





## **Commonwealth Games Results**

Debuts, team flag bearer and 11 medals are amongst the achievements our Tasmanian athletes can be

proud of at the 2022 Commonwealth Games. Eddie Ockenden's fourth appearance at the Commonwealth Games as well as being the most capped Kookaburra was rewarded with being given the honour of Co-Flag bearer along with Rachael Grinham (Squash). Great recognition for his longevity as an elite athlete performing on the international stage. Tasmanian athletes contributed to 8 Gold and 3 Bronze medals to the overall Australian medal haul.

Congratulations to all Tasmanian athletes on their performances.

Georgia Baker, Cycling Gold, Team Pursuit Gold, Points Race

Gold, Road Race 4th, Individual Time trial Josh Duffy, Cycling Bronze, Team Pursuit

Sam Fox, Cycling 6th, Men's Cross Country 48th, Men's Road Race

**Emily Meaney, Diving** 5th, 10m platform Eddie Ockenden & Josh Beltz, Hockey

Gold

Rebecca van Ash, Lawn Bowls Section A women's triples Quarter final - loss, women's fours

Jacob Templeton, Para-Swimming Bronze, S13 50m Freestyle

Erica Burleigh, Para-Triathlon

6th, Women's PTVI Hayden Armstrong, Para-Triathlon (Guide)

6th, Men's PTVI **Ariarne Titmus, Swimming** 

Gold, 200m Freestyle Gold, 400m Freestyle Gold, 800m Freestyle

Gold, 200m Freestyle relay Jake Birtwhistle, Triathlon 4th. Elite Men's

Bronze, Mixed Teams Relay

Jacob Despard - Athletics DNF, 100m relay Jake Hale - Athletics DNF, 100m relay

**Stewart McSweyn - Athletics** DNS. 1500m

Image: Georgia Baker, Gold, Road Race

her journey with the TIS community.

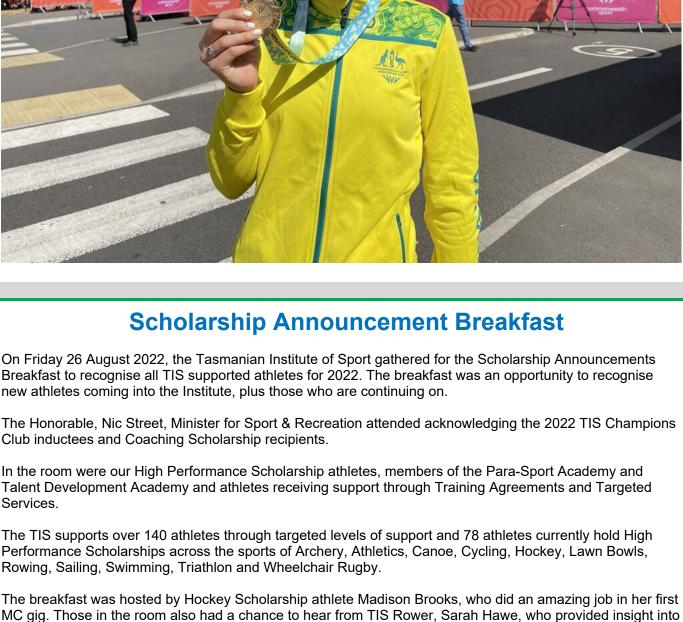
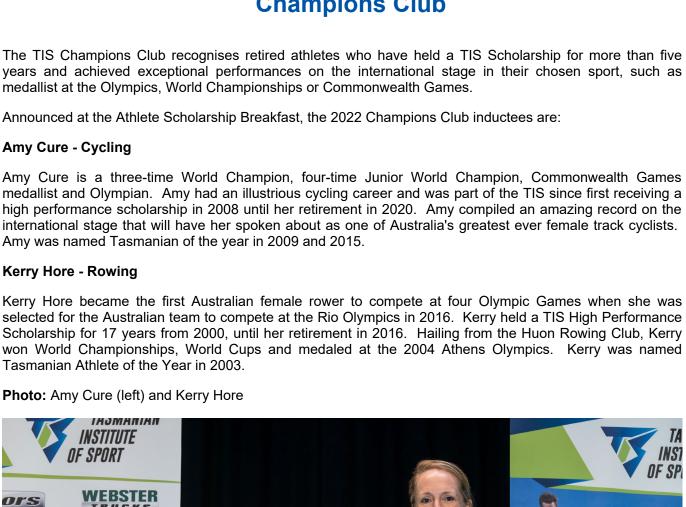


Image: Hon Nic Street (centre) with TIS Athletes

We thank all of those who joined us on the morning, celebrating all things #TeamTIS.

**Champions Club** 



**TIS Coaching Centre** 

The Tasmanian Institute of Sport Coaching Centre (TCC), is an initiative with the specific goal of increasing

ROWING

**Swimmir** 

Elizabeth Gray and Paul Crosswell.

Games finalist.

Paddle ( Australia

ming

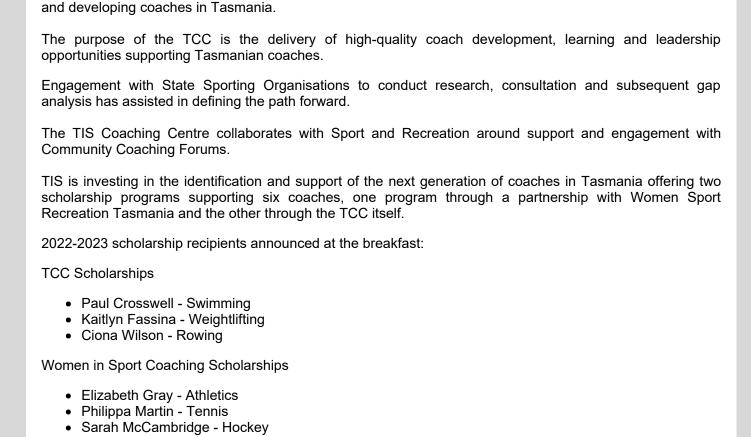


Photo: L-R Ciona Wilson, Kaitlyn Fassina, Hon. Nic Street, Sarah McCambridge & Philippa Martin. Absent

**Sport Program Actitivies Athletics** Stewart McSweyn finished third at the Diamond League, Lausanne, with a time of 3.30.18, just 0.67 off his



2022 World Championships in Racice, Czech Republic, 18-25 September - Henry Youl & Georgia Nesbitt

Largely an education session, athletes will complete a session in the gym and will work with a guest

Tuesday 4 October, 10:15am to 12:00pm at the Techno Park facility in Hobart.

presenter. For further information please contact Ilene Carr ilene.carr@tis.tas.gov.au

Our mailing address is: Tasmanian Institute of Sport PO Box 93, Prospect, TAS 7250 Silverdome Complex, 55 Oakden Road, Prospect, Launceston, TAS 7250

Copyright © 2022 Tasmanian Institute of Sport, All rights reserved.

You are currently subscribed to the TIS Bulletin because you are listed on our database.

SPORT INTEGRITY **AUSTRALIA** National Partners

Australian

SUBSCRIBE 🖂 The **TIS** is part of Culture, Arts and Sport in the Department of State Growth

AUSCYCLING

Selections also included a squad of 22 Jillaroos (National Junior Women) being named who are eligible for the 2023 Junior World Cup to participate in a culture camp at Earth Sanctuary Alice Springs from 18-23 August. Selected TIS athletes included Maddison Brooks and Camila Vaughan. The camp consisted of technical and tactical sessions as the Jillaroos began their campaign towards the Junior World Cup, located in Chile in December 2023. Outside of the pitch sessions the camp focused on connection with each other and connection to country. TIS Head Hockey Coach Tim Strapp, also attended the camp. Henry Youl and Georgia Nesbitt have both been selected in the Australian Team for the upcoming World Rowing Championships in Racice, Czech Republic. Henry will participate in the men's 8 and Georgia in the lightweight women's singles scull. Swimming Swimming program athletes have had a busy competition period during August. Noah Kamprad and Matilda Smith experienced their first international competition opportunities with Noah competing in the Junior Pan Pacific Games, Hawaii and Matilda swimming as part of the Australia A team at the USA Nationals, California and then backing up quickly to compete in the Duel in the Pool competition in Sydney. To round the month out, Matilda and Max Giuliani competed in the Short Course Nationals which provided further quality racing experience. **Upcoming Events** Cycling 2022 UCI Mountain Bike World Championships, Les Gets, France, 24-28 August Para-Sport Junior Talent Program The TIS has partnered with Paralympics Australia (PA) to develop the Para-Sport pathways within the state, with the aim to provide more targeted support for developing Junior Para-athletes The fourth session of the Para-Sport Junior Talent Program will be held in the upcoming school holidays on

Australian record. Sam Clifford won the Glenorchy 10K Fun Run in a time of 30:46 and attended the National Cross Country Championships in Adelaide, finishing 11th in a time of 33.36 and he was third in the U23 age group. Athletics Target Talent Program Camp (TTP) Held in Hobart and coordinated by Athletics Australia and Athletics Tasmania, athletes attended the TTP Camp which is the entry point towards the high performance pathway for Athletics Australia. Athletes went through comprehensive assessment and testing for their chosen event groups with specialist coaching over the weekend. Organised by TIS's Rob Ballard and Athletics Tasmania's Yvette Edwards, there were 28 athletes in attendance, six state league coaches, plus personal coaches and volunteer parents. Athletes were treated to training sessions from special guest coach Lindsay Watson, National coach NSW, who has coached multiple athletes to Olympics, Paralympics and World Championships.

Athletes heard from an invited expert panel, on the subject matter "Performance on the Day" as presented by Susan Andrews, 4x400m Commonwealth Games Gold Medalist and Brendan Hanigan, 800m Commonwealth

Peter Annis-Brown, Coordinator Mental Health First Aid, presented at the camp "BounceUp Personal

This month, the UCI MTB Cross Country World Championships were held in Les Gets, France. Sam Fox had a strong performance finishing 13<sup>th</sup> in the U23 Men's event. Tom Cheeseman in the same event finished 82<sup>nd</sup>. Cameron Ivory in the Elite Men's finished 83<sup>rd</sup>, whilst Izzy Flint was unable to make the start line due to Georgia Baker has been selected to represent Australia in her first UCI Road World Championships to be held in Wollongong in late September. Georgia will join fellow TIS athletes Hamish McKenzie and Will Eaves who will both compete in the U19 Men. Hamish and Will travelled to Wollongong with coach Matthew Gilmore recently for a training camp in preparations for the World Championships. Following on from their excellent form at the Commonwealth Games, Georgia Baker and Josh Duffy have been selected to compete at the 2022 UCI World Track Championships in Saint-Quentin-en-Yvelines, France from 12-16 October. Josh played a pivotal role in the Australian team at the recent Birmingham Commonwealth Games and will make his World Championship debut in the Elite category. Georgia will be the experienced hand in the women's team. Hockey Following on from strong individual performances from the recent Hockey Australia U21 men's and women's nationals conducted in WA in July, Joshua Brooks, Maddison Brooks and Evie Dalton were selected to the 2022 National Junior Squads.

The TIS gratefully acknowledges the valuable support received from: NEBSTEK motors TRUCKS **TASMANIA** The TIS acknowledges our Strategic and **National Program Partners:** Strategic Partners

