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TIS Athlete Exit and Transition Policy (July 2025)

Tasmanian Institute of Sport



TIS Athlete Exit and Transition Support

This summary outlines the Tasmanian Institute of Sport's (TIS) approach to supporting athletes as they exit from TIS programs. It reflects our commitment to athlete wellbeing and smooth transitions.

1. Purpose

The TIS aims to support athletes transitioning out of high performance programs through respectful, consistent, and athlete-focused processes.

2. Scope

This applies to TIS scholarship, training agreement, and performance squad athletes who have been part of the program for 12 months or more.

3. Guiding Principles

- Athlete wellbeing is a priority.
- Communication is clear and respectful.
- Transitions are supported with planning and care.

4. Transition Definitions

Transitions can include:

- Entry into high-performance
- Internal changes
- Exits from programs
- Retirement from sport

5.1 Exit Planning & Communication

Exit planning is led by the coach and sport coordinator, with athlete wellbeing central to all discussions. Athletes may be offered an exit interview and screening.

5.2 Wellbeing and Support Services

Athletes are offered support with career, education, and mental health. Follow-up check-ins are coordinated over the 12 months post-exit.

5.3 Transition Support

Support is tailored and may include continued training, wellbeing services, or education planning. No financial entitlements are guaranteed.

5.4 Follow-Up and Ongoing Engagement

Exiting athletes are invited to stay connected through alumni events such as the TIS Awards Night and Athlete Breakfast.

5.5 Special Circumstances

Additional support may be approved in exceptional cases.

6. Administration & Oversight

All transitions are recorded in internal systems. Information is handled confidentially and in line with TIS procedures.