





**Commonwealth Games Selection** 

Commonwealth Games Australia is steadily building it's team for the 2022 Commonwealth Games to be held in Birmingham, England. TIS scholarship holders, Jacob Templeton (Para-Swimming) and Erica Burleigh (Para-Triathlon) are joined by Ariane Titmus (Swimming) and Hayden Armstrong (Para-Triathlon Guide) as

the first Tasmanians to be named to the Team. Tasmanian based cricketer Nicola Carey will also participate as a member of Australia's T20 Women's Cricket team. Jacob, Erica, Hayden and Nicola will make their Commonwealth Games debut while Ariane will compete at her second games seeking to add to the three gold medals she won in 2018.

Further information on each athlete can be found on the TIS website <u>Tasmanian Institute of Sport - 2022</u> Commonwealth Games Tasmanian Athlete Profiles (tis.tas.gov.au)

The Commonwealth Games will commence on 28 July and end 8 August. Photo: Jacob Templeton, Erica Burleigh, Ariarne Titmus and Hayden Armstrong

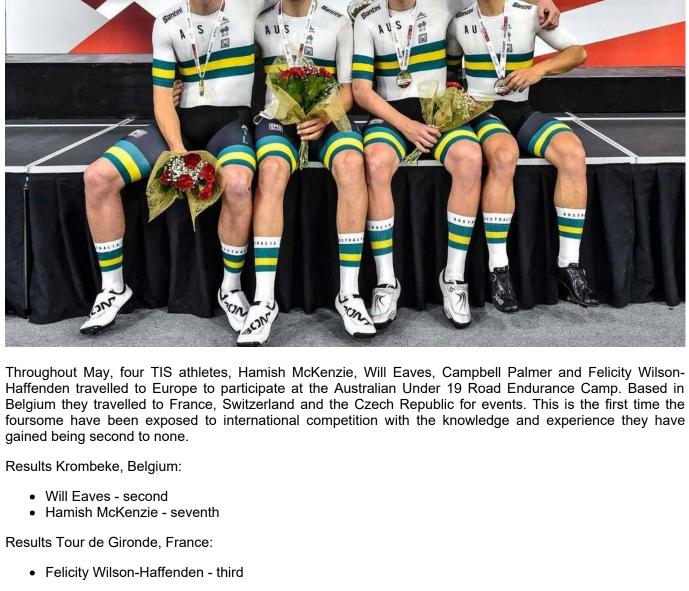
MEGA **Cycling Results** Josh Duffy achieved an excellent result for the TIS Cycling Program by winning Gold in the Men's Team Pursuit at the 2022 UCI Track Nations Cup in Milton, Canada. A new Men's Team Pursuit Team formed since

the Tokyo Olympic Games, the Australians clocked 3:56.183 in qualifying and were the quickest team on the track in the first round stopping the clock at 3:53.616. In the final against Italy, it was all one way traffic as the Australians overlapped the Italians and finished in a time of 3:56.042 to claim the Gold. This is the biggest win

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Photo: Josh Duffy (first left). Photo: Rob Jones, Canadian Cyclist

of Josh's career to date.



a one day race in the Netherlands. Gaining European race experience they competed against approximately 150 competitors, Anya placed 33rd and Lauren 68th. Anya then rode at the Veenendaal Classic, Netherlands where she finished 26th. In Mountain Bike racing Sam Fox, Cameron Ivory and Izzy Flint have competed in the MTB XCO World Cup Series and a number of side events. In Sonntag Austria, Sam placed seventh in the U23 Men's, the highest

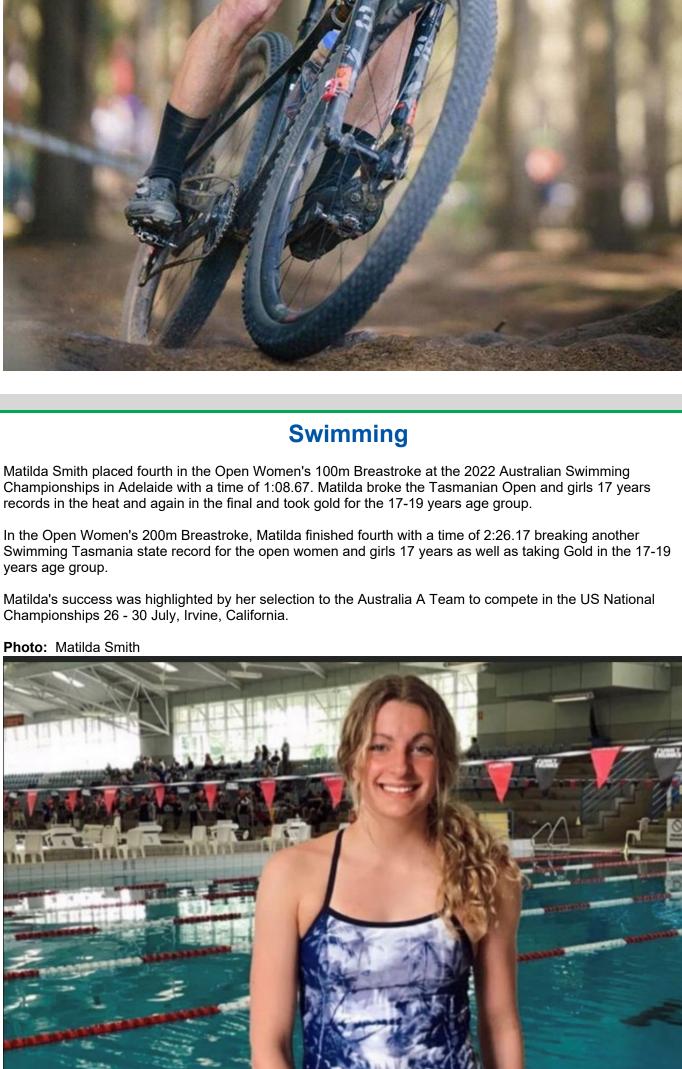
Anya Louw and Lauren Perry started off their European Season by competing in the Omloop der Kempen,

an Australian has placed, whilst Izzy placed 27th in the U23 Women's. Cameron in the Elite Men's finished 28th.

The second round of the World Cup was held in Albstadt, Germany, Sam placed 13th in the U23 Men's, Izzy 49th in the U23 Women's and Cam 92nd in the Elite Men's.

In round three of the World Cup, held in Nove Mesto na Morave, Czech Republic, Sam placed 29th in the U23 Men's, Izzy 48th in the U23 Women and Cam 69th in the Elite Men. Round Four of the World Cup will continue in Leogang, Austria in mid-June.

Photo: Cameron Ivory, Czech World Cup Credit: @piperalbrecht



## This event is an opportunity to qualify for the Oregon 2022 World Athletics Championships and Birmingham

Hamish Dalziel has been selected in the 2022 Australian Canoe Slalom Junior Team (K1) and will travel to

Athletics Australia announced it's Australian team for the Oceania Athletics Championships taking place in

Mackay, QLD from 7 - 11 June with four TIS athletes representing Tasmania:

Jacob Despard - 4 x 100m Relay Jack Hale - 100m, 4 x 100m Relay Alexander McKillop -100m T36 Hamish Peacock - Javelin

2022 Commonwealth Games.

**Other Sport Programs Activities and Results** 

Rowing World Cup 2 in Poznan Poland, 17-19 June and World Rowing Cup 3 in Lucerne Switzerland, 8-10 Photo: Sophie Robinson & Kate Oliver - Credit: The Mercury TIS Events The Tasmanian Institute of Sport conducted a four hour Mental Health in Sport Workshop on 16 May. Presented by AIS Mental Health referral Network (MHRN) Psychologist Lydia Black, attendees were able to discuss, workshop and upskill their education on Mental Health in Sport. The workshop was open to state sporting organisation high performance staff, sporting clubs, coaches and sports administrators. The workshop provided a unique opportunity to discuss and learn what resources are available to assist in the area of mental health affecting athletes from the grass root level through to high performance. Attendees were upskilled to recognise and utilise the key points in mental health awareness: Reach out Refer Remain Supportive Stewart Pither, Manager Performance Services, was pleased to see conversations and interactions of attendees dealing with a topic that is not easy to discuss and bring up with athletes. It was encouraging to see what pathways could be developed to improve safe environments for all within the Tasmanian sporting community. Further workshops are scheduled for the North and North-West of the state later in the year. For further information, please contact Stewart Pither at <a href="mailto:stewart.pither@tis.tas.gov.au">stewart.pither@tis.tas.gov.au</a> **Upcoming Events** Archery: Paris 2022 Hyundai Archery World Cup Stage Three, 21 - 26 June, Sarah Haywood

Alexander Kwa 3000m Steeplechase, Hamish Peacock, Javelin

World Rowing Cup 2, Poznan 17-19 June

Thursday 9 June 7pm to 8pm

**CYBER** 

**PROJECT** 

Henry Youl (Men's Cox Eight & Pair) and Georgia Nesbitt (Reserve in the Women's Lightweight Double Skull) are in Gavirate, Italy currently training at the AIS European Training Centre In preparation for the upcoming

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Registration link: <a href="https://bit.ly/TISSTAFF">https://bit.ly/TISSTAFF</a>

Thursday 9th June, 2022 at 7:00PM - 8:00PM (AEST)

EVENT FOR COACHES, ADMIN & SUPPORT STAFF

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In further road results, Georgia Baker won stage two of the Lotto Thüringen Ladies Tour in Germany. Georgia continues to show she is in great form whether it be on the track or on the road. In the same event, Nicole Frain finished ninth in the general classification, maintaining the form which saw her clinch the National Road Race title in January.

Photo: Sam Fox, Lorraine, France Credit: @piperalbrecht

**Archery** Korea was the venue for Archery's World Cup 2 where Sarah Haywood competed in the Women's Individual and Women's Team Recurve event. Sarah continues to get valuable exposure to international competition after a two year hiatus due to COVID-19. Sarah has been named to compete in the World cup 3 to be held in Paris in June. **Athletics** 

Ivrea, Italy, to compete in the Junior World Championships to be held 5-10 July. Kate Eckhardt will also be heading overseas after her selection to the National Senior Canoe Slalom team. Kate will compete in the upcoming International Canoe Federation World Cup Circuit and World Championships to be held at various venues throughout Europe. Photo: Hamish Dalziel

Canoe

Lawn Bowls Rebecca Van Asch has had a busy schedule during May. After completing a pre-Commonwealth Games tour to Birmingham with the Jackaroos, Rebecca competed in Bowls Premier League (BPL) #15 with the Tasmanian Tridents. Rebecca and the team had their best result so far in this competition format finishing fourth. Rebecca's individual performance was rewarded by being named in the BPL#15 All Stars team. Rowing In early May, four TIS athletes attended the National Underage Selection Trials which were conducted on Lake Burleigh Griffin, Canberra. Alexander Colley, Molly McCausland, Kate Oliver and Sophie Robinson all acquitted themselves well and posted some strong results over the week long selection trials. Two that stood out were Kate Oliver and Sophie Robinson who put some strong performances together after a successful Australian Championships. Both Kate and Sophie have been selected in the Australian Rowing Team which will represent Australia internationally in 2022. Kate and Sophie have been selected in the U23 Women's Lightweight Pair and will compete in their first international event at the World Championships in

Varese, Italy from 25 – 31 July.

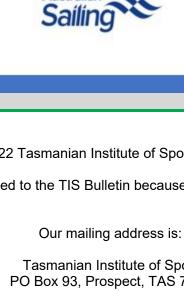
Registration link: <a href="https://bit.ly/TISSTAFF">https://bit.ly/TISSTAFF</a> Presented by Sam McCauley from the Cyber Safety Project, this presentation is not to be missed. For a flyer or more information contact Angela on email tisapplications@tis.tas.gov.au SAFETY CREATING A SAFE

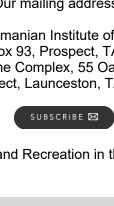
Cycling:

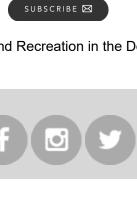
Rowing:

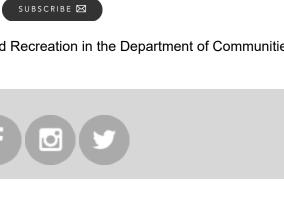
TASMANIA











Oceania Athletics Championships, 7-11 June, Mackay, QLD, Jack Hale 100m, Alexander McKillop 100m T36, Round Four World Cup, Leogang, Austria, 10-12 June, Izzy Flint, Sam Fox, Cameron Ivory European Road Season - Georgia and Anya and Nicole - various dates in June TIS Presents: Creating A Safe Online Community - Online Cyber safety Presentation Open to the all Tasmanian Sporting Community Coaches, Administrators and Support Staff, this free presentation will focus on strategies for maintaining professional digital relationships, how to handle cyberbullying, the latest trends and online habits of young people and more.

> ONLINE WEBINAR

RECOGNISED OLYMPIC TRAINING CENTRE

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