Devonport base.

This number of international athletes places a considerable demand on the TIS and the rowing program would like to acknowledge the support of all the TIS sports performance staff who assisted in the preparation of our international crews. I would also like to thank staff at the TIS for their invaluable support, guidance and encouragement.

Rhett Ayliffe
Head NTC Rowing Coach

RESULTS 2007-08

Scott Brennan

Eighth, men's double scull – 2007 World Championships; gold, men's double and quad scull – National Championships; bronze, men's double – 2008 World Cup (Lucerne); bronze, men's double – 2008 World Cup (Munich).



Scott Brennan, right, had a good year, winning two World Cup bronze medals.

Brendan Long

Gold, men's double and quad scull – National Championships; fifth, interstate men's single – National Championships; seventh, men's double – 2008 World Cup (Lucerne); fifth, men's double – 2008 World Cup (Munich).

Kate Hornsey

Fourth, women's eight – 2007 World Championships; gold, women's eight – National Championships; bronze, women's pair – National Championships; silver, women's eight – 2008 World Cup (Lucerne); gold, women's eight – 2008 World Cup (Munich).

Kerry Hore

Ninth, women's double – 2007 World Championships; gold, women's double, women's quad, – National Championships; silver, women's single and interstate women's single; sixth, women's quad – 2008 World Cup (Lucerne); fifth, women's quad (Munich).

Sam Beltz

Fourth, men's lightweight double scull – 2007 World Championships; 10th, men's lightweight double scull – 2008 World Cup (Lucerne); seventh, lightweight double scull – 2008 World Cup (Poznan).

Tom Gibson

Fourth, men's lightweight double scull – 2007 World Championships; gold, men's lightweight single, four and eight, – National Championships; silver, men's Penrith Cup interstate four – National Championships; 10th, men's lightweight double scull – 2008 World Cup (Lucerne); seventh, lightweight double scull – 2008 World Cup (Poznan).

Anthony Edwards

Seventh, men's lightweight four – 2007 World Championships; gold, men's lightweight eight – National Championships; seventh, men's lightweight double scull – 2008 World Cup (Lucerne); third, lightweight four (Poznan).

Shaun Finlayson

Gold, men's lightweight four and eight – National Championships; silver, men's Penrith Cup interstate four – National Championships; national team, men's lightweight eight (Linz).

Charlotte Walters

Silver, women's quad scull – 2007 Under 23 World Championships; silver, women's under 23 eight, women's under 23 quad and women's under 23 four – National Championships; national team, under 23 women's double (Brandenburg).

Dominic Monypenny

Silver, adaptive men's fixed-seat single scull – 2007 World Championships; gold, adaptive men's fixed-seat single scull – National Championships.

Blair Tunevitsch

Fourth, under 23 men's lightweight quad – 2007 Under 23 World Championships; gold, men's lightweight four and eight – National Championships; silver, men's Penrith Cup interstate four – National Championships; national team, men's lightweight eight (Linz).

Ingrid Fenger

10th, under 23 women's lightweight double – 2007 Under 23 World Championships; silver, women's open lightweight double, quad and women's interstate lightweight quad – National Championships; national team, women's lightweight quad (Linz).

Carly Cottam

10th, under 23 women's lightweight double – 2007 Under 23 World Championships; gold, women's under 23 lightweight single and double – National Championships; silver, women's open lightweight quad and women's interstate lightweight quad – National Championships; national team, under 23 women's lightweight single (Linz).

Jono Hookway

Ninth, under 23 men's lightweight four – 2007 World Championships.

Max Sondermeyer

Ninth, under 23 men's lightweight four – 2007 World Championships; gold, lightweight men's eight – National Championships; silver, lightweight men's single – National Championships; bronze, lightweight men's quad – National Championships; national team, men's lightweight single (Linz).

Michael Egan

Seventh, under 23 men's lightweight pair – 2007 World Championships.

Nick Baker

Seventh, under 23 men's lightweight pair – 2007 World Championships; gold, lightweight men's four and eight – National Championships; silver, interstate Penrith Cup four – National Championships; bronze, lightweight men's pair – National Championships; national team, men's lightweight eight (Linz).

William Brier

National team, under 23 men's lightweight quad.

Ali Foot

National team, under 23 men's lightweight quad.

Taylor Wilczynski

10th, men's junior single – 2007 World Championships; gold, junior men's single and schoolboy single – National Championships; silver, junior men's quad and interstate men's youth eight – National Championships; national team, junior men's single (Linz).

David Wright

Eighth, men's junior quad – 2007 World Championships.



Sam Beltz was just out of the medals at the World Championships, finishing fourth.

National Training Centre programs

basketball

The TIS basketball program's purpose is to enhance the national profile of our best athletes and assist them to become members of Basketball Australia's national pathways (Australian development camps, AIS selection camps, AIS scholarships, under 20 Gems/Emus squads and teams).

It is regarded throughout Australia as a model program in establishing an effective relationship between a state Institute of Sport and the national and state sporting organisation and also in the ability to accelerate athletes' development.

The AIS men's and women's head coaches and Australian under 20 national team coaches provide recommendations of athletes who are potential national squad or AIS athletes. The Head Coach of the National Intensive Training Centre Program (NITCP), Patrick Hunt, and the TIS Basketball Coach select athletes to be considered by both Basketball Tasmania and the TIS Board of Management.

Twice a year, Basketball Tasmania, Basketball Australia and the TIS conduct joint management committee meetings to formally review the performance and operations of coaches and athletes in the TIS basketball program.

The TIS support coaches provide regional support to the TIS Basketball Coach by assisting with the Tasmanian NITCP and the TIS basketball program. Coaches supporting the TIS program receive a coaching grant from the TIS and Basketball Tasmania provides coaching professional development and assists with transport costs.

TIS support coaches appointed were: Chris Symons and Craig Taylor (south), David Russell (resigned March 2007) and John Fox (north-west) and I thank them sincerely for their input into the TIS basketball program.

Athletes receive technical development through the following: AIS basketball camp, National



David Munns
NITC Basketball Coach

Basketball League camp, national coach sessions (Patrick Hunt, Head Coach of the National ITCP; Brian Goorjian, Australian Boomers Head Coach; Daniel Beltramo, visiting international coach; Nicky Ireland and Paul Gorris, AIS women's and men's assistant coaches and Damian Cotter, under 20 Australian men's team Assistant Coach), full squad practice and regional/small group practice.

The TIS basketball program is grateful to the many people who assist it to operate successfully during the year. In particular the program acknowledges and thanks the TIS athletes and parents, NITCP Head Coach Patrick Hunt, TIS support coaches Craig Taylor, John Fox, Chris Symons and David Russell, Basketball Tasmania Presidents Tim Leedham and Lou Cox as well as Basketball Tasmania General Manager David Scott and staff members Adele and Jenni, NITCP Camp Manager Grant Mitchell and the other volunteer coaches who attend camps and, finally, the TIS staff who assisted the program during the year.

David Munns
NITC Basketball Coach

RESULTS 2007-08

Hollie Grima

Member of Opals team, 2007 women's World Champions; professional player with Pozzuoli Basketball Club (Italy); Most Valuable Player 2007 WNBL; member of 2007 WNBL All Star Five; led WNBL in points scored and defensive rebounds; member of Opals team that qualified for 2008 Olympic Games; member of final squad to be selected 2008 Olympic Games.

Catherine Guest

Member of the 2009 Australian under 20 women's squad, the Gems; Tasmanian under 18 and 20 women's basketball team 2007 and 2008; selected to Australian development camps program August 2007 and January 2008; attended AIS women's selection camp 2007; member Launceston under 18 women's basketball team, State Champions; Launceston Tornadoes 2007 team.

Dwayne Radcliffe

Member of the 2009 Australian under 20 men's squad, the Emus; received AIS men's basketball scholarship 2007; AIS men's basketball scholarship renewed 2008; Tasmanian under 18 and 20 men's basketball team 2007 and 2008; attended AIS men's selection camp 2007; selected to Australian development camps program August 2007 and January 2008; toured Italy with AIS men's basketball side 2007.

Jessie Humphries

Tasmanian under 18 and 20 women's basketball team 2007 and 2008; member Launceston under 18 women's basketball team, State Champions; Launceston Tornadoes 2007 team.

Breanna Russell

Tasmanian under 18 and 20 women's basketball team 2007 and 2008; member Wynyard under 18 women's basketball team, runners-up State Championship and winners of North-West



Hugh Greenwood continues to rise, with many AIS and Australian tour selections over the past 12 months.

Basketball Union competition; member of Wynyard senior women's team, runners-up North-West Basketball Union; Lady Thunder team 2007.

Hugh Greenwood

Tasmanian under 16 men's basketball team 2007; selected to Australian development camps program March, August 2007 and January 2008; under 16 Greater Hobart Basketball Association, winners Tasmanian Championships; member of the 2009 and 2011 Australian under 20 men's squad, the Emus; accepted AIS men's basketball scholarship 2008; attended AIS men's selection camp 2007; selected to Australian development camps program August 2007 and January 2008; toured Italy with AIS men's basketball side 2007 as a guest athlete; attended TIS NBL camp as a guest athlete; member of the 2009 Australian under 20 men's squad, the Emus; selected to attend the Michael Jordan all-star camp.

Tayla Roberts

Tasmanian under 16 women's basketball team 2007 and 2008; selected to Australian development camps program August 2007 and January 2008; member of the under 16 Launceston Junior Basketball League team, champions at the Tasmanian under 16 basketball championships; member of Riverside High School, runners-up Tasmanian High School Champions.

Ryan Williams

Tasmanian under 20 men's basketball team 2007; squad member for 2007 Emus program; attended the AIS men's selection camp in 2007; attend TIS NBL camp as a guest athlete.

Cameron Witt

Tasmanian under 20 men's basketball team 2007 and 2008; squad member for 2007 Emus program; attended the AIS men's selection camp in 2007; attended TIS NBL camp as a guest athlete; attended Cairns NBL Academy as a guest athlete.



Tayla Roberts taking a shot at the under 16 National Championships.

Joss Mooney

Tasmanian under 18 men's basketball team 2007; squad member for 2007 Emus program; member Greater Hobart Basketball Association, under 18 men's basketball team, runner-up State Championship; selected to Australian development camps program April 2007.

National Training Centre programs

football – men

The 2007-08 reporting period has seen the establishment of the Men's Football Program with scholarships offered to 15 athletes, four relocating from the north and north-west of the state to the south, where the program is based.

My first look at Tasmanian players occurred when I travelled with a squad of 16 selected to attend an Interstate Challenge at the AIS in Canberra. This series of games provided the opportunity for the coach and players to work in preparation for selection of the initial TIS squad. The series also gave the players and accompanying coaches an opportunity to see the level of competition required for future national representation, measured against players from the other participating states.

Other events providing an opportunity to view players with squad selection in mind included the Launceston Cup, Festival Cup and the national titles. The final group of 15 players commenced training as a TIS squad at the beginning of November, with three field sessions and two strength and conditioning sessions per week.

National Identification

Emanating from his performance at the Interstate Challenge and National Titles, Liam Scott was invited to an under 17 Joeys camp at the AIS in January 2008.

In February 2008, Liam and Toby Woolley were invited to a second interstate camp in Brisbane as guest players with the Queensland Academy of Sport under the watchful eye of the under 17 National Coach and the AIS Coach. Liam was invited to a second under 17 Joeys camp held in Adelaide in early April with a view to national selection in the World Cup qualifiers to be held in October.

TIS Support Personnel

As previously indicated, the TIS football squads were only established in this reporting period, and infrastructure had to be put in place to give the program quality training facilities to complement the required playing standard. To this end, an agreement was reached with the University of Tasmania



Bruce Stowell
NTC Men's Football Coach

(UTAS), through the hard work and enthusiastic support of State Manager Gina Poulton, for full use of two floodlit ovals for the past 12 months.

The strength and conditioning program was also located within the UTAS complex and this has served the program well to date. An integral part of the development program are the professionals involved in other aspects of the TIS.

Strength and Conditioning Coordinator Sean Murphy must be commended for his tireless devotion to improving the physical development of the athletes. Recent arrival but no less an important cog within the football program is ACE Consultant Stewart Pither whose input has already had an impact on the athletes.

Another piece of the development jigsaw was put in place when Ken Morton was appointed as Assistant Goalkeeper Coach until the end of July. I sincerely appreciate his input and quality of work, as did the athletes. I express my sincere thanks to all the staff at the TIS for their support over the last 12 months.

Bruce Stowell
NTC Men's Football Coach

Bruce Stowell resigned from the TIS Football Coach position in June 2008, and the TIS is grateful for his efforts in commencing the men's football program.

2007-08 Squad Members

Toby Woolley, Liam Scott, Cameron Sweeney, Sam McIntyre, Will Abbott, Brayden Mann, Brad Ryan, Alex Nandan, Elliott Lovell, Hugh Foley, Declan Foley, Declan Cuschieri, Sam Hamilton, Eli Luttmer, Cameron Williams.



The men's football squad.

National Training Centre programs

football – women

Solid growth in the sport and Football Federation Tasmania (FFT) implementing clear development pathways and underpinning programs, paved the way for the introduction of the first TIS Football program in 2007.

Supported by Football Federation Australia (FFA) and under the direction of National Team Coach Tom Sermanni, the program is designed to provide the pathway from the state programs into the national program system.

Following a selection camp in September 2007, 13 players were identified for 2007-08 scholarships. The program was based in Hobart with players attending three field sessions and two strength and conditioning sessions per week.

The training period between October and December focused on conditioning and technique development. Training recommenced in January following the Christmas/New Year break, to prepare for a trip to Sydney in February to play against strong opposition including New South Wales Institute of Sport (NSWIS) and the Northern NSW elite development squad.

Unfortunately New South Wales experienced some of the worst rain and flooding seen for many years and we were not able to play as many games



Joey Peters, Matildas vice captain, signing personal items for the squad



*Vicki Linton
NTC Women's Football Coach*

as hoped. However, the games played proved invaluable, providing the TIS squad with just the right level of competition to develop and challenge the players. The trip was also important as part of the broader education process of players providing them with experience in dealing with changes of itinerary and travelling together as a developmental squad.

February to May was an intense training period focusing on technical and tactical development with weekly games against boys Youth League teams and women's Premier League teams. The TIS women's football squad also competed in the under 15 Boys Cup run by FFT as a prelude to the winter competition. The TIS team performed well, winning the two preliminary games (one on penalty shoot-out) to advance to the grand final where it was defeated by a quality side from South Hobart.

In April, the TIS women's football program invited Joey Peters, vice-captain of the national team, the Matildas, to Tasmania to spend a couple of days with the squad. Joey was able to train with the squad, coach players at a public skills session, participate in a strength session and then spend some social time with squad members. This was a great experience for the girls, training with a player of Joey's quality and have her share some of her experiences with the squad.

Also in April, Adelyn Ayton was selected to attend a national under 17 camp at the AIS. This young

squad of players aged under 15 was targeted for the 2010 under 17 World Youth Cup. Twenty-seven players attended and games were played against an under 17 New Zealand national team, as well as matches against the ACT Academy of Sport (ACTAS) women's squad and the under 20 (under 18) Australian team. The performance of the young players was very promising.

Throughout the year players were regularly assessed through physiological testing. Another part of the players' development included a nutrition workshop delivered by Maree Taylor, a sports psychology workshop by Dr Jacqui Triffitt as well as athlete career and education workshops organised by Stewart Pither. I am also grateful to Peter Fortune (athletics) for his assistance in conducting a running technique session for the players.

At the end of May, preparations began for the national youth championships and players trained with their respective State teams. All TIS players were selected into Tasmanian teams to compete at the national youth championships in Coffs Harbour from 5-12 July in the following age groups:

Under 15 – Adelyn Ayton, Rani Cavarretta, Mady O'Brien and Sacha Rose.

Under 17 – Maddie Bassett, Alicia Denholm, Claire Farquhar, Lucy Foote, Emma Norton, Teghan Quigley, Caitlin Storay, Tayla Thomas and Ashlee Tolman.

I would like to acknowledge the great support the program has received from the TIS and FFT. From the TIS I thank Sean Murphy (physical preparation) who has done a great job being very inventive with his strength and conditioning programs, Stewart Pither (ACE) and John Gregory and Diana Dickenson (sports performance). I could not have run the program as successfully without the assistance from the FFT administration and coaching staff.

With the first year completed, a solid foundation has been laid for the program to build and grow and for players to continue to 'lift the bar' in their development during year two.

Vicki Linton
NTC Women's Football Coach



The women's football squad.

elite development squads

2007-08 saw another busy year for the TIS EDS program covering eight sports including the reintroduction of triathlon. A review was also conducted into the delivery of the EDS programs and, looking ahead, a new revised structure will be adopted.

This includes a three-tiered approach helping sports tailor programs to suit their requirements. All programs will become aligned with the financial year calendar and will now be known as Elite Development Programs (EDP's). Further details are available on the TIS website.

WILDWATER CANOE

Congratulations to the TIS wildwater canoe team that had an outstanding campaign during a trip to Europe which included the bi-annual Wildwater World Championships held in Ivrea, Italy. Mathew French, Ben Maynard and Stewart Bennett teamed up to finish fifth in the classic teams race. In other highlights Dan Hall was fourth in the sprint final at World Cup #3 in Austria, Stewart Bennett and Ben Maynard finished ninth and 12th respectively in the classic final at World Cup #4 and Mathew French finished 18th in the classic at the World Championships.

TENNIS

The tennis EDS squad, based at the Hobart Tennis Centre, was again overseen by Head Coach Simon Youl. The scholarship group consisted of four athletes – Nina Khoury, Alyssa Hibberd, Anna Wishink and Ella Bouchier.

Anna Wishink commenced her first year on the WTA professional circuit and had the opportunity to compete in a number of tournaments overseas including in the United States. Anna now has a ranking in the top 500 in the world. Anna, Alyssa and Ella all competed at an International Tennis Federation event in New Zealand in January. Alyssa also won the under 16 girls' clay court title in Victoria in April.



Carl Saunder
Athlete and Coach Services Coordinator



Anna Wishink commenced her first year on the WTA professional circuit and now has a ranking in the top 500 in the world.

CRICKET

The main focus for the EDS cricket program was again attendance at the Cricket Australia Institute Challenge held in Darwin during September 2007. The highlight of the year was scholarship holders Brendan Drew and Tim Paine being members of the winning Tasmanian Tigers team, that won the Ford Ranger Cup national 50-overs competition.

Scholarship holders Jeremy Smith and James Faulkner also had outstanding seasons, highlighted by representing Australia at the ICC under 19 World Cup in Malaysia, where Australia made the quarter-finals.

SWIMMING

The TIS swimming program again was overseen by Justin Helmich based at the Hobart Aquatic Centre. Athletes had the opportunity to compete at several National-standard events throughout the year. Matthew Free, Charles Gard and Shani Burleigh all had excellent years, improving on their personal best times.

At the 2008 National Championships, Ray Winstanley broke the state 200m freestyle record in a personal best time of 1.54.69. His times in the 50m and 100m freestyle were on par with his personal best times. At the same event in Sydney, Lyarna Graham achieved a personal best time in the 50m freestyle and 50m backstroke. Rebecca Foster, Nick Cannel and Shani

Burleigh were outside their best in their respective events.

On another note, Karl Wurzer (former TIS scholarship holder) returned to swimming this season and performed well, winning a bronze medal in the 50m breaststroke at the Australian Championships.

Matthew Free finished fourth in the 5km open water swim at Kawana Waters in April.

DIVING

The TIS diving program continued to progress with some excellent results throughout the year.

At the 2007 Australian Elite Junior Championships held in Adelaide, Michael Hughes won two silver medals and a bronze medal. Jocelyn Burnett placed seventh in the individual girls 13 and under one-metre springboard and fifth in the three-metre board, finishing just eight points off the bronze medal position.

The TIS diving program also attended a five-day training camp with the AIS diving squad at the AIS diving centre in Brisbane. At the National All Schools Championships, hosted at the Hobart Aquatic Centre by Diving Tasmania, Michael Hughes won gold in the 15 years boys' springboard. Jocelyn Burnett won silver in the 13 years girls' springboard. Michael Hughes also teamed



Stewart Bennett during training.

with Joshua Parker-Sloan to win gold in the 15-19 years boys' synchro event.

The diving program continues to evolve with the appointment of a high-performance coach and new athletes including Isobella Kateros, Nicholas Bresnehan, Ebony Schuecker-Rush and Demi Williams.

TRIATHLON

This year saw the reintroduction of an Elite Development Squad for triathlon. A group of five athletes, Glynn Bound, Marcus Clarke, Matthew Guy, Luke Geelan and James Hodge, commenced their involvement with the TIS through three intensive training camps. The first camp in June 2007 saw athletes tested by the TIS Sports Performance Unit in all three of the sport's disciplines. Athletes will also receive advice regarding strength and conditioning, nutrition, sport psychology and video analysis.

AFL

Following the success of the change in direction for the AFL EDS program, the TIS and AFL Tasmania again focused on the development of younger athletes with a major concentration on athletes at under 15 level.

An academy squad of 25 players was involved in a three-day camp hosted by the TIS in Launceston during February. The athletes were put through the full complement of testing under the AFL draft camp protocols, given an insight into life at an AFL club and education seminars about nutrition and drugs in sport.

The TIS also provided testing for the Tassie Mariners State under 18 and under 16 squads as well as for the Tassie Devils VFL team. Those athletes who are likely to be considered as potential draftees at the 2008 AFL national draft, will continue to access testing services until the AFL draft camp and screening sessions in October.

Carl Saunder
Athlete and Coach Services
Coordinator



The TIS AFL Squad with Hawks coach Alastair Clarkson.

netball

The beginning of 2008 saw a change in the TIS netball program, with the departure of Tracey Robinson to take up the position of Assistant Coach of the Sydney Swifts. Despite this, the TIS squad managed to maintain its focus and enthusiasm. Tracey was an asset to the TIS program and will be sorely missed.

Aaron Pidgeon took on the role as interim coach, which saw the athletes as a group participate in the Tasmanian Netball League (TNL) competition. Satellite coaches were put in place to assist with regional training and the athletes enjoyed weekly competition against strong opposition.

I was appointed TIS Netball Coach from the beginning of June and the main focus for athletes has been to maintain the daily training environment and make a strong finish in the TNL competition. The team placed a creditable equal fourth missing out on finals experience by a small percentage. At the conclusion of the TNL competition the athletes continued with their individual programs and attended regional training sessions, assisted by Jodie Mather in the south and Debbie Daniels in the north-west. Both coaches are to be commended for efficiently and effectively delivering the TIS satellite programs.

The 2008 TIS netball program has had some notable success with many athletes being involved in national camps and competitions.

For the second year, Jacqui Witt was selected in the Australian schoolgirls' team (15 years and under) to compete in Adelaide at the International Schoolgirls' Tournament. Lauren Miller and Amy Saunders were invited back to the national under-age talent identification camp at the AIS along with newcomer Emma Webb. The girls were selected after solid performances at the National Championships in Perth during April. All TIS netball athletes were involved in the 17 and under, 19 and under and 21 and under national championships in Perth where they showed great improvement in all aspects of their games.

Six members of our netball squad were also selected in the Tasmanian ANL squad to compete in the inaugural New Idea Australian Netball



Lou Carter
TIS Netball Coach

League (ANL) competition. These girls were fortunate to experience further high-performance training under the coaching of Aaron Pidgeon. Continuing this experience will enhance their development and understanding of what it takes to reach their potential. This competition is exciting for the sport where the profile is being lifted and the standard of performance is at an all-time high.

Athletes who have continued in the TIS program from 2007 understand the commitment necessary to further develop and progress in the sport of netball. This was clearly evident with the recent involvement of the squad at the Inter-Institute Challenge in Melbourne. The squad was very competitive and experienced a high level of competition. All played well with solid performances from Amy Saunders, Hayley Sansom, Lauren Miller, Kate Schwartz and our invitee Katelyn Fryett.

Thank you to all TIS staff for the continued support and professionalism provided to the netball program in 2008. Thank you to the valuable contribution of the Sports Performance Unit – John Gregory, Di Dickenson, and Rachel Sheldrick – and TIS physical preparation staff Peter Culhane and Sean Murphy.

Thank you to Stewart Pither (ACE Consultant) who has been a huge support to all of the netball athletes and particularly with the Athletes in Schools program. Kate Schwartz who took on a number of school programs very confidently and

effectively was assisted by both Stewart Pither and Vicki Linton in Hobart.

Thank you to Netball Tasmania and Netball Australia for the ongoing support of the program. I believe with the restructuring of the underpinning programs in Tasmania where we can develop young players, coaches and umpires, the sport will continue to improve.

The 2008 TIS netball program has certainly had its challenges with a number of coaches in charge of the squad during the year. However, with the strong support from all concerned and the ongoing enthusiasm and commitment from athletes, netball in Tasmania is looking forward to a positive future.

Lou Carter
TIS Netball Coach

individual scholarships

Highlights of the Individual Scholarship Program include:

Stephanie Grant (judo) gained selection for the 2008 Olympic Games in Beijing following her win in the women's 78kg class at the Oceania Championships held in Christchurch, New Zealand, during March. Priscus Fogagnolo (judo) was unlucky not to make the Olympic team in the men's 90kg class after losing the final to fellow countryman Dan Kelly under the golden point format.

Luke Jackson (boxing) national champion in the men's 57kg featherweight class narrowly missed selection for the 2008 Olympic Games, losing the final at the Oceania Championships in Fiji during March.

Johanna 'Hanny' Allston and Grace Elson (orienteering) represented Australia at the 2007 World Orienteering Championships. Hanny finished sixth in the middle-distance final, ninth in the sprint final and 13th in the long-distance final. Grace finished 30th in the sprint final and 32nd in the middle distance final. Hanny and Grace

teamed for the relay event, where Australia finished seventh overall.

Maggy Marshall (squash) was a member of the Australian team for the World Junior Squash Championships held in Hong Kong in July 2007, progressing to the third round of competition. Maggy relocated to Brisbane to train with the AIS squad in January this year.

Nick Behrens (sailing) finished fifth overall at the 2007 sailing World Championships in Portugal. In an outstanding show of determination Nick finished the regatta with a broken leg, which he sustained in a collision with another boat during race eight of the 11-race regatta.

Simon Morgan (sailing) finished 48th in the Silver Fleet at the World Laser Senior Championships held in Terrigal, NSW, during February. Simon had an outstanding third-place result at the Laser Radial World Championships in New Zealand in April.

Jack Penny (trampoline) represented Australia at the Junior World Championships in Quebec City,

*Jack Penny
finished
second in the
double-mini
trampoline at
the Cup of
Flanders in
Belgium,*



Canada in November 2007. Jack also won the gold medal in the senior international men's individual and synchronised trampoline at the British grade one gala event staged at the Welsh Institute of Sport in Cardiff. At the Cup of Flanders in Belgium, Jack finished second in the double-mini trampoline, and sixth in the individual competition.

Ashlee Dewhurst (golf) finished ninth at the Victorian 72-hole amateur event, ninth at the Australian 72-hole amateur event and made the final 16 of the match-play format Australian Amateur Tournament. Ashlee won the Tasmanian amateur title in Launceston in May.

Natasha Hardy (karate) continued to dominate the senior women's and women's 60kg classes winning the New South Wales and Australian open championships in March and April respectively.

Coaching Development Scholarships

Five Tasmanian coaches received support for personal development opportunities through TIS coaching development scholarships. Matthew Gillie (badminton), Andrew Christie-Johnson (cycling), Rebecca Thomson (diving), Evan Peacock (track and field) and Oliver Close (hockey) were supported to attend educational workshops and participate in development opportunities.

Evan Peacock (track and field) and Oliver Close (hockey) travelled with Australian squads to



Stephanie Grant (judo) gained selection for the 2008 Olympic Games in Beijing.

international competitions, while Rebecca Thomson spent time with national diving coaches at the AIS. All five coaches will continue to receive support during 2008-09.

Carl Saunder
Athlete and Coach Services
Coordinator



Nick Behrens finished fifth overall at the 2007 sailing World Championships in Portugal.

scholarship holders

BADMINTON

Jonathan Cracknell
Susan Dobson

BOXING

Luke Jackson

CANOE

Kate Mollison
Sam Norton

GOLF

Ashlee Dewhurst

JUDO

Stephanie Grant
Priscus Fogagnolo

KARATE

Natasha Hardy

LAWN BOWLS

Mark Strochnetter
Rebecca Quail

ORIENTEERING

Johanna Allston
Grace Elson
Ryan Smyth

SAILING

Nick Behrens
Simon Morgan

SQUASH

Maggy Marshall

TRAMPOLINE

Jack Penny

VOLLEYBALL

Josh Thorp

WEIGHTLIFTING

Zac Grgurevic

NTC CYCLING

Trent Deacon
Belinda Goss
Matthew Goss
Mark Jamieson
Caleb Manion
Karl Menzies
Louise Padgett
Ryan Sullivan
Sean Sullivan
Bernard Sulzberger
Grace Sulzberger
Wes Sulzberger
Sid Taberlay
Josh Wilson
Cameron Wurf

NTC FOOTBALL (MEN)

Will Abbott
Declan Cuschieri
Declan Foley
Hugh Foley
Sam Hamilton
Elliott Lovell
Eli Luttmmer
Brayden Mann
Sam McIntyre
Alex Nandan
Bradley Ryan
Liam Scott
Cameron Sweeney
Cameron Williams
Toby Woolley

NTC FOOTBALL (WOMEN)

Adelyn Ayton
Maddie Bassett
Rani Cavaretta
Alicia Denholm
Claire Farquhar
Lucy Foote
Emma Norton
Madeline O'Brien
Teghan Quigley
Sacha Rose
Caitlin Storay
Tayla Thomas
Ashlee Tolman

NTC HOCKEY

Geoffrey Cock
Ben Creese
Eloise Duay
David Guest
Sophie McCleod
Hamish McGregor
Edward Ockenden
Lucy Ockenden
Patrick Ward
Matthew Wells
Emily Wilson

NTC ROWING

Nick Baker
Sam Beltz
Scott Brennan
Carly Cottam
Anthony Edwards
Michael Egan
Dana Faletic
Ingrid Fenger
Shaun Finlayson
Tom Gibson
Jonathon Hookway
Kerry Hore
Kate Hornsey
Brendan Long
Anthony Males
Dominic Monypenny
Claire Shield
Max Sondermeyer
Blair Tunevitsch
Charlotte Walters
Adam Wertheimer
Sam Waley
Taylor Wilczynski
David Wright

NTC TRACK AND FIELD

Daniel Coleman
Sam Crosswell
Ryan Foster
Graham Hicks
Melissa Kay
Donna MacFarlane
Hamish Peacock
Kate Pedley
Tristan Thomas
Morgan Whiley

NITCP BASKETBALL

Hugh Greenwood
Hollie Grima
Catherine Guest
Olivia Howard
Brooke Howells
Jessie Humphries
Joss Mooney
Dwayne Radcliffe
Tayla Roberts
Breanna Russell
Ryan Williams
Cameron Witt

EDS AFL FOOTBALL

Thomas Hislop
Brad McDonald
Jack Reiwoldt
Mitch Thorpe

EDS CANOE WILDWATER

Stewart Bennett
Mathew French
Dan Hall
Ben Maynard

EDS CRICKET

Brendan Drew
James Faulkner
Tim Paine
Jeremy Smith

EDS DIVING

Nicholas Bresnehan
Jocelyn Burnett
Michael Hughes
Joshua Parker-Sloan
Ebony Schuecker-Rush
Demi Williams

EDS NETBALL

Chelsea Coleman
Steffi Grenda
Lauren Miller
Lucy Norton
Savahn Overall
Hayley Sansom
Amy Saunders
Sophia Saunders
Kate Schwartz
Jennifer Taylor
Emma Webb
Jacqui Witt

EDS SWIMMING

Nicholas Cannell
Rebecca Foster
Matthew Free
Lyarna Graham
Nykita Moore
Ray Winstanley

EDS TENNIS

Georgina Carswell
Edward Bouchier
Ella Bourcher
Alyssa Hibberd
Nina Khoury
Andrew Roberts
Anna Wishink

corporate plan



OUR VISION

To provide quality athlete and coaching services which place Tasmania at the forefront of elite sport

OUR MISSION

To provide leadership and quality athlete end coaching services to Tasmania's talented athletes to assist them to compete successfully on the international stage

Strategic Plan 2005-2009

Goal No. 1	We will develop a culture of commitment and expectation for success at the highest level.
Goal No. 2	We will participate in open and active relationships that clearly articulate the various roles and responsibilities of all partners and that build effective pathways to excellence in sport.
Goal No. 3	We will develop and maintain links within education and employment networks that encourage a flexible environment to support the balance between an athlete's career and education development and elite performance.
Goal No. 4	We will provide TIS athletes, coaches and staff with access to technology that supports their performance at the highest level.
Goal No. 5	We will generate increased investment in elite Tasmanian sport through the TIS to maximise TIS athlete performance at the international level.
Goal No. 6	We will promote awareness and ensure that TIS athletes and coaches adopt responsibility for a zero tolerance drugs-in-sport environment.
Goal No. 7	We will work closely with the TIS Board to facilitate best practice in all aspects of our operations.
Goal No. 8	We will help identified potential elite athletes overcome any economic or geographic impediments to their performance.
Goal No. 9	We will work collaboratively with all partners to provide access to, and development of, those world-class coaches who are central to the development of elite sport in Tasmania and to the fulfilment of TIS athlete potential.

board of management



*Denis W. Rogers AO
Chairman*



*Bill Woolcock
Deputy Chairman*



Liz Jack



Urszula Kay



Pip Leedham



Bianca Langham Pritchard



Gina Poulton



Kevin Young

staff

DIRECTOR

Paul Austen

PROGRAM MANAGER

Geoff Masters

EXECUTIVE ASSISTANT

Jeanne Pennington

SPORT PROGRAM COORDINATOR

Tania Paterson

ADMINISTRATION TRAINEE

Tegan Raabus

PROJECT SUPPORT OFFICER

Claire Deavin

MANAGER SPORTS PERFORMANCE UNIT

John Gregory

SPORTS PERFORMANCE OFFICER

Diana Dickenson

SPORTS PERFORMANCE OFFICER

Sean Murphy

PHYSICAL PREPARATION OFFICER

Peter Culhane

LABORATORY TECHNICIAN

Inge Hillier

ATHLETE & COACH SERVICES COORDINATOR

Carl Saunder

HEAD CYCLING COACH

Paul Brosnan/Matthew Gilmore

CYCLING COACH

Ron Bryan

HEAD HOCKEY COACH

Andrew McDonald

HOCKEY COACH

Stewart Pither/Ilene Carr

HEAD ROWING COACH

Rhett Ayliffe

ROWING COACH

Ron Batt

NETBALL COACH

Tracey Robinson/Elizabeth Carter

MEN'S FOOTBALL COACH

Bruce Stowell

WOMEN'S FOOTBALL COACH

Vicki Linton

TRACK & FIELD STATE PERFORMANCE COORDINATOR

Peter Fortune

ACE COORDINATOR

David Newett/Stewart Pither

TALENT SEARCH COORDINATOR

Emily Parker/Inge Hillier

PHD STUDENT

Matthew Driller

INTERNATIONAL PRAC STUDENT

Rachel Sheldrick

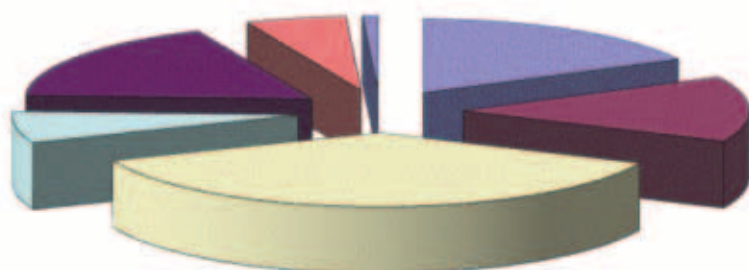
financial **report**








2007-08

*fund*ing

Scholarship Funds	\$406,200
Athlete & Coach Services	\$332,000
Consolidated Funds	\$860,626
Corporate/Trust Funds	\$160,899
Commonwealth Funds – Sports Programs	\$411,450
State Sporting Organisations	\$131,520
National Representatives	\$20,000
Total Funds 2007-08	\$ 2,322,695

TIS Funding All Sources

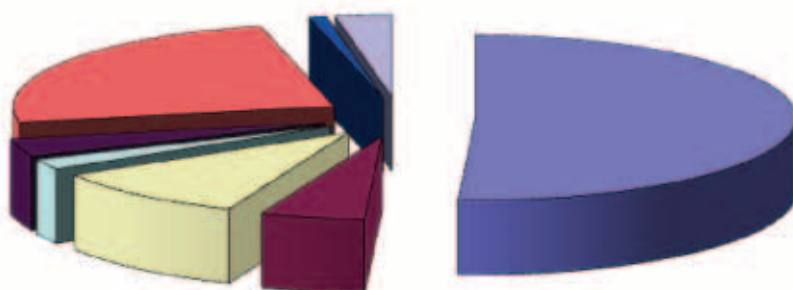


-  Scholarship Funds
-  Athlete & Coach Services
-  Consolidated Funds
-  Corporate/Trust Funds
-  Commonwealth Funds – Sports Programs
-  State Sporting Organisations
-  National Representatives

allocations

Sports Programs & Scholarships	\$1,177,919
Athlete Services	\$120,500
Sports Performance Unit	\$236,900
Athlete Career & Education	\$48,200
Talent Search	\$81,100
Operations	\$564,726
National Representatives Fund	\$20,000
Trust Funded Projects	\$65,850
Total Allocations 2007-2008	\$2,315,195

TIS Allocations 2007-08



- Sports Programs & Scholarships
- Athlete Services
- Sports Performance Unit
- Athlete Career & Education
- Talent Search
- Operations
- National Representatives Fund
- Trust Funded Projects