

Commonwealth Games

The 2022 Birmingham Commonwealth Games is about to get under way. Eddie Ockenden, Kookaburras captain, making his fourth Commonwealth Games appearance, has been awarded the privilege along with Squash athlete Rachael Grinham to co-carry the Australian Flag at the Opening Ceremony.

The Commonwealth Games 2022 opening ceremony will begin on Friday at 05:00 AEST.

Friday 29 July is the first day of competition for Tasmanian Athletes with Jake Birtwhistle (Triathlon), Ariarne Titmus (Swimming) and Georgia Baker & Josh Duffy (Cycling) leading the way.

Tasmanian Athletes will be competing across all days of the Games competition until the closing ceremony on the 8 August.

Making their Commonwealth Games debuts will be:
 Jacob Despard - Athletics
 Josh Duffy - Cycling - Track
 Sam Fox - Cycling - MTB & Road
 Emily Meaney - Diving
 Jacob Templeton - Para-Swimming
 Erica Burleigh - Para-Triathlon
 Hayden Armstrong - Para Triathlon (guide for Gerrard Gosens)

Appearing at their second Games will be:
 Jack Hale - Athletics
 Stewart McSweyn - Athletics
 Georgia Baker - Cycling - Track & Road
 Rebecca Van Asch - Lawn Bowls
 Jake Birtwhistle - Triathlon
 Ariarne Titmus - Swimming

Tasmanian based cricketer Nicola Carey will also make her Commonwealth Games Debut in the Women's T20 Cricket.

We wish all of our Tasmanian athletes all of the very best for the Games.

LINKS

Birmingham Commonwealth Games: www.birmingham2022.com

Commonwealth Games - Australia: www.commonwealthgames.com.au

[Click here for further information on each athlete](#)

Rowing Results

In July, Henry Youl, Sarah Hawe and Eve Mure competed at the famous Royal Henley Regatta. Sarah (Heavyweight Coxless Four) and Eve (Women's Quad Scull) both had good regatta's eventually bowing out in the Semi Finals, whilst Henry in the Men's Eight made it through to the final. Sitting in the bow seat Henry and the Eight put in a strong performance finishing just behind the winners Oxford Brookes University and Leander Club.

World Cup III was the next stop for Henry Youl as the Men's Eight looked to improve on their second place finish at the hands of the strong German team at World Cup II in Poland. Whilst they were able to overcome the Germans this time around, it would be the British team that would stand in the way of a top spot on the podium. The team is demonstrating strong performances as they build towards the World Championships in Racice, Czech Republic, 18-25 September.

Kate Oliver and Sophie Robinson have competed at the 2022 World Rowing Under 19 and 23 Championships in Varese, Italy. Racing in the semi-finals of the Lightweight Coxless Women's Pair, they qualified for the B Final.

Photo: Henry Youl (eighth from left)

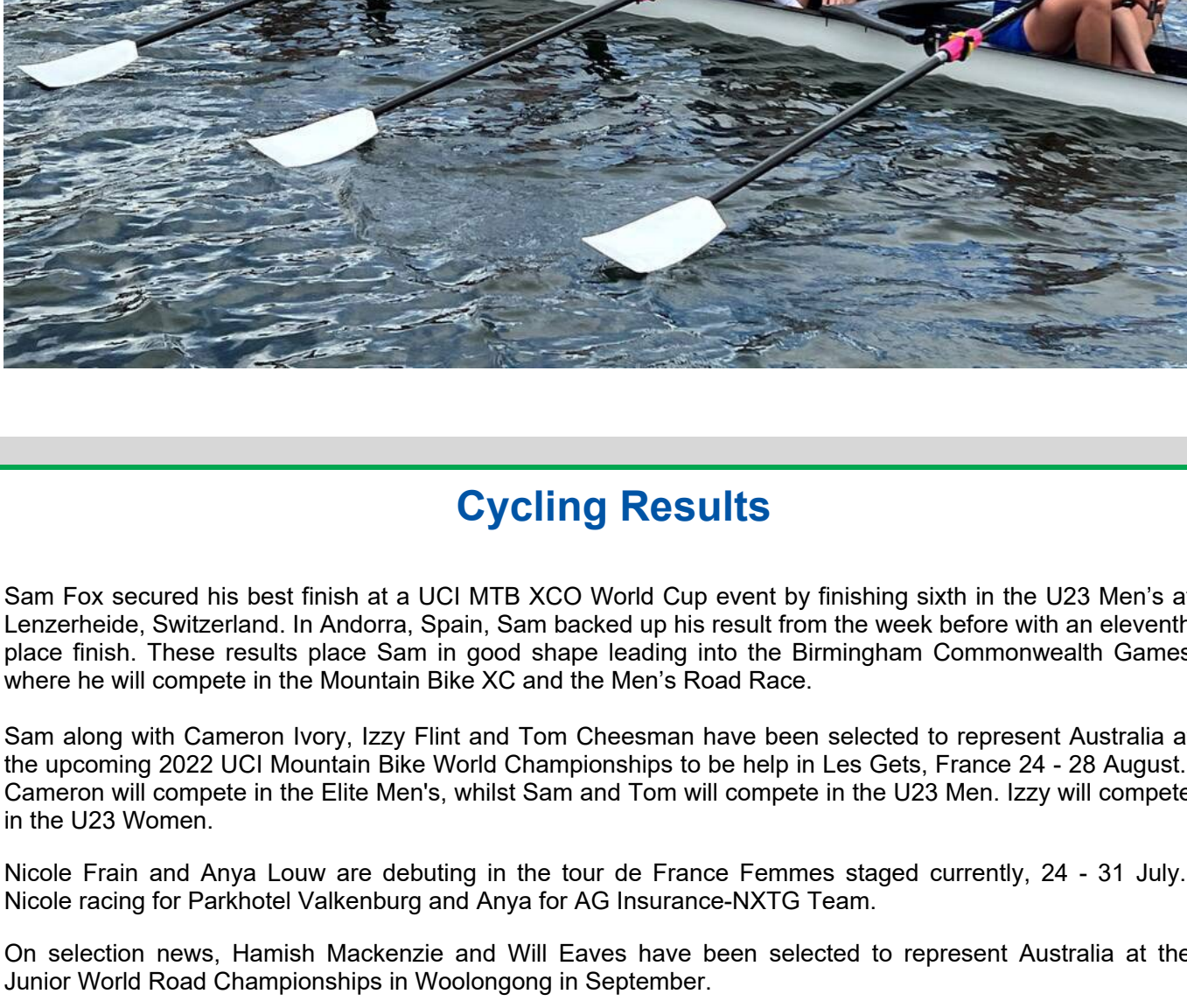
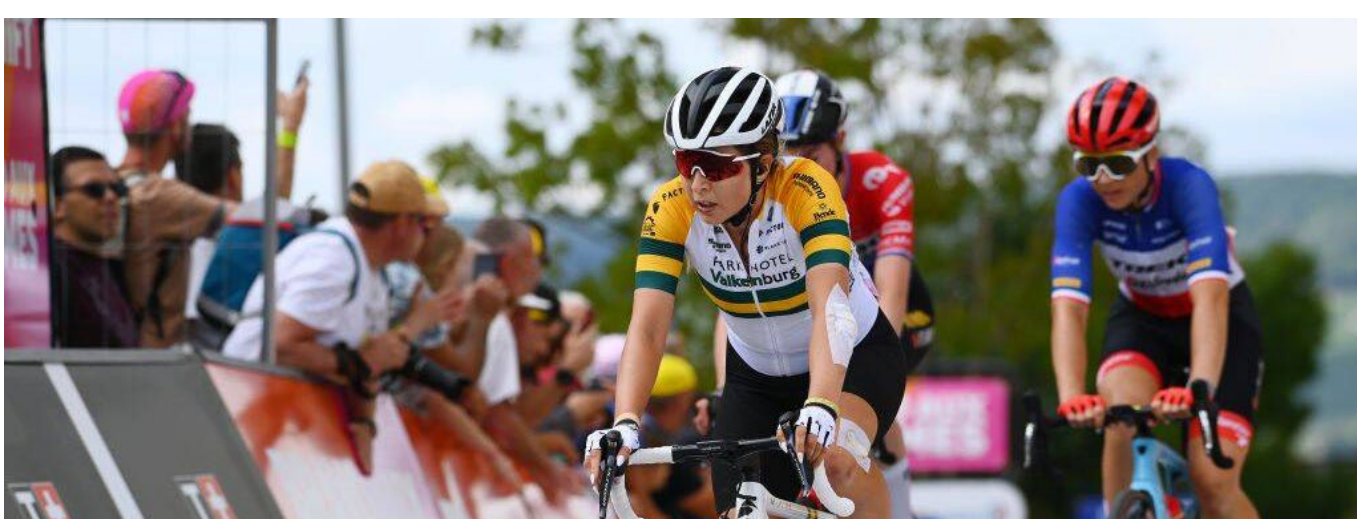


Photo: Eve Mure (second from right)



Cycling Results

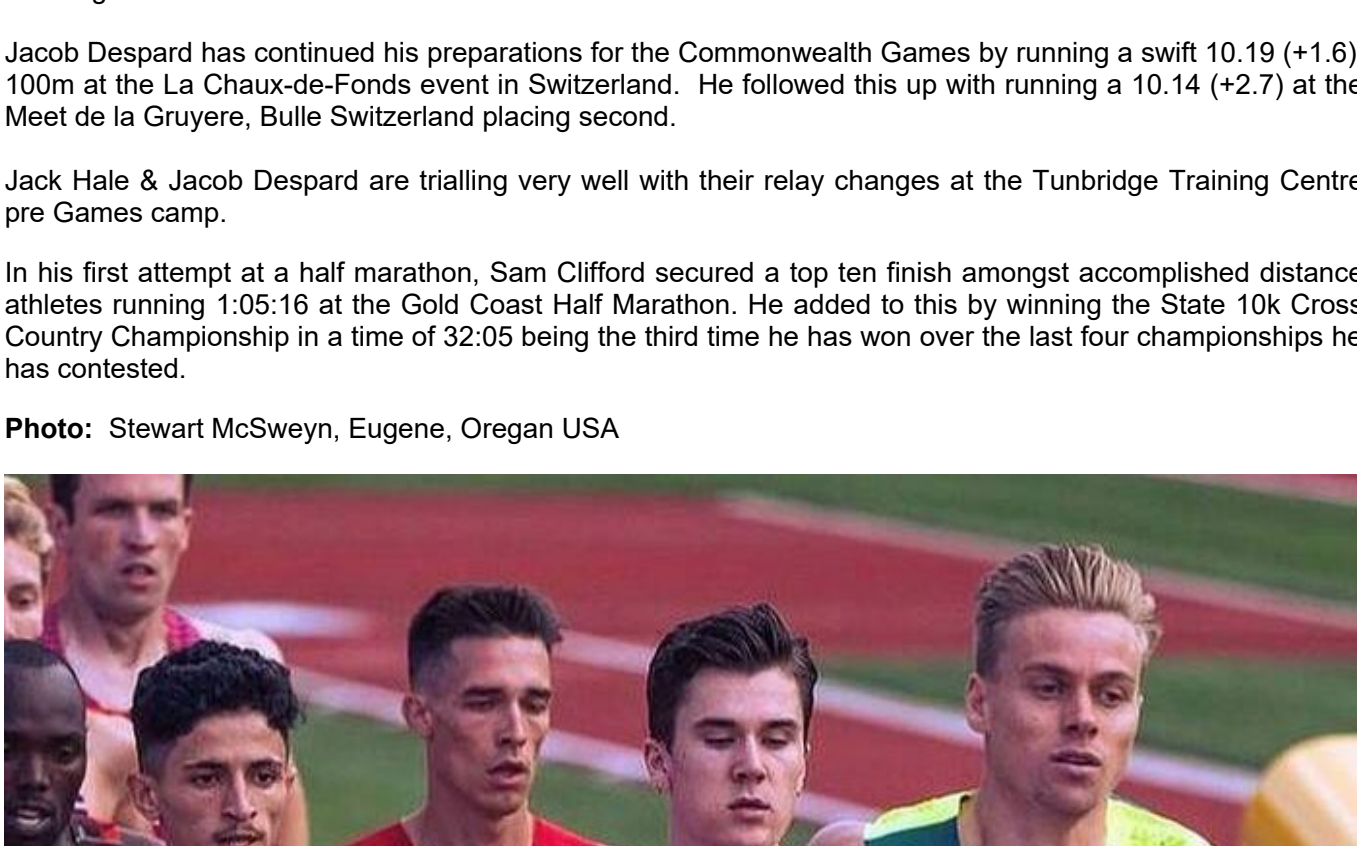
Sam Fox secured his best finish at a UCI MTB XCO World Cup event by finishing sixth in the U23 Men's at Lenzerheide, Switzerland. In Andorra, Spain, Sam backed up his result from the week before with an eleventh place finish. These results place Sam in good shape leading into the Birmingham Commonwealth Games where he will compete in the Mountain Bike XC and the Men's Road Race.

Sam along with Cameron Ivory, Izzy Flint and Tom Cheesman have been selected to represent Australia at the upcoming 2022 UCI Mountain Bike World Championships to be held in Les Gets, France 24 - 28 August. Cameron will compete in the Elite Men's, whilst Sam and Tom will compete in the U23 Men. Izzy will compete in the U23 Women.

Nicole Frain and Anya Louw are debuting in the tour de France Femmes staged currently, 24 - 31 July. Nicole racing for Parkhotel Valkenburg and Anya for AG Insurance-NXTG Team.

On selection news, Hamish Mackenzie and Will Eaves have been selected to represent Australia at the Junior World Road Championships in Woolongong in September.

Photo: Nicole Frain



More from Sports Programs

Athletics

Stewart McSweyn competed in the World Athletics Championships held in Eugene, Oregon USA with a season best 3:33.24 in the 1500m final (ninth in the world). This places Stewart in a promising position for Commonwealth Games success. Great work Stewart.

At the Stockholm Diamond League, Stewart bounced back from complications with long-Covid, to record an Australian all-time third best 3000m performance of 7:31.93. (Stewart holds the other 2).

Jagga Pybus and Alexander Kwa are away in Europe as members of Athletics Australia's U23 Development team. In their first competition opportunity, the England U20/U23 championships, Alexander finished second in the 3000m Steeple Chase (9:12.31) and Jagga reached the 100m semi finals finishing fourteenth overall.

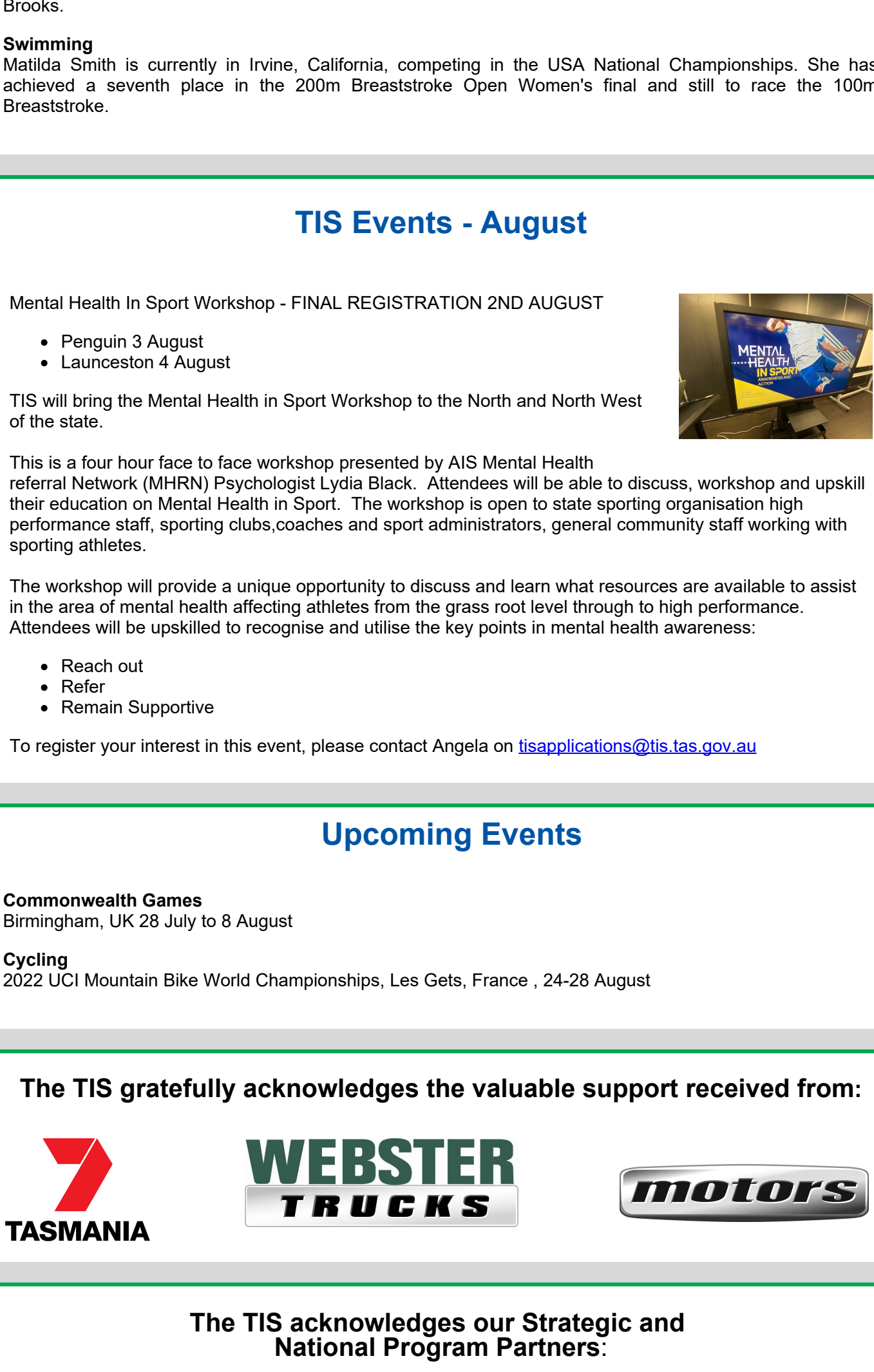
In Ireland, the second leg of the development tour, Jagga competed in the AAI Games, in the 4x100m relay finishing second.

Jacob Despard has continued his preparations for the Commonwealth Games by running a swift 10.19 (+1.6) 100m at the La Chaux-de-Fonds event in Switzerland. He followed this up with running a 10.14 (+2.7) at the Meet de la Gruyere, Bulle Switzerland placing second.

Jack Hale & Jacob Despard are trialling very well with their relay changes at the Tunbridge Training Centre pre Games camp.

In his first attempt at a half marathon, Sam Clifford secured a top ten finish amongst accomplished distance athletes running 1:05:16 at the Gold Coast Half Marathon. He added to this by winning the State 10k Cross Country Championship in a time of 32:05 being the third time he has won over the last four championships he has contested.

Photo: Stewart McSweyn, Eugene, Oregon USA



Canoe

Ausberg, Germany is the venue for the 2022 Canoe Slalom World Championships. Kate Eckhardt has a busy schedule competing in the Women's K1, C1 and Extreme Slalom events. This is the first opportunity Kate has had to compete in the World champs since 2018. We look forward to seeing Kate's results.

Hamish Dalziel competed in his first junior world championships in Ivrea, Italy, making the semi-finals. Although not advancing to the final the experience has been invaluable as he moves into the U23 age group next year.

Hockey

Perth was the venue for the recent Hockey Australia U21 men's and women's nationals, the first opportunity for the event to be staged since the start of the pandemic. 12 hockey program athletes participated across the two teams and relished the opportunity to compete in the age group after a long absence.

Results

Men – Sixth
 Cami Brooks, Magnus McCausland, Max Larkin, Oli Pritchard, Ruben Hoey, Max Johnstone

Women – Fifth
 Cami Vaughn, Emily Rockefeller, Evie Dalton, Isabelle Kruijnk, Maddison Brooks, Madison Clark, Taylor Brooks.

Swimming

Mellica Smith is currently in Irvine, California, competing in the USA National Championships. She has achieved a seventh place in the 200m Breaststroke Open Women's final and still to race the 100m Breaststroke.

TIS Events - August

Mental Health In Sport Workshop - FINAL REGISTRATION 2ND AUGUST

- Penguin 3 August
- Launceston 4 August



TIS will bring the Mental Health in Sport Workshop to the North and North West of the state.

This is a four hour face to face workshop presented by AIS Mental Health referral Network (MHRN) Psychologist Lydia Black. Attendees will be able to discuss, workshop and upskill their education on Mental Health in Sport. The workshop is open to state sporting organisation high performance staff, sporting clubs, coaches and sport administrators, general community staff working with sporting athletes.

The workshop will provide a unique opportunity to discuss and learn what resources are available to assist in the area of mental health affecting athletes from the grass root level through to high performance. Attendees will be upskilled to recognise and utilise the key points in mental health awareness:

- Reach out
- Refer
- Remain Instructive

To register your interest in this event, please contact Angela on tisapplications@tis.tas.gov.au

Upcoming Events

Commonwealth Games
 Birmingham, UK 28 July to 8 August

Cycling
 2022 UCI Mountain Bike World Championships, Les Gets, France , 24-28 August

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The TIS acknowledges our Strategic and National Program Partners:



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