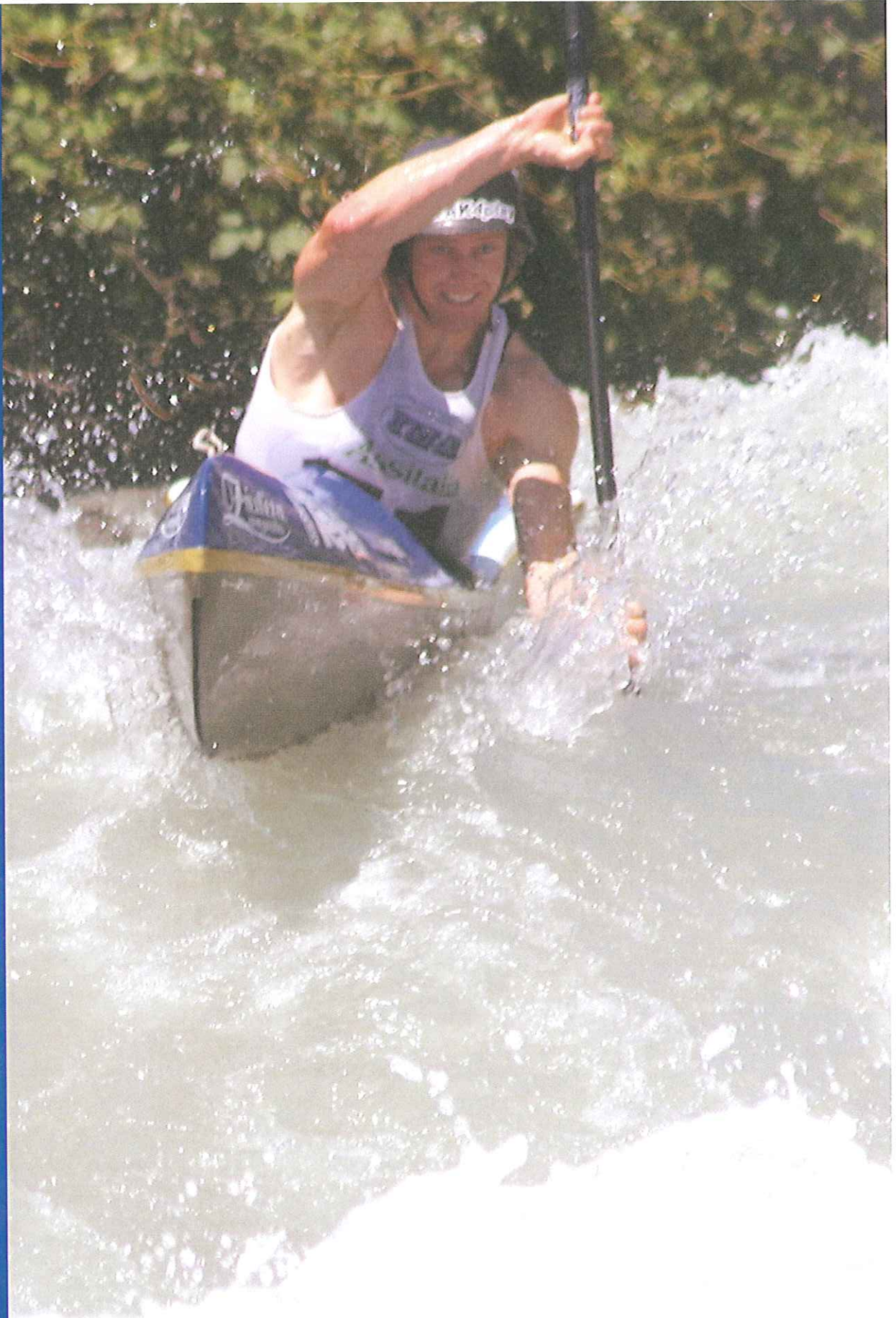




Tasmanian Institute of Sport



ANNUAL REPORT/YEARBOOK

2006-07

ISSUE 60 - SEPTEMBER 2006
TASMANIAN INSTITUTE OF SPORT
TIS BULLETIN

Hanny's success is an inspiration

By **TIS Director PAUL GASTON**

It's a great pleasure to see our athletes achieving success at the highest level of their sport. Hanny's success is an inspiration to all of us at TIS. She has shown that with hard work and dedication, anything is possible. Her success is a testament to the hard work and dedication of all our athletes. We are proud to have her represent Tasmania at the highest level of her sport. Her success is an inspiration to all of us at TIS. We are proud to have her represent Tasmania at the highest level of her sport. Her success is an inspiration to all of us at TIS. We are proud to have her represent Tasmania at the highest level of her sport.

ISSUE 61 - DECEMBER 2006
TASMANIAN INSTITUTE OF SPORT
TIS BULLETIN

Hanny named 2006 TIS Athlete of Year

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ISSUE 62 - MARCH 2007
TASMANIAN INSTITUTE OF SPORT
TIS BULLETIN

Cyclists on the road to impressive year

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ISSUE 63 - JUNE 2007
TASMANIAN INSTITUTE OF SPORT
TIS BULLETIN

Basketballers treated to view from the top

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Front cover: Dan Hall on his way to silver at World Cup #5 in Italy.

minister's *foreword*

The Tasmanian Institute of Sport (TIS) has enjoyed a year where, again, TIS athlete performances have been world class.

A total of six world champions were crowned during the year, which is a spectacular result.

The achievements of all TIS athletes are a direct result of the high-quality programs developed and administered by the Institute, which continues to enjoy the support of the State Government.

Through its commitment to the development of Tasmania's elite athletes and coaches the State Government has allowed the Institute to maintain its place as a quality contributor to elite athlete development within the national elite sport network.

On behalf of the people of Tasmania, I acknowledge and thank the members of the Tasmanian Institute of Sport Board of Management, under the chairmanship of Mr Denis W Rogers AO, for the strategic direction and guidance they continue to provide to the TIS.

I also recognize the dedication and professionalism of all Institute staff in their provision of high-quality service to Tasmania in the development of elite athletes and coaches.



Finally, I congratulate the TIS athletes and coaches on their wonderful accomplishments during the year. I look forward to witnessing the achievements of Tasmanian athletes in the coming year and wish all athletes every success in 2007-08, particularly those aiming for selection to compete at the 2008 Olympic Games in Beijing.

Michelle O'Byrne, MP
Minister for Community Development

chairman's *report*

This year Tasmanian athletes have once again taken on and beaten the world's best.

The six world championships won by Tasmanian Institute of Sport (TIS) athletes highlight the many outstanding performances achieved during the course of the year.

This success is not only a tribute to the talent and dedication of each athlete, but also reflects the passion and commitment of the TIS as it works to ensure quality programs are in place that allow each athlete the opportunity to maximise their talent.

I would like to congratulate and pay tribute to all the athletes and coaches of the TIS. The high standard of your performances continually places Tasmania on the world sporting stage.

I would like to acknowledge and thank the Department of Economic Development for its ongoing support. This support ensures the TIS provides the best possible services to athletes and coaches, which have allowed them to consistently produce world-class athletes.

I would also like to acknowledge the support provided by the Federal Government, through the Australian Sports Commission, which plays an important part in assisting the TIS to conduct high-standard national programs.

I sincerely thank all the corporate partners who also provided valuable assistance to the TIS.



The TIS Board and staff greatly appreciate the positive association with all our partners and we look forward to many more years of involvement with them.

To my fellow directors and TIS staff, I extend my personal thanks for your ongoing support and commitment. I would especially like to acknowledge the contribution of Deputy Chairman Ken Read, who resigned during the year after 16 years of service on the Board of Management.

With the 2008 Olympic Games in Beijing now the major focus, I would especially wish those athletes striving for Olympic selection the very best of success.

A handwritten signature in black ink, appearing to read 'D. Rogers', written over a set of horizontal lines.

Denis W Rogers AO
Chairman
Board of Management

director's report

The year has seen TIS athletes continuing to produce significant performances in a variety of sports, including winning six world championships.

We marked a milestone in the Institute's history with our 21st year of operations. This was further highlighted with the establishment of the TIS Champions Club and the inaugural induction into the club of 10 former champion athletes in Darren Balmforth, Justin Boocock, Simon Burgess, Melissa Carlton, Daniel Collins, Stephen Hawkins Bianca Langham-Pritchard, Daniel Sproule, Nick Rogers and Paul Wiggins.

The TIS has continued to develop its service capacity with additional staff joining the organisation and new programs being established. The Sports Performance Unit has made a significant contribution in providing quality services to TIS athletes across the whole spectrum of sports science and sports medicine services, as well as



support to visiting national teams and squads during the year.

The construction of a purpose-built Strength and Conditioning facility at the TIS Silverdome complex as well as office accommodation and sports performance laboratory at Wirksworth House in Hobart will be important developments to assist in improving the delivery and impact of the

Inducted into the TIS Champions Club were, from left, Nick Rogers, Simon Burgess, Paul Wiggins and Darren Balmforth.



services and support provided to assist the development of Tasmanian elite athletes.

The scholarship program has provided quality services through the various programs to 104 athletes during the year. All athletes have enjoyed access to a standard of support that has given them the best possible home-based training environment.

These activities and developments would not be possible without the significant support provided by the Tasmanian Government whose ongoing commitment continues to provide us with opportunities to assist Tasmanian athletes to achieve at the highest possible level.

The TIS has maintained strong partnerships with all the members of the National Elite Sports Council, the Australian Sports Commission, the Australian Olympic Committee and the Australian

Commonwealth Games Association, as part of the national elite sports network.

The Board of Management, under the chairmanship of Denis W Rogers, AO, continues to provide strong strategic leadership and guidance in assisting the TIS to achieve its goals.

Finally, I congratulate the athletes and coaches for the results achieved this year which bear great testimony to their dedication and commitment to achieve their very best.



Paul Austen
Director



Inducted into the TIS Champions Club were, from left, Daniel Sproule, Bianca Langham-Pritchard, Justin Boocock, and Melissa Carlton.

administration

Athlete Awards Dinner

Orienteering World Champion Hanny Allston capped off a remarkable year by taking home three awards from the 2006 Tasmanian Institute of Sport (TIS) awards – Athlete of the Year, Junior Athlete of the Year and joint Female Athlete of the Year. The awards were held at Wrest Point on Friday 3 November 2006.

Hanny has enjoyed an exceptional year, being the first Australian athlete to win a world orienteering championship, securing both junior and senior world titles in 2006. Hanny's win at the world championship in Denmark came less than a month after she won the junior world title in Lithuania.

Hanny shared the Female Athlete of the Year award with Australian Opals basketball gold medallist Hollie Grima and world champion rower and bronze medallist Kate Hornsey. The trio are a testament to the exceptional level of success that has been achieved by Tasmania's elite female athletes in 2006.

The TIS Male Athlete of the Year award went



*Jeanne Pennington
Executive Assistant*

to cyclist Matthew Goss who had an outstanding year, winning gold at the World Track Championships in the 4000m team pursuit event.

He also secured a silver medal in the same event at the Commonwealth Games and a number of significant performances in prestigious road races in Europe.

There were 338 guests in attendance, taking the opportunity to celebrate 21 years since

*TIS Athlete of the
Year award
winners, from left,
Hollie Grima,
Matthew Goss
and Hanny
Allston.*



the Tasmanian Institute of Sport commenced operations. Among the guests were many former athletes, staff and Board Members as we took a walk down memory lane with both a DVD and pictorial tribute to the history of the TIS.

Tim Lane, as MC, continued to bring out the best in our athletes with his investigative interview techniques and vast knowledge of elite sport. Comedian Ben Price engaged the crowd with his outstanding impersonations of some of our most-loved sporting personalities and stars of the stage and screen.

At the awards, we announced the establishment of the TIS Champions Club which will acknowledge our most outstanding athletes over time and conducted the first induction into the club.

The 10 inaugural inductees of the club are Darren Balmforth, Justin Boocock, Simon Burgess, Melissa Carlton, Daniel Collins, Stephen Hawkins, Bianca Langham-Pritchard, Daniel Sproule, Nick Rogers and Paul Wiggins.

School Expos

During 2006-07 TIS athletes, coaches and staff conducted School Expos at Newstead and Rosebery.

Newstead College won a special statewide Coca-Cola Amatil and TIS competition to see Olympians, Commonwealth Games and World Championships medallists attend a day of sporting activities at the school.

Coca-Cola Amatil and the TIS invited primary and secondary schools to participate in a competition to collect as many labels as possible from Coca-Cola Amatil products Powerade, Fruitopia Juice, Mount Franklin water and Pump water. The school collecting the most labels won the visit from TIS staff and elite athletes as well as sporting equipment of the school's choice up to \$1,000. Newstead College was a clear winner.

Athletes hosting the Newstead College Expo were Commonwealth Games medallists Donna MacFarlane and Matthew Wells, World Champion Junior and Senior Orienteering athlete Hanny Allston, bronze medallist at the World Under 23 Rowing Championships, Blair Tunevitsch and TIS basketball athlete Cameron Witt.



Students take part in a School Expo at Rosebery.

Staff and athletes travelled overnight to Rosebery for an expo in June 2007. The cool temperatures did not deter TIS netball athletes Ebony Keygan, Lauren Miller and Amy Saunders and TIS basketball athlete Jessie Humphries from inspiring students from St Joseph's Primary School, Zeehan Primary School, Strahan Primary School, Rosebery Primary School and Rosebery High School.

The students participated in various activities including basketball, netball, hockey, fitness ball activities, a 20m sprint, an agility test and more. Also assisting the day to run smoothly were Sport and Recreation Tasmania staff member Joan Wylie and TIS work experience student Nicole Young.

The aim of conducting these expos is to encourage school children in rural and regional areas to participate in sport and to lead healthy and active lifestyles. These children are exposed to TIS elite athletes and are able to use elite-level sporting equipment.

Staff

The Institute experienced a number of staff changes across all areas of the organisation in 2006-07.

Administration

Within the administration area Jeanne Pennington was appointed to the upgraded position of Executive Assistant in September 2006. Claire Deavin started in September in a newly created trainee role to provide more support for reception and general administration services.

In March 2007, Project Support Officer Denise Hansson was granted 12 months leave without pay and Claire moved into that position in an acting capacity.

Tegan Raabus started in the trainee position in late April 2007. She will undertake a Certificate III in business for a two-year term.

Sports Programs

Carl Saunder joined the TIS in the role of Athlete and Coach Services Coordinator in mid-January 2007. Carl has a bachelor of commerce degree with majors in sports management and marketing from Deakin University, Melbourne.

Between 1998 and 2006 he held various positions with the Hawthorn Football Club, including assistant to the recruiting and football managers, football administration coordinator and assistant football manager.

Tracey Robinson was appointed Netball Coach in February 2007 to oversee its new Elite Development Squad program. Tracey has spent the past 10 years as the Head Coach of the NSW (North Coast) Regional Academy of Sport and coached the NSW Under 17s to the National title in 2006. She was also a selector for NSW State teams, merit teams and talent squads.

Darren Balmforth moved from the Rowing Coach position in early February 2007 to take up a national coaching position based at the AIS in Canberra.

Ron Batt took up the Rowing Coach position in mid-May. Ron, a former rower, has had 12 years' rowing coaching experience, including coaching at international, national and state levels. Before starting at the TIS, Ron was Head Coach with the St George Rowing Club in Sydney.

The instigation of a football program focused on developing junior talent saw the arrival of Bruce Stowell (Football Coach – Men's Program) and Vicki Linton (Football Coach – Women's Program) to the TIS in June 2007.

Bruce comes to the position with a long coaching history and was most recently responsible for implementing football development programs in Queensland.

Vicki brings with her a diverse coaching career including coaching junior teams to Australian National Championship success.

Athlete Career and Education (ACE)

Jamie Cox left the Athlete Career and Education (ACE) Consultant role in December 2006 to take up a position with the National ACE program in Canberra.

This saw David Newett take up the Athlete Career and Education Consultant position in mid-April 2007. Having grown up in Queenstown on the West Coast, David left Tasmania to attend university in Adelaide where he gained his human movement degree. David has worked as a personal trainer, is a qualified electrician and coach of the Glenorchy Football Club

Sports Performance Unit

Emily Parker replaced Angela Hayes in the Talent Search Coordinator position in November 2006. Emily, originally from Hobart, moved to Canberra after finishing school to study at the University of Canberra and to take up a football scholarship with the ACT Academy of Sport (ACTAS).

Emily graduated in 2004 with a double degree in applied science/sports science and applied physiology. Emily's work history includes casual work for ACTAS, conducting testing sessions of scholarship holders as well as school-age children, as part of the National Talent Search Program. Emily has also worked as a fitness consultant and in sports administration.

In January 2007, Sean Murphy joined the TIS as its new Sports Performance Officer. Sean completed a bachelor of applied science (human movement) degree at RMIT University, Melbourne, and has completed a physical preparation traineeship at the Victorian Institute of Sport, gaining valuable knowledge and skills from some of the leading strength and conditioning coaches.

Sean has also worked with Netball Victoria as a sports scientist/physical preparation coach, as head strength and conditioning coach at a private girls' school in Melbourne for its rowing program, and for a private business in Melbourne aimed at young

developing athletes.

March 2007 welcomed a new aspect to the TIS Sports Performance Unit with Matthew Driller joining as a PhD student in a joint initiative with the University of Tasmania.

Publications and website

The TIS website continued to be managed by TIS Program Support Officer Denise Hansson and then by Claire Deavin following Denise's departure.

The *TIS Bulletin* was published regularly as part of the Institute's ongoing promotional activities, acknowledging corporate sector support and providing information to the community on Institute activities and the achievements of its athletes.

As a final note, we would like to acknowledge the support of staff in the Corporate Services division of the Department of Economic Development for the many services they provided to the Institute during the year.

Strategic plan

In May 2007 all TIS staff participated in a two-day strategic planning session at Tarraleah. Facilitated by Greg Johannes, Deputy Secretary, Tasmanian Department of Economic Development, and assisted by Elizabeth Jack, Director of Sport and Recreation Tasmania, the primary focus was to develop the framework for a TIS strategic plan covering 2009-13. Staff also undertook a review of the 2005-09 strategic plan.

corporate partnerships

The TIS receives valuable support from partnerships with leading corporations. These partnerships allow important components to be value-added to the Institute's athlete and coach development activities.

As one of the TIS' major sponsors, Coca-Cola Amatil provided valuable support which allowed the Institute to continue with the PowerAde Schools Program providing valuable exposure and training to our athletes.

Motors Pty Ltd continue to be an important supporter of the TIS and the NTC Rowing program through the provision of two motor vehicles.

New companies to join us during the year were Index Mineral Processors, providing support to assist with the development of Basketball coaches and Regional Imaging Tasmania providing priority access for athletes to their medical imaging services.

Other companies that assisted the TIS this year were J Boag & Son, Southern Cross Television, Wrest Point Casino, and The Denture Centre.

Avanti, Cyclingnews.com, Santini Cycling Clothing and Specialized Helmets and Shoes continue their valuable assistance to the TIS NTC Cycling program.

Long-term supporters of the TIS in B&E Ltd and J Boag & Son concluded their partnerships with the TIS during the year and



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we thank them for their contribution to the Institute.

The importance of all these organisations to the TIS cannot be overstated as they provide many extra benefits to our athletes. These benefits in turn provide that extra edge in performance to each athlete that not only gives them confidence but plays an important role in their development.

We sincerely thank all these companies for their important investment in Tasmania's athletes and their future.

We also acknowledge the support of our public relations consultants, Corporate Communications – in particular Nick Turner – for their assistance with the Institute's media and corporate activities throughout the year.

We extend our sincere thanks to the fitness centres around the state that have, over many years, continued to provide access to our athletes to assist their preparation for national and international competition. These include Tattersall's Hobart Aquatic Centre and Oceana Health and Fitness in Hobart, Healthglo Fitness and Leisure in Burnie, Health and Fitness World in Launceston and Glenorchy and Theogenes Health and Squash Centre in Launceston.



Cycling Program Sponsors



sports performance

The Sports Performance Unit (SPU) has effectively provided extensive services to Tasmanian Institute of Sport (TIS) athletes and coaches in the past year. Services have included sports science testing, performance analysis, athlete monitoring, sports medicine services, physical preparation services and talent identification projects.

The SPU has concentrated on assisting athletes selected to national teams and worked hard developing Tasmanian-based performers. The SPU's key activities have included:

- Extensive support to TIS Hockey squad leading into and during the Australian Hockey League (AHL) finals.
- Support at Rowing nationals and selection regatta.
- Continued delivery of Performance Analysis services.
- Introduction of GPS monitoring in team and individual sports.
- Ongoing testing and support to Elite Development (EDS) and National Training Centre (NTC) squads.
- Implementation of a TIS PhD scholar in conjunction with the University of Tasmania.
- Running of two national Talent Identification (TID) projects, as well as the schools-based TID program.

The SPU has enjoyed supporting elite steeplechaser Donna MacFarlane, in her build-up to the national and world titles.



*John Gregory
Manager,
Sports Performance Unit*



*Diana Dickenson
Sports Performance Officer*



*Sean Murphy
Sports Performance Officer*

Donna has benefited from field and lab testing, which has guided the planning of her training schedules.

There has been extensive work completed with our NTC programs of Cycling, Hockey, Athletics and Rowing. Furthermore, EDS sports including Basketball, Cricket, Netball, AFL – Football, Kayaking, Swimming and Tennis have profited from regular sports science and physical preparation services. Successful Netball and AFL camps were conducted and included testing, recovery, Performance Analysis and presentations.

The unit's performance analysis suite has continued to deliver extensive services to all sports. Our video repository archive has steadily risen over the past year, allowing finger-tip access to video files by coaches and scientists alike.

The SPU has obtained a new oxygen analyser in the past months. The system will ensure the further delivery of accurate lab-based testing to our endurance sports.

The SPU has seen the inclusion of another Sports Performance Officer, Sean Murphy, who works in a split role with physical preparation. Sean was a physical preparation trainee with the Victorian Institute of Sport and has experience with a wide range of sports. Sean's position is based in Hobart,

which has seen the uptake of services at Bellerive gym increase rapidly.

Physical preparation highlights in 2006/07 include:

- Increase in physical preparation services by Sean Murphy in Hobart.
- Planning and construction of the TIS (Launceston) gym.
- Extensive work with Rowing, Hockey and Athletics.
- Expanded usage of Bellerive, in cooperation with Tasmania Cricket Association, as the TIS's Hobart-based gym centre.
- Successful NSSQA accreditation process for TIS gyms.
- Ongoing servicing of EDS and individual scholarship holders.

In the past year the SPU welcomed Emily Parker to the role of TID coordinator. Emily has been kept busy running the national TID projects 'Rapid Slayers' and 'Dream Stream'. Emily has a degree in sports science and sports psychology and worked recently at the Scottish Institute of Sport.

The Rapid Slayers program is designed to identify and support young Canoe Slalom



Brendan Long completing a time trial on the rowing ergo.

paddlers, whereas Dream Stream is directed at developing rowers. Recently Emily attended a national rowing camp in Ballina along with Dream Stream athletes. The Dream Stream project has been highly successful, already placing an athlete into the national under 23 team.

In recent times the TID program has:

- Selected and inducted athletes and coaches into Dream Stream and Rapid Slaying programs.
- Seen Emily gain her level 2 anthropometry accreditation.
- Substantially expanded the number of schools tested statewide.
- Streamlined the schools TID program.

Sports performance officer Diana Dickenson has been working extensively with TIS athletes and coaches over the past 12 months. Diana has travelled with Rowing, Hockey, Swimming and Cycling to national titles. Furthermore, she has provided comprehensive field and laboratory testing

and performance analysis assistance to NTC and EDS squads.

Diana's activities have included:

- Running the TIS NSSQA program.
- Supervising University and TIS power cranks testing research project.
- Has travelled with Rowing and Hockey to selection events, providing video, GPS monitoring and recovery services to athletes.

Sports Medicine Network

We remain appreciative of the assistance of medical and physiotherapy practitioners to the TIS medical network. Doctors and physiotherapists have greatly contributed to our important medical and musculoskeletal screening process. In addition, the sports medicine network has addressed numerous injury and illness cases in the past year, which have been addressed in a timely and professional manner. We thank Dr Ian Beltz for his stewardship of the TIS sports medicine program over the past 12 months.

John and Diana monitoring Track & Field athlete Kate Pedley during a ramp test on the treadmill.



talent search

This year saw an exciting change in direction for the Talent Search program with the introduction of sport-specific projects aimed at targeting a talent pool to fill gaps in the development pathway of targeted sports. The Australian Sports Commission (ASC) approved proposals for two such projects to start in Tasmania.

These projects are initiatives of the ASC, National Talent Identification and Development (NTID) program and the Tasmanian Institute of Sport (TIS), in conjunction with the respective state sporting organisations. The ASC, TIS and Tasmanian Rowing Council (TRC) launched an innovative project to identify and develop talented rowers in Hobart.

The Dream Stream project provides expert coaching, equipment and access to the latest sports science practices to enable talented athletes to achieve their potential.

This project started in October 2006 and has two tiers. The first tier (Squad A) targets rowers who are year 12 school leavers. The second tier (Squad B) targets novice rowers from non-rowing schools to give them an introduction into the sport and to fast-track their progress to a competitive level in their first year in the sport.

Both squads have had fantastic success, with two Squad A athletes, Jono Hookway and Adam Wertheimer, receiving a TIS scholarship, and Jono and fellow Squad A member Michael Egan gaining selection in the National Under 23 team which travelled to Strathclyde, Scotland, in August 2007.

The Squad B crew was very competitive in the Southern Head of the River and All Schools Championships and will look to improve in the upcoming season. Eleven Dream Stream athletes also attended an NTID camp in MacLean, NSW, where they enjoyed the intensive training environment and mixing with athletes and



Emily Parker
Talent Search Coordinator

coaches from around the country.

A similar project was launched by the ASC, TIS and Canoe Tasmania (CT) in the sport of canoe slalom, aimed at developing talented paddlers in Hobart. The Rapid Slaying project will also provide expert coaching and access to equipment and sports science services to enable talented athletes to achieve their potential.

The Rapid Slaying project began early in 2007 and also has two tiers of development. The Target Squad comprises established athletes in the sport who have been identified as having potential to succeed at the elite level. The Introductory Squad is made up of novice paddlers as young as 12 who have demonstrated potential.

Alex Lewis is a member of the National Junior Team and is looking forward to continued success while the Introductory Squad is eagerly awaiting its first season of competition and a trip to a National Development camp in Eildon, Victoria, this coming November.

The Rapid Slaying program has fantastic support both locally and nationally with a strong network of coaches including current TIS scholarship

holders Dan Hall and Stewart Bennett, and former Olympians Peter Eckhardt and Justin Boocock.

The NTID program of the ASC, in conjunction with the TIS and other state academies is also running a cycling project, titled Project Hummingbird, which aims to develop a new generation of female cyclists, aged between 16 and 27, who have the potential to become world-class mountain bike (MTB), road and track endurance cyclists.

Emma Lawson, 17, was selected from the trials and is currently being coached by former Talent Search athlete Louise Padgett. Emma has competed twice on the road in local club events and won her first handicap. She will be introduced to track cycling in October when the season starts.

The Talent Search hockey program is also going strongly with 30 junior players participating in a six-week intensive training program run by Stewart Pither and Ilene Carr. This was followed up by a day camp where the future stars of Tasmanian hockey learnt about nutrition for sport, the role of strength and conditioning in player development, and were privileged to have former Tassie Tiger Zain Wright and current Kookaburra Eddie Ockenden speak to them about life as an elite hockey player.

The 2006-2007 Talent Search schools program has again had plenty of success. In cycling, Ryan Gates narrowly missed selection for the Tasmanian Under 17 State team which is an exceptional performance in his first year in the sport. Ryan stands a good chance of gaining

selection in next year's State team as he will still qualify for the Under 17 age group.

In basketball, Nathan Kiernan won the Under 18 Men's Division Two state championships and has been invited to train with the NITC program and TIS scholarship athletes. Patrick Smith, from the athletics squad, represented Tasmania at the National cross-country age group championships, while Patrick Meaney is producing promising results in his first year of orienteering.

Frances Weichert and her brother Ned continue to impress in rowing. At the Tasmanian School Championships Frances came an impressive third in the Under 14 single scull, and as she continues to improve and gain more racing experience, she looks set to go on to bigger things.

All members of the 2006-2007 Talent Search squad have been training well and enjoying the steep learning curve involved. We look forward to following their progress as they continue to develop as athletes.

Support for the 2007-2008 Talent Search schools program from Tasmanian schools once again remains strong. More than 40 schools statewide participated in phase one testing, with phase two testing to be held in August. The 2007-2008 Talent Search squad will be announced in October following sport-specific phase three sessions. The six sports being targeted for the 2007-2008 program are athletics, BMX, basketball, cycling, orienteering and rowing.

Emily Parker
Talent Search Coordinator



Rowing for the first time: Phase 3 Talent Search testing, Hobart.

athlete career & education

The Athlete Career and Education (ACE) program has provided extensive services to Tasmanian Institute of Sport (TIS) athletes during the past year. The primary focus has been delivering career and education counselling to TIS athletes that is consistent with the National ACE program.

A key component of the successful delivery of this and corresponding services has been the establishment of rapport with athletes. These related services include individual assessments and the development of education and career action plans.

Relationships with the TIS coaches have also been fostered to ensure the success of the ACE program that is aimed to enhance athletic performance.

In terms of personal development courses for athletes, the recently inducted TIS netball squad completed a workshop regarding time organisation.

Athletes are generally operating in a time-poor state and the girls found it interesting to discover tools to assist their daily balance of work, study and play.

Peter Fortune conducted an athletics camp in Hobart which was addressed in terms of achieving balance between study, work and training. This session was a group discussion which covered various topics.

Paul Dillon, from Drug and Alcohol Research and Training Australia, conducted five workshops over two days. The workshops were tailored for a variety of groups including under 18 athletes and their parents, with about 60 people attending this session.



*David Newett
ACE Consultant*

Remaining TIS athletes attended separate sessions in Hobart and Launceston.

TIS and associated coaches were invited to either a breakfast or lunch-time session and all sessions were well received and extremely informative. I would like to thank all coaches and athletes who attended. There are plans for more personal development courses to be conducted during the next year.

A relationship with the University of Tasmania has also been re-energised which will aid the TIS athletes through the supportive links established.

The National ACE program has developed links with universities throughout Australia and the University of Tasmania has signed on as an Elite Athlete Friendly University. Amanda Turner is our UTAS representative who has assisted the TIS with student issues and has shown great support for the relationship.



Schools Program

Several Powerade Schools Program visits have been conducted involving TIS athletes. The program provides a personal development opportunity for TIS athletes as they promote the value of an active and healthy lifestyle to grade 5/6 primary students.

Athletes have the opportunity to discuss their involvement with the TIS and their achievements. The athletes gain experience in public speaking and have responded extremely well to the program.

The TIS ACE program has recommenced its role with the Tasmanian Cricket Association as its athlete career, education and welfare consultant. This is an exciting relationship as Tasmanian cricket is an elite environment for achievement on the field and the challenge is to mirror this success off the field.

Current measures have been implemented to ensure rookie and contracted players endure a life balance.

Clarence High School recently held a work expo to display and discuss employment positions within the TIS.

Students were extremely interested in working in the field of sport and were intrigued by the positions at the TIS and qualifications required to gain employment in this field.

Other networking opportunities with employment providers were presented at the career and education expo held at the Derwent Entertainment Centre in Hobart.

The ACE program is an integral part of the services provided to the athletes and with assistance from associated stakeholders, athletes' performance can be enhanced.

Ultimately this is the focus of our endeavours as we collectively strive for excellence in sport and life.

David Newett
Athlete Career and Education
Consultant

*Sam Norton
presents at a
Powerade Schools
Program visit to
the Riana Primary
School.*



physical preparation

The past 12 months have seen change within Physical Preparation. The greatest change in that time would be the securing of a second Sports Performance Officer whose primary role has been in delivering strength and conditioning services to the southern-based athletes.

Sean Murphy has come to the TIS from Victoria and brings a wealth of sports science and strength and conditioning experience. Sean gained a bachelor of applied science (human movement) degree from RMIT and has completed a traineeship at the Victorian Institute of Sport and has worked with sporting associations such as Netball Victoria.

Sean's main focus since he joined the TIS has been to work closely with the coaches and athletes in the Hobart area to ensure they gain access to all their strength and conditioning needs. Sean has control over the sports of Athletics, Basketball, Football, Canoeing, Tennis, Diving, Swimming and Cricket as well as several individual athletes.

Sean also has been assisting in the delivery of services to the rowers who were based in Tasmania before the 2007 World Championships.

Physical Preparation Officer Peter Culhane has continued to work heavily with the sports of Rowing, Hockey and Cycling as well as many individual athletes and some of the new squads such as Netball. The spread of athletes across the state still poses a challenge to the Physical Preparation staff but with additional staff and better facilities on the way it has certainly meant that athletes are being serviced more effectively.

The Bellerive Oval Strength and Conditioning facility in Hobart has again provided the TIS athletes with a high-quality training



*Peter Culhane
Physical Preparation Coordinator*

environment. Of course, we are thankful for our community-based strength training facilities around the state.

The Physical Preparation area received some additional funding through the year that has enabled it to provide much-needed technology and equipment to staff and athletes. A wide range of accessory equipment for both gym-based and outdoor-based training will assist both team and individual athletes.

The acquisition of new technology will also assist the staff to more accurately assess an athlete's physical competency levels and also measure more accurately the effect of training on athletic performance.

Extra funding was also gained to finalise the development of a Physical Preparation training facility at the TIS base which is due to be finished by October 2007. This will provide a much-needed dedicated TIS venue to train the northern-based athletes. Its use will enable more specific programming for each athlete and provide a much more professional training environment.

**Physical Preparation Coordinator
Peter Culhane**

TIS scholarship programs

Through support from the State and Federal Governments and the various corporate sponsors of the TIS, the Institute provides scholarships to selected athletes in various TIS programs.

National Training Centre (NTC) Programs

These are the main programs offered by the TIS in conjunction with national and state sporting organisations and the Australian Sports Commission. In 2006-07 the Institute operated four NTC programs in the sports of athletics, cycling, hockey and rowing. All sports have a full-time coach or program coordinator employed specifically to conduct the NTC program. Athletes are admitted into these programs using nationally accepted standards and are provided with coaching, access to national and international competition, equipment and all TIS services including Sports Science and Athlete Career and Education.

Elite Development Squad (EDS) Programs

These programs operate in a similar manner to NTC programs. Squads enlist the services of a coach employed by the state sporting organisation to coordinate the program for selected athletes in that sport. Athletes receive funding support to attend international/national level training and competition opportunities, access to training facilities and coaching support within Tasmania and access to the services provided by the TIS in Sports Science and Athlete Career and Education. TIS Elite Development Squads in 2006-07 were AFL football, basketball, cricket, diving, netball, swimming, tennis and wild water canoe.

Individual Scholarship Program

These scholarships are provided to athletes from sports in which a small number of athletes are performing at the required level in the sport or where the sport does not have the infrastructure to provide a coach/coordinator and other support services necessary for an NTC or EDS program to operate.

Athletes are provided with funding support to enable access to international/national standard training and competition opportunities, Sports Science and Athlete Career and Education services. The Institute's staff work directly with the athletes to help coordinate their programs and the use of their funds. Scholarships are offered at different levels based on performance criteria that cater for junior through to senior athletes.



Hockey is a National Training Centre program, employing two full-time coaches.

track and field

2006-07 has been a year that has indicated a number of positive developments within the sport. The Institute program was re-established as a Tier 1 sport in 2006 initially with six athletes: Donna MacFarlane, Graham Hicks, Tristan Thomas, Kate Pedley, Ryan Foster, and Daniel Coleman.

In late 2006, after a series of excellent performances that saw him selected for the World Youth Championships, Hamish Peacock was added to the list of scholarship athletes. He was most successful at these championships winning a silver medal and is the number one javelin thrower in Australia for his age and number two in the world.

Unfortunately, three of these athletes, because of illness or injury, missed the domestic season but we are looking to them to re-establishing themselves in 2007-08.

Donna MacFarlane continues her progress as a top international athlete with great performances during the domestic season over several distances and was duly selected for the World Championships team for Osaka. In May and June 2007 she won in Doha and finished second at the prestigious Bislett Games in Oslo.

Graham Hicks threw the discus over 60m several times during the season and is now ranked third nationally. Daniel Coleman improved all his personal bests in race walking and after representing Australia in the World Walking Cup in Spain last year also competed in an Australian Team in China, as well as winning the National Under 18 and All Schools titles. Just recently, Tristan Thomas has shown a great return from injury and is once again very close to national selection.



*Peter Fortune
Track and Field
State Performance Coordinator*

Institute athletes were supported during the domestic season by several athletes who did well in National Series and A Series meets and the Professional carnival series.

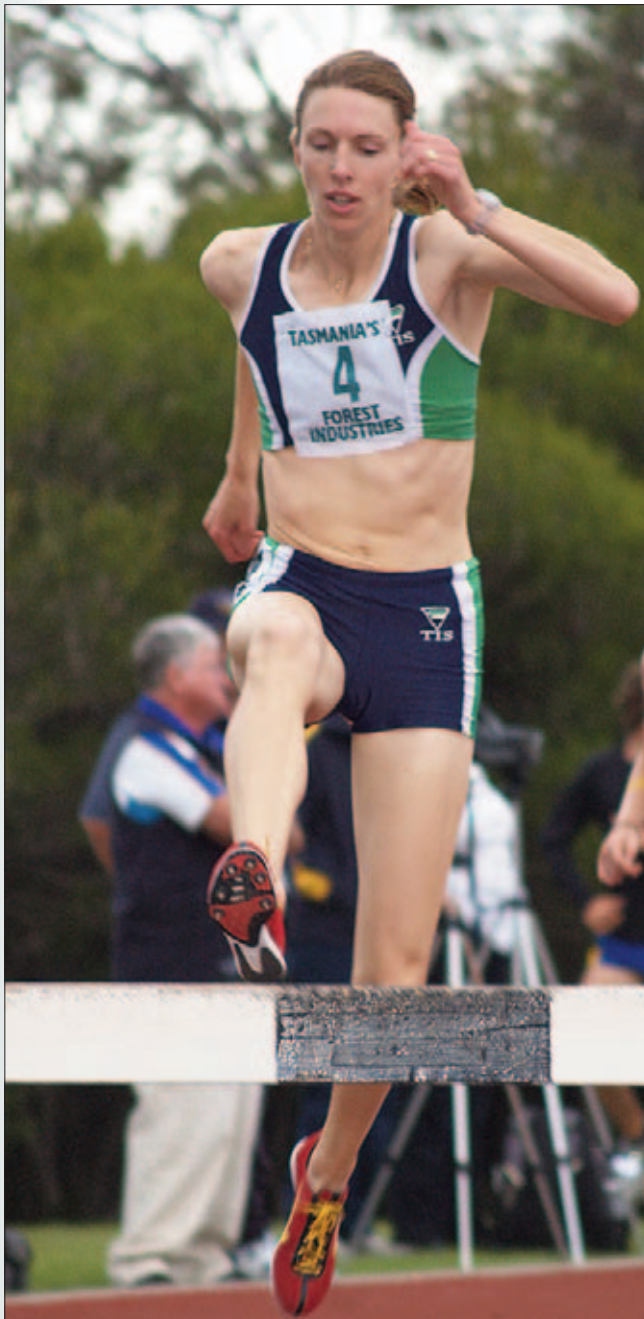
In particular, Melissa Kay, Sam Crosswell and Morgan Whiley had excellent seasons with Melissa achieving a new state record at 100m and achieving selection for the World Championships team. In recognition of their performances, these three athletes were awarded TIS Scholarships in June 2007.

In addition, at the National All Schools in December 2006, our junior athletes achieved many personal bests with a number of winning medals indicating excellent potential for the future. Participation levels are an ongoing issue for athletics and Athletics Tasmania (AT), supported by the TIS, is planning several initiatives to try to address this.

The TIS continued its policy of arranging a series of clinics in conjunction with the ATFCA with visiting coaches supported by Tasmanian coaches.

In June 2006 Peter Lawler conducted a throws clinic in Hobart which was well attended by our coaches and athletes with an interest in the throws. Reflecting the growing status of javelin and hammer in Tasmania, this clinic was followed up with another very successful throws clinic in Launceston during November headed by National Under 17 Event Coach in hammer, Sean Carlin, again with Peter Lawler focusing on the javelin.

Many observers believe the attention that these clinics have focused on the throws has led directly to the success Tasmania is enjoying in these disciplines.



In February, National Sprints Coordinator Paul Hallam conducted a one-day sprints clinic which was also very successful and well attended.

During May, National Under 17 javelin coach Lindsay Burgoyne, with two Victorian athletes, conducted a javelin clinic in Hobart in conjunction with a throws meet where all three World Youth Javelin throwers, including Tasmania's Hamish Peacock, successfully achieved their World Youth pre-departure standards.

The AT/TIS Development Squad continues to develop as a concept and we have now had two camps during 2006-07. In January, a successful general camp was held in Bicheno, and in June this year an equally successful camp aimed at Endurance athletes was held at Coles Bay.

During 2007-08 the squad will be rationalised and new standards will assist in ensuring that talented developing athletes will be targeted for development. The appointment by Athletics Tasmania of a Development Officer has been crucial to this group.

I believe that 2006-07 has generally been a very positive one for elite athletics in Tasmania and augurs well for further progress in 2007-08. The TIS remains committed to working with Athletics Tasmania and an equally committed group of athletes and coaches to ensure that Tasmania continues its development as an important state in National Track and Field.

Peter Fortune
Track and Field
State Performance Coordinator

Donna MacFarlane continued her progress as a top international athlete with great performances during the domestic season.

cycling

The TIS Cycling program has again achieved success nationally and around the world during 2006-07.

Highlighting the program's successes were Trent Deacon's silver and bronze medals at the AWD World Championships, Belinda Goss's two silver medals at the Manchester World Cup and winning the National Point Score Championship, the Under 23 Road Championship win to Wes Sulzberger and Matt Goss's TIS Male Athlete of the Year award.

Mark Jamieson, Matt Goss and Belinda Goss represented Australia at the Track World Championships. Another highlight of the year was the marriage of Louise Yaxley (Padgett) and her return to training, continuing her rehabilitation.

Matt Goss became the first Tasmanian to be given a contract with a Pro Tour Team. Matt has continued his success since joining the professional ranks with numerous placings and was also a member of the winning team in the Pro Tour Road Team Time Trial.

Karl Menzies continues to perform at the highest level with a bronze medal at the National Road Championship, second Overall in Australia's premier road race, the Tour Down Under, and numerous wins and placings in some of the biggest races in the United States.

Sid Taberlay continues to succeed in Mountain Bike racing representing Australia at the World Championship in New Zealand and winning the National Series.

During 2006-07 Paul Brosnan coached the Womens National Road Team in Europe and Ron Bryan coached the Under 19 National B



*Paul Brosnan
TIS Head Cycling Coach*



*Ron Bryan
TIS Cycling Coach*

Road Team at the Tour of Tasmania and also coached the National Team at the Youth Olympics.

TIS Cycling Program held its annual camp at Seven Mile Beach in December. All the athletes who attended found it beneficial to their preparation for the coming season.

This camp has become an integral part of our scholarship holders' training, enabling them to debrief after a hectic year of competition then begin their preparation for the coming year. It has a huge benefit also for Target

Squad athletes who attend the camp to train with the more experienced athletes.

Following the camp our Target Squad members also showed a great deal of improvement with Tom Robinson winning gold and two bronze medals at the Youth Olympics and Ben Grenda winning silver.

Before the National Road Championships in Ballarat another camp was held giving our elite riders a chance to acclimatise and prepare for the Championships.

This camp also proved to be beneficial as we achieved gold (Wes Sulzberger), bronze (Karl Menzies), fourth place (Cameron Wurf), fifth place (Mark Jamieson), and sixth place (Nathan Earle) in the Under 23 and Elite events.

The Cycling Program continues to expand its squads by introducing a Development Squad to underpin the Target Squad. We have already seen results from the Development Squad with a number of the athletes achieving results at the Australian Junior Track Championships.



Karl Menzies gained a bronze at the National Road Championships, just one of his many outstanding performances during the year.

Support given to the program over the year by Physical Preparation and Sport Science departments has become a vital part of our athletes' training, injury prevention and recovery techniques. Thanks to all staff members who have assisted during 2006-07

Also the Administration staff continue to support the program with their expertise. Thank you for your support. We look forward to another successful year in 2007-08



Cameron Wurf placed fourth in the National Road Championships in Ballarat.

**2006-07 CYCLING
SCHOLARSHIP HOLDERS**

Trent Deacon (AWD), Belinda Goss, Mathew Goss, Mark Jamieson, Caleb Manion, Karl Menzies, Ryan Sullivan, Sean Sullivan, Bernard Sulzberger, Grace Sulzberger, Wesley Sulzberger, Sid Taberlay, Joshua Wilson, Louise Padgett.

2006-07 Cycling Team Sponsors:

Major Sponsors: Cyclingnews.com, Avanti Bicycles, Santini Cycling Clothing.

Minor Sponsors: Specialized Helmets and Shoes.

2006-07 Satellite Coaches:

Scott Callow, Garry House, Paul Manion, David Robinson, Darrel Young.

2006-07 Target Squad:

Laura McCaughey, Tom Robinson, Ben Grenda, Matthew McDonagh, Luke Ockerby, Sam Brett, Amy Cure.

2006-07 TIS/TCF Development Squad:

David Lyons, Sarah Cure, Matthew Kent, Alex Benson, Peter Loft, Andrew Smith, Harriet Kossmann.

**Ron Bryan
TIS Cycling Coach**

**Paul Brosnan
TIS Head Cycling Coach**



Cyclists in action during a training camp.

hockey

The 2006-07 reporting period has achieved a major target of increasing its number of players who are real contenders for the Beijing Olympics.

Matthew Wells OAM, David Guest and Eddie Ockenden have strengthened their positions owing to strong performances in a busy pre-Olympic International calendar.

Wells recovered from a serious ankle injury, which prevented his participation in both the 2006 World Cup and the Champions Trophy. In May 2007 Guest, Wells and Ockenden were all members of the Kookaburras team that won the Sultan Aslan Shah Cup. Ockenden scored two goals in the final and was awarded the Player of the Final award.

All three were selected for the Olympic Beijing test event after good performances on the European tour. Importantly, Guest scored five penalty corner goals on the European tour and it was on this tour that Wells won his 200th cap for Australia.

Stewart Pither, in his role as TIS Hockey coach, has continued to strengthen our development pathways and regional training environments by conducting a regional training program that continues to grow participant numbers while delivering high-quality training sessions with leading coach tuition to the North-West and North on a regular basis.

Importantly, Stewart has begun the introduction of the Talent Search program focused on helping us identify the next group of TIS athletes for the future.

Throughout this reporting period a number of athletes participated in junior National competitions. Geoff Cock, Patrick Ward and Eloise Duay all competed in the Australian



*Andrew McDonald
TIS Head Hockey Coach*



*Stewart Pither
TIS Hockey Coach*

Youth Olympic Festival held in Sydney. At the completion of the National Under 21 Championships both Emily Wilson and Lucy Ockenden were selected in the 2007 National Junior squad having contributed well to the Tasmanian team making the finals.

Ilene Carr, a previous TIS coaching scholarship holder, continued to build her coaching credentials as the Tasmanian 2007 Under 18 girls again played in the finals finishing with a third placing at the National titles.

Strong performances at the National Championships were further highlighted with the MIA Tassie Tigers playing in the finals for the second year in a row. To continue the good performance of Tasmanian teams at the varied National Championships the Under 18 boys team also played in the semi-finals.

Oliver Close, a former TIS athlete, was awarded a TIS Coaching scholarship which will provide the necessary support to both develop him as a coach and athletes that he works with. Close will join the National Junior team later in 2007 as an Assistant Coach. Stewart was also invited to attend the AIS European tour as an Assistant coach.

New competition opportunities remain a focus for the program as greater exposure before major National championships is seen as a necessity. With strong government and TIS support, the MIA Tassie Tigers played three games against the Victorian men's team and the Korean men's team (Seongnam city) in Melbourne.

The Wrest Point Van Demons travelled to Adelaide and played three games against the South Australian senior women's groups.

At the conclusion of the 2006-07 competitions new National, National Development and National Junior squads were announced. Six athletes were selected in 2007 Senior or 2007 Junior National squads.



2007 Men's National Squad

Matthew Wells, David Guest and Eddie Ockenden.

2006 Men's National Development Squad

Ben Creese.

2006 National Junior squads

Lucy Ockenden and Emily Wilson.

It should be noted that Hamish McGregor attended a number of National Goalkeeping camps and that Patrick Ward, Eloise Duay and Geoff Cock were ineligible for the National Junior squads because of their age. Patrick also joined the AIS overseas tour towards the end of 2006.

The TIS Sports Science staff, namely Diana Dickenson and TIS Physical Preparation Coordinator Peter Culhane, have been integral to the delivery of well-managed training programs to assist TIS athletes in meeting the growing demands of International elite sport. I thank both Peter and Diana for efforts with the hockey program.

Athlete welfare has been given a boost with the appointment of David Newett as the Athlete Career and Education officer. Sports Psychologist David O'Sign has also been very helpful in assisting athletes cope with the many demands they face.

David Guest in action against Malaysia in a Beijing test event which Australia won 2-0.

I would like to thank all the coaches who have assisted in various State Team capacities involving TIS players.

Coaches like Mark Geeves, Jeremy Stebbings, Oliver Close, Tracey Cameron, Ken Read, Ilene Carr and Larry Mills underpin and do so much to assist with the TIS Hockey program. I sincerely appreciate the work they do with athletes and myself. This assistance underpins a very productive and successful program.

I would also like to acknowledge the support of Hockey Australia and Hockey Tasmania, especially Gai Cross, Greg Peart, Mark Geeves and the Hockey Tasmania President, Alison Monk.

I express my sincere thanks to all the staff at the TIS for their continuing support, guidance and encouragement, the State Government for its support, and all our sponsors.

Collectively we move forward with confidence that we will continue our representation in the Olympic arena in 2008 and move ever closer to Tasmania winning a National Championship title.

Andrew McDonald
TIS Head Hockey Coach

Lucy Ockenden in action in the Under 21 Nationals.

2006 Squad Members: Matthew Wells OAM, David Guest, Marcus Richardson, Eddie Ockenden, Ben Creese, Lucy Ockenden, Emily Wilson, Sofie McLeod, Geoff Cock, Patrick Ward and Hamish McGregor.

2007 Squad Members: Matthew Wells OAM, David Guest, Eddie Ockenden, Ben Creese, Lucy Ockenden, Emily Wilson, Sofie McLeod, Geoff Cock, Patrick Ward, Eloise Duay and Hamish McGregor.



rowing

The 2006 World Rowing Championships saw six TIS athletes compete in the sport of rowing.

The highlights were Dana Faletic winning a silver medal in the women's quadruple scull, Kate Hornsey defending her World Championship in the women's four and also gaining a bronze in the eight, coached by Darren Balmforth, and Dominic Monypenny defending his gold in the adaptive men's single.

Tom Gibson and Sam Beltz finished a very close fourth place in the men's lightweight double, a great result for a new crew in a very tough event. Cameron Wurf also finished fourth in the lightweight men's pair.

The TIS had five competitors at underage World Championships with some outstanding results. At the Junior World Championships held in Amsterdam, Jono Hookway and Adam Wertheimer achieved a gold medal in the junior men's pair, coached by Russell Hookway.

The Under 23 World Championships were held in Hazelwinkel, Belgium, with Charlotte Walters winning a gold medal in the women's four and finishing fifth in the women's eight. Blair Tunevitsch won a bronze medal in the lightweight men's quadruple scull, coached by myself. Anthony Males finished fifth in the men's double scull final after winning his semi-final.

The 2007 Australian Championships were held at Nagambie in March. This was a regatta that was troubled by poor conditions due to strong cross-breezes. TIS athletes returned with a total of 21 gold, 13 silver and 12 bronze medals.



*Rhett Ayliffe
TIS Head Rowing Coach*



*Ron Batt
TIS Rowing Coach*

A total of 17 TIS athletes gained national selection for the 2007 World Championship teams. Six were selected in the senior team (all in Olympic class boats), with competition beginning at the end of August in Munich, Germany.

Eight were selected in the Under 23 World Championships in Scotland, and two in the World Junior Championships to be held in China on the Olympic course. Also competing in Munich and defending his 2005 and 2006 World Championship will be adaptive rower Dominic Monypenny.

The national teams will also include support staff. Dr Ian Beltz, TIS medical coordinator, will travel with the senior A team for the first two world cups.

I will be coaching the men's heavyweight sculling squad comprising three boats in Hobart. Ron Batt will coach two Under 23 crews in Launceston and John Driessen will coach two Under 23 crews in Franklin. John is also acting as Under 23 Head coach. Rob Williams will be coaching at the Junior World Championships and he will be based in Devonport.

This number of international athletes places a big demand on the TIS and the rowing program would like to acknowledge the support of all the TIS sports performance staff who assisted in the preparation of our international crews.

TIS Rowing Coach Darren Balmforth relocated to the AIS in Canberra to prepare the women's Olympic hopefuls in conjunction with the AIS Head women's coach.

Darren has been at the forefront of the TIS rowing performances and his contribution will be sorely missed. Ron Batt has been employed as the TIS rowing coach to fill Darren's departure. Ron comes to us from St George rowing club in Sydney and his wife Jenny will join early next year. We wish Ron well in his new role and I look forward to our future coaching successes.

I would also like to thank staff at the TIS for their invaluable support, guidance and encouragement.

Rhett Ayliffe
TIS Head Rowing Coach

RESULTS 2006-2007

Scott Brennan: National Championships – 12th Men's Single, fourth Men's Double; 2007 World Cup – bronze Men's Double at Amsterdam, sixth Men's Double at Linz; National Team – Men's Double Scull, Munich 2007 World Championships.

Dana Faletic: 2006 World Championships – Silver Women's Quad.



Dominic Monypenny provided one of the highlights of the year, defending his gold in the adaptive men's single at the World Rowing Championships.

Cameron Wurf: 2006 World Championships – Men’s Lightweight Pair.

Brendan Long: National Championships – 10th Men’s Single Scull, fourth Men’s Double Scull, fourth Interstate Men’s Single.

Kate Hornsey: 2006 World Championships – gold Women’s Four and bronze Women’s Eight; National Championships – gold Women’s Four and Women’s Eight, bronze Women’s Pair; 2007 World Cup – fourth Women’s Pair and Women’s Eight at Amsterdam, fifth Women’s Eight at Linz; National Team – Women’s Eight, Munich 2007 World Championships.

Kerry Hore: National Championships – gold Women’s Double and Women’s Quad, silver Women’s Single and Interstate Women’s single; National Team – Women’s Double, Munich 2007 World Championships.

Anthony Males: 2006 Under 23 World Championships – fifth Men’s Double Scull, Hazelwinkel.

Sam Beltz: 2006 World Championships – fourth Men’s Lightweight Double Scull; National Championships – gold Men’s Lightweight Single Scull, gold Men’s Lightweight Eight, silver Lightweight Men’s Pair, silver Interstate Men’s Lightweight Four, bronze heavyweight Men’s Double;

National Team – Lightweight Men’s Double, Munich, 2007 World Championships.

Tom Gibson: 2006 World Championships – fourth Men’s Lightweight Double Scull; National Championships – gold Men’s Lightweight Pair, silver Lightweight Four and Interstate Men’s Lightweight Four, bronze Heavyweight Men’s Double; National Team – Lightweight Men’s Double, Munich, 2007 World Championships.

Shaun Finlayson: National Championships – fifth Men’s Lightweight Single, gold Men’s Lightweight Eight.

Charlotte Walters: 2006 Under 23 World Champs – gold Women’s Four, sixth Women’s Eight; National Championships – gold Women’s Under 23 Double and Quad, silver Women’s Under 23 Eight, bronze Women’s Under 23 Single Scull and Women’s Under 23 Four; National Team – Under 23 Women’s Quad, 2007 World Championships, Strathclyde.

Dominic Monypenny: 2006 World Championships – gold Adaptive Men’s Fixed Seat Single Scull; National Championships – gold Adaptive Men’s Fixed Seat Single Scull; National Team – Adaptive Men’s Fixed Seat Single Scull, Munich, 2007 World Championships.



Blair Tunevitsch won bronze in the Men’s Lightweight Quad at the 2006 Under 23 World Championships.

Blair Tunevitsch: 2006 Under 23 World Championships – bronze Under 23 Men's Lightweight Quad; National Team – Under 23 Men's Lightweight Quad, 2007 World Championships, Strathclyde.

Ingrid Fenger: National Championships – gold Women's Under 23 Lightweight Double and Quad, silver Women's Under 23 Lightweight Single, bronze Women's Interstate Lightweight Quad; National Team – Under 23 Women's Lightweight Double, 2007 World Championships, Strathclyde.

Carly Cottam: National Championships – gold Women's Under 23 Lightweight Double and Quad, bronze Women's Interstate Lightweight Quad, fourth Women's Under 23 Lightweight Single; National Team – Under 23 Women's Lightweight Double, 2007 World Championships, Strathclyde.

Jono Hookway: 2006 World Championships – gold Junior Men's Pair; National Championships – gold Lightweight Men's Eight, silver Under 23 Lightweight Men's Double and Interstate Men's Four, ninth Lightweight Men's single; National Team – Under 23 Men's Lightweight Four, 2007 World Championships, Strathclyde.

Adam Wertheimer: 2006 World Championships – gold Junior Men's Pair; National Championships – bronze Interstate

Men's Youth Eight, sixth Under 23 Men's Pair.

Max Sondermeyer: National Championships – gold Lightweight Men's Eight, silver Under 23 Lightweight Men's, fifth Under 23 Lightweight Men's Single; National Team – Under 23 Men's Lightweight Four, 2007 World Championships, Strathclyde.

Michael Egan: National Championships – gold Lightweight Men's Eight, bronze Under 23 Lightweight Men's Double and Interstate Men's Youth Eight; National Team – Under 23 Men's Lightweight Pair, 2007 World Championships, Strathclyde.

Nick Baker: National Championships – gold Lightweight Men's Eight, seventh Under 23 Lightweight Men's Single; National Team – Under 23 Men's Lightweight Pair, 2007 World Championships, Strathclyde.

Taylor Wilczynski: National Championships – silver Junior Men's Single, bronze Junior Men's Quad and Interstate Men's Youth Eight; National Team – Junior Men's Single, 2007 World Championships, Beijing.

David Wright: National Team – Junior Men's Quad, 2007 World Championships, Beijing

Sam Beltz (with Tom Gibson) finished a very close fourth place in the men's Lightweight Double at the 2006 World Rowing Championships.



National Intensive Training Centre program

basketball

The Tasmanian Institute of Sport Basketball program since 2001 operated as an Elite Development Squad with Basketball Tasmania providing a coach and coordinator to facilitate the on-court direction and off-court activities of the program.

Through the vision and mutual cooperation of Basketball Tasmania, Basketball Australia and the Tasmanian Institute of Sport, in April 2006 David Munns commenced a secondment to the position of full-time TIS basketball coach. This initiative allows Tasmania's elite basketball talent to have enhanced development opportunities through access to the staff and services of the TIS.

The TIS basketball program's purpose is to enhance the National profile of our best athletes and assist them to become members of Basketball Australia's National Pathways (Australian Development Camps, AIS Selection Camps, AIS Scholarships, Under 20 Gems/Emus Squads and teams).

Athletes are selected for the program following input from AIS men's and women's coaches and Australian Under 20 National team coaches. The Head Coach of the National ITCP and the TIS basketball coach select athletes to be nominated to the Basketball Tasmania and TIS Boards.

Twice a year Basketball Tasmania, Basketball Australia and the TIS hold joint management committee meetings to formally review the performance and operations of coaches and athletes in the TIS basketball program.

The TIS program operates as a decentralised program with athletes coming together for workshops and squad camps. The knowledge athletes acquire at the group activities can then be applied in the athlete's day-to-day training environment. The topics of on-court



David Munns
TIS Basketball Coach

workshops are developed in consultation between the athlete, the National ITCP Head Coach and the TIS basketball coach.

Technical development of TIS basketball athletes included:

AIS Basketball Camp. Athletes within the AIS men's and women's basketball program selection age groups attended the annual week camp in Canberra. This camp allows players to receive feedback from National Under 20 and AIS coaches before the TIS athletes play at national junior championships.

National Basketball League Camp, where selected athletes worked with NBL club the Sydney Kings to give them an understanding of how a professional athlete and club trains. TIS athletes trained with and against current Boomers squad athletes and Olympians

Coaching Sessions with Head Coach of the National ITCP, Patrick Hunt, Australian Boomers Head Coach ,Brian Goorjian, visiting international coach, Daniel Beltramo, Under 20

Gems Head Coach, Dena Kinsman and AIS Basketball Assistant Coach, Nicki Bairstow and Nicky Ireland completed sessions with athletes at workshops and camps. Apart from working with TIS athletes leading players in the underpinning National Intensive Training Centre Program receive opportunities to attend sessions as guest athletes and local club and association coaches are invited to attend open coaches clinics to assist in their development.

The TIS Support Coaches provide regional support to the TIS Basketball Coach through assisting with the Tasmanian National ITCP and the TIS Basketball Program. Coaches programs receive a coaching grant from the TIS while Basketball Tasmania provides a coaching professional development experience for coaches and assists with transport costs.

Over the course of the 2006-07 program Chris Symons and Craig Taylor worked in the South and Rebecca Dick (until February 2007) and David Russell (until March 2007) were in the North-West while David Munns managed the North and also the North-West from February 2007 onwards.

Program Highlights

Hollie Grima was selected as a team member of the 2006 Commonwealth Games gold medal Australian Opals team and a member of the World Championship-winning Opals team and selected as a three-way winner of the Tasmanian Institute of Sport Female Athlete of the Year award.

Catherine Guest, Dwayne Radcliffe and Hugh Greenwood were selected for Basketball Australia's National Development Camp in August. Catherine and Dwayne were then selected to attend a week-long 2009 Under 20 World Championship Squad camp at the AIS in January 2007.

Cameron Witt, Ryan Williams and Catherine Guest all were selected to attend Australian Institute of Sport Selection Camps.

Dwayne Radcliffe was a member of the silver medal-winning Australian Under 18 Men's team at the Oceania Youth Tournament. Later he was offered a scholarship at the AIS men's basketball program for 2007.

Joss Mooney, Catherine Guest, Dwayne



TIS Basketball athletes attending a camp at the AIS.

Radcliffe and Olivia Howard were selected for Basketball Australia Development Camps as members of the 2009 and 2011 Under 20 Squads.

The 2006 Under 18 men's State team and 2007 Under 16 men's State team both finished in fourth place at the National Championships. These outstanding results were led by TIS squad members Tiri Masunda, Dwayne Radcliffe, Cameron Witt and Joss Mooney (Under 18) while Hugh Greenwood (Under 16) led his team.

TIS Support Coach Rebecca Dick was offered and accepted a position as a scholarship coach at the AIS women's basketball program

The TIS basketball program would like to

thank the following for their exceptional assistance in ensuring the smooth operations of the basketball program:

TIS athletes and their parents; NITCP Head Coach Patrick Hunt; Basketball Australia's Chief Operating Officer Michael Haynes; All TIS staff, especially ACE and Sports Performance Unit staff; Basketball Tasmania President Tim Leedham, General Manager David Scott and office staff Jenni and Angela; AIS basketball program coaches and staff; Basketball Tasmania Participation and Development Assistant Adele Styles; TIS Support Coaches Rebecca Dick, David Russell, Chris Symons and Craig Taylor; TIS Camp Manager Grant Mitchell; and all network coaches and managers who attended camps during the year.



Australian Boomers Head Coach Brian Goorjian with TIS Basketball athletes during his visit to Tasmania.

elite development squads

AFL FOOTBALL

2006 saw three TIS scholarship holders realise their dream of making the big time, with their names called out at the AFL National Draft in November.

Mitchell Thorp was drafted by Hawthorn at pick number six, Jack Riewoldt was taken by Richmond at pick number 13 and Thomas Hislop became an Essendon Bomber after being drafted with selection 20.

In 2007 the TIS and AFL Tasmania decided to change the focus of the EDS program and concentrate on development of younger athletes, with a major concentration on athletes at Under 15 level.

An academy squad of 28 players was involved in a three-day camp hosted by the TIS in Launceston during February.

The athletes were put through the full complement of testing under the AFL draft camp protocols, given an insight into life at an AFL club and education seminars about nutrition and drugs in sport.

The TIS also provided testing for the Tassie Mariners State Under 18 squad as well as the Tassie Devils VFL team. Those athletes who are likely to be considered as potential draftees at the 2007 national draft will continue to access testing services up until the AFL draft camp and screening sessions in October.

CANOE WILDWATER

The highlight for the Canoe Wildwater program was Dan Hall's second place in World Cup #5 held in Ivrea, Italy, during June this year. It is the first time an Australian has



*Carl Saunder
Athlete and Coach Services Coordinator*



*Stewart Bennett in action at Green River,
North Carolina.*

gained a World Cup medal in Wildwater racing.

On the same course that will host the 2008 World Championships, Dan gained the silver medal, 0.7 seconds from first place. Across the six World Cup events, Dan was ranked eighth overall.

Stewart Bennett won two silver medals at the New Zealand Wildwater championships held on the Kawaura River on the South Island of New Zealand.

CRICKET

The main focus of the EDS Cricket program was again attendance at the Cricket Australia Institute Challenge in Darwin in August 2006, but the highlight of the year was the Tassie Tigers' success in winning their first Pura Cup title.

TIS scholars Ben Hilfenhaus, George Bailey and Tim Paine were all members of the winning team. Hilfenhaus had an outstanding year which included making his debut for Australia in a One-Day International at Bellerive v New Zealand.

He also won the Ricky Ponting Medal for Tasmanian Tigers Player of the Year and has recently been rewarded with a Cricket Australia contract.

DIVING

April 2007 saw the introduction of a new TIS Diving program. The program coached by Rebecca Thomson consisted of three athletes, Jocelyn Burnett, Michael Hughes and Joshua Parker-Sloan, all based in Hobart.

The elite development program has been designed to give the athletes support to compete at a national level. The program has accessed TIS services such as strength and conditioning, video analysis and sport psychology workshops.

The diving squad spent a week at the AIS diving centre which is based in Brisbane. TIS athletes had the opportunity to train under



Diving training at the Hobart Aquatic Centre.

the national coach and access state-of-the-art dry-land facilities. The TIS looks forward to working with the Diving Association of Tasmania on its elite development program.

NETBALL

Through the partnership of the TIS, Netball Australia and Netball Tasmania, our elite athletes now have access to an elite program with clearly defined pathways for talented Tasmanian netballers to progress through to Australian squads and teams.

The 2007 TIS Netball program has already had some outstanding success throughout the year with Jacqui Witt selected into the Australian Schoolgirls Team (15 & Under) which won the gold medal at an international schoolgirl tournament held in New Zealand in July.

Lauren Miller was invited to the 17 & Under Australian Squad Camp held at the AIS in July. Amy Saunders was invited to the 19 & Under Australian Squad Camp held at the AIS in July. Both players were selected after performances at the National Championships in Melbourne in April.

Emma Webb (TIS target squad) was selected for the Australian Marist team after national titles held in July.



Our program was fortunate to secure the services of Julie Fitzgerald (Australian 21's assistant coach) and Jenny O'Connor, Tracey Robinson who are the Sydney TIS Netball Coach Swifts coaches, to take the squad for a training session while in Tasmania for the Commonwealth Bank Trophy Game held in May.

This gave our players a taste of what to expect at the top level of netball in Australia and players were given the opportunity to interact with the Swifts players, many of whom are current Australian team members and Australian 21 & Under players.

Thanks to the valuable contribution by the Sports Science Unit to the TIS Netball program, in particular Diana Dickenson and TIS Physical Preparation officers Peter Culhane and Sean Murphy.

Also thanks to the administration staff Jeanne Pennington, Tegan Raabus and Claire Deavin whose support has been invaluable to the smooth running of the program.

With various specialist staff supporting the program, including David O'Sign (Sport Psychologist), Maree Taylor (Nutritionist), Peter Fortune (Track & Field coach), David

Newett (ACE Consultant), Nick Turner (PR Consultant) and Sally McLaine (Physiotherapist), all athletes have a greater understanding to the increased demands of elite netball.

Thank you to all TIS staff for your continuing professionalism, support and encouragement to the TIS Netball program in 2007.

Thanks to Netball Tasmania and Netball Australia for their ongoing support of the program. With further development of underpinning programs with support from the Tasmanian Government, netball is set for a bright future within the state.

2007 has seen a steep learning curve for all athletes about the necessary requirements for top-level performance and the TIS Netball program has laid a good foundation for the future of elite athletes in netball within Tasmania.

SWIMMING

The 2006-07 Swimming EDS program saw a number of athletes compete at the Australian Open Championships in Brisbane, in December 2006.

Pierre Roper (200m freestyle), Ray Winstanley (100m freestyle) and Charles Guard (50m backstroke) all recorded personal best times. Nicole Hunter made the



The 2007 TIS Netball Squad.



A TIS Swimming athlete competing at the Australian Open Championships in Brisbane.

final of the women's 200m butterfly, and the women's 200m freestyle semi-final. Zoe Osterloh also made the semi-final in the women's 200m freestyle.

TIS Sports Performance Officer Diana Dickenson attended the National Championships and assisted athletes with recovery techniques, massage and ice baths.

The swimming program has seen a high turnover of athletes in the early months of 2007, with Nicole Hunter retiring from elite level competition, Zoe Osterloh and Madeline Swan focusing on other interests and Pierre Roper relocating to Victoria to train with Rohan Taylor at the Carey swimming club.

We wish all of these athletes all the best for the future, and thank them for their involvement with the TIS swimming program.

TENNIS

The Elite Development Squad for the sport of tennis was again overseen by Head Coach Simon Youl, based at the Hobart Tennis Centre.

Highlights for the year included Nina Khoury representing Australia at the Under 14 Maureen Connolly Brinker Cup in the USA. Nina was also selected to represent

Australia at the Under 14 World Team Event in India and was a quarter-finalist at the National 14 and Under Singles Winter Nationals.

Alyssa Hibberd won both the Tasmanian Junior Masters and the Tasmanian Junior Open as well as the Tasmanian Open Women's Singles. Alyssa lost the final at the Under 14 National Grasscourt in doubles and was a semi-finalist in singles.

Ella Bouchier won the Hudson Bond Under 16 singles as well as the Frankston Junior Masters Under 18 and the Schoolchildren Championships Under 16 in WA.

Anna Wishink played at the Australian Open at Melbourne Park in January but unfortunately lost in the first round. Anna has spent the past 12 months competing in ITF events including Hobart's Moorilla Women's International and two tournaments in Thailand.

Edward Bouchier won three Men's Open events in Darwin in June. Edward has been granted a full scholarship at Penn State University, USA, and will relocate to America to further his tennis career.

Physiological testing was conducted at regular intervals throughout the year and athletes have been working with the TIS

individual scholarships

Hanny Alston (Orienteering) created history by winning both the Senior and Junior World Orienteering Championships in the sprint event. The junior title came in Lithuania in July 2006 and was backed up with the senior crown in Denmark in August 2007. The outstanding performance saw Hanny named TIS Athlete of the Year and Junior Athlete of the Year. Hanny also placed fifth in the Super Elite class at O-Ringen, the world's biggest orienteering championships in July. Hanny achieved Australia's best performance for the race.

Grace Elson (Orienteering) represented Australia at the World Orienteering Championships in Denmark, finishing 39th in the sprint event. Grace teamed with fellow TIS athlete Hanny Alston to finish fourth in the relay event. Grace also won several national league titles throughout the course of the year and represented Australia in the Trans Tasman series against New Zealand in February 2007.

Natasha Hardy (Karate) competed for Australia in the senior female 53-60kg Kumite at the Senior World Karate Championships in Finland in October. Natasha finished second in the weight division at the Berlin Open and won gold in the team event. Natasha also competed at the Budapest Open where she again won her weight division and the team event. Natasha also competed at the Australian Karate Open in Queensland and finished third in the Women's Open Kumite class.

Clint Freeman (Compound Archery) competed in the World Championships in Sweden finishing fifth overall. Clint also competed in the Swiss Target Championships and the Swedish Field Championships. At the World Indoor Compound event in Turkey, Clint placed 19th in the individual category and fifth in the teams

Josh Thorpe (Volleyball) continued his AIS scholarship based in Canberra. Josh toured China, Iran and Italy. Josh also competed at the Junior Trans Tasman Championships in Canberra,



Hanny Allston receives her gold medal from Crown Prince Frederick, of Denmark.

Photo courtesy Eric Borg

where the combined Australian National Junior Men and Youth Boys' team defeated New Zealand to retain the Murray Mansfield Trophy for the fifth consecutive year. Josh toured Sweden, France and Slovakia with the AIS Men's team, where they won 14 of 26 matches and Josh was named a best player in nine matches.

Luke Jackson (Boxing) began an AIS scholarship based in Canberra under AIS head coach Bodo Andreas. Luke won gold in the 57kg senior event at the Australian Boxing Championships in Darwin. Luke travelled with the AIS squad to Russia, Czech Republic, France and Finland.

Priscus Fogagnolo (Judo) won the Under 90kg section of the 2006 Oceania Judo Championships in Tahiti. Priscus was selected in the Oceania Team to compete at the World Judo Team Championships in Paris. He finished third in the Under 90kg class at the ACT Open in Canberra during February. He also finished third in the Men's Under 90kg class at the National Championships in Adelaide during June.

Stephanie Grant (Judo) won a gold medal in both the Under 78kg Young Women's and Under 78kg Senior Women's categories at the Australian National Judo Championships in Perth. Stephanie won the Women's 78kg class at the ACT Open in Canberra in February and finished fourth in the Women's Under 78kg class at the National Championships in Adelaide in June.

Susan Dobson (Badminton) won the Samoa International Tournament, in the Ladies Doubles in Samoa during May. Susan travelled with the Australian squad to a series of tournaments in Europe and England in February/March 2007.

Sam Norton (Kayak) finished third in the National Flat Water Championships, Penrith. Sam gained selection for the Junior World Championships in the Czech Republic in July 2007.

Kate Mollison (Slalom Canoe) competed at the Junior World Slalom Canoe Kayaking Championships in Slovenia. Kate made it to the semi-finals and finished 24th, which was the best Australian performance. Kate also was a member of the Australian team for the Australian Youth Olympic Festival, placing fifth in the K1 Women's Kayak. Kate has recently relocated to NSW to live and train at the Olympic course located at Penrith.

Maggy Marshall (Squash) competed for Australia at the Penang International in Penang, Malaysia, during May 2007 and the Milo All Stars Tournament in Kuala Lumpur, Malaysia. Maggy finished sixth in both events. Maggy has been selected in the Australian Junior Women's Team to compete in World Junior Championships in Hong Kong in August.

Nick Behrens (Sailing) competed in the 2006 European Championships on Lake Balaton in Hungary. Nick was in the first Australian boat, finishing in 14th position. Nick (with sailing partner Mat Belcher) won the Kiel Week Regatta in Germany, which is an ISAF Grade 1 win. Nick and Mat face an anxious few months as they await the announcement of the 2008 Olympic sailing team in October.

Ashlee Dewhurst (Golf) was selected in the Australian Girls' Team for the Trans Tasman Cup in Canberra in April 2007. Ashlee was undefeated across the whole tournament and also won the Tasmanian Junior Open held at the Mowbray Golf Course in January 2007.

Jack Penny (Trampoline) recorded impressive results at the Indo Pacific Championships in South Africa, winning gold in the Under 17 tramp, gold in the 17+ synchronised event and bronze in the Under 17 mini-tramp. Jack also competed in the Australian Youth Olympic Festival in Sydney during January where he placed fourth in both the Individual and synchronised pairs events. Jack will represent Australia at the Junior World Championships in Quebec City, Canada in November 2007.

Ryan Smyth (Orienteering) competed for Australia at the Waitangi four-day event held in New Zealand from 3-6 February. At the Australian three-day event at Burra (SA), Ryan finished 11th in the men's category. Ryan has been selected in the Australian team to compete in the Oceania Carnival in Canberra in October 2007.

Rebecca Quail (Lawn Bowls) won the Tasmanian Women's Singles title in January 2007. Rebecca was selected in the National Under 25 team for the Trans Tasman series against New Zealand in March 2007.

Mark Strochetter (Lawn Bowls) won the Tasmanian Master Triples in January. Mark also won the Northern Tasmanian Open Singles. Mark was a member of several representative sides including the Australian Sides Championships and the Australian Super League competition.



Nick Behrens competed in the 2006 European Championships on Lake Balaton in Hungary. Nick was in the first Australian boat, finishing in 14th position.

coaching scholarships

JUSTIN HELMICH – Swimming

Justin continues to be the program manager of the TIS Elite Development Squad swimming program. Since obtaining a scholarship, Justin has attended an ASTA conference in Queensland and has completed his level one Strength and Conditioning Certificate. Justin is travelling to the United States in September with Swimming Australia, as part of a development trip, to attend the World Swimming Coaches Conference.

SIMON YOUL – Tennis

Simon continues to be the program manager of the TIS Elite Development Squad tennis program. Simon is in the final stages of completing his High Performance Coaching Course through Tennis Australia. Simon has also completed an introductory course in nutrition. Simon attended the National High Performance Training Camp in Victoria in December last year.

ELEANOR PATTERSON – Cycling

Eleanor has been assisting the TIS cycling program in a coaching and team support role. Eleanor has recently returned from attending the Australian Track National Titles in Sydney. Eleanor attended the TIS cycling camp in December 2006 and is currently undertaking Coaching Principles Level 2 NCAS via correspondence through Cycling Australia.

CLAIRE PLAYSTED – Rowing

Claire has attended several rowing meets, including the National titles and National selection events. Claire has also completed the level one Strength and Conditioning Certificate.

REBECCA DICK – Basketball

Rebecca has been successful in obtaining a full-time Scholarship Coaching role with the Australian Institute of Sport Women's Basketball program. Rebecca began her new role on 26 February 2007.

Five new coaches began scholarships in May 2007. After a record number of high-quality applicants the successful recipients were:

- **REBECCA THOMSON – Diving**
- **EVAN PEACOCK – Track & Field**
- **MATTHEW GILLIE – Badminton**
- **ANDREW CHRISTIE-JOHNSON – Cycling**
- **OLIVER CLOSE – Hockey**

The TIS looks forward to working with these coaches on their personal coaching development and aspirations over the next two years.

scholarship holders

ARCHERY

Clint Freeman

BADMINTON

Susan Dobson

BOXING

Luke Jackson

CANOE

Kate Mollison
Sam Norton

GOLF

Ashlee Dewhurst
Laura Richards

JUDO

Stephanie Grant
Priscus Fogagnolo

KARATE

Natasha Hardy

LAWN BOWLS

Mark Strochnetter
Rebecca Quail

ORIENTEERING

Johanna Allston
Grace Elson
Louis Elson
Ryan Smyth

SAILING

Nick Behrens

SQUASH

Maggy Marshall

TRAMPOLINE

Jack Penny

VOLLEYBALL

Josh Thorpe

NTC CYCLING

Trent Deacon
Belinda Goss
Matthew Goss
Mark Jamieson
Caleb Manion
Karl Menzies
Louise Padgett
Ryan Sullivan
Sean Sullivan
Bernard Sulzberger
Grace Sulzberger
Wes Sulzberger
Sid Taberlay
Josh Wilson
Cameron Wurf

NTC HOCKEY

Geoffrey Cock
Ben Creese
Eloise Duay
David Guest
Sophie McCleod
Hamish McGregor
Edward Ockenden
Lucy Ockenden
Marcus Richardson
Patrick Ward
Matthew Wells
Emily Wilson

NTC ROWING

Nick Baker
Sam Beltz
Deon Birtwistle
Scott Brennan
Carly Cottam
Anthony Edwards
Michael Egan
Dana Faletic
Ingrid Fenger
Shaun Finlayson
Tom Gibson
Megan Hibbs
Jonathon Hookway
Kerry Hore
Kate Hornsey
Brendan Long
Anthony Males
Dominic Monypenny
Claire Shield
Max Sondermeyer
Blair Tunevitsch
Sam Waley
Charlotte Walters
Adam Wertheimer
Taylor Wilczynski
David Wright
Cameron Wurf

NTC TRACK AND FIELD

Daniel Coleman
Ryan Foster
Graham Hicks
Donna MacFarlane
Hamish Peacock
Kate Pedley
Tristan Thomas

NITCP BASKETBALL

Hugh Greenwood
Hollie Grima
Catherine Guest
Olivia Howard
Brooke Howells
Jessie Humphries
Tiri Masunda
Joss Mooney
Dwayne Radcliffe
Breanna Russell
Sarah Walker
Ryan Williams
Cameron Witt

EDS AFL FOOTBALL

Thomas Hislop
Brad McDonald
Jack Reiwoldt
Mitch Thorpe

EDS CANOE WILDWATER

Stewart Bennett
Mathew French
Dan Hall
Carol Hurst
Ben Maynard

EDS CRICKET

George Bailey
Ben Hilfenhaus
Brady Jones
Scott Nichols
Tim Paine
Matthew Wade
Jonathon Wells

EDS DIVING

Jocelyn Burnett
Callum Gugger
Michael Hughes
Joshua Parker-Sloan

EDS NETBALL

Millie Bennett
Lauren Carter
Chelsea Coleman
Abbie Fielding
Steffi Grenda
Ebony Keygan
Lauren Miller
Chloe Moulton
Lucy Norton
Amy Saunders
Jennifer Taylor
Jacqui Witt

EDS SWIMMING

Rebecca Foster
Charles Gard
Nicole Hunter
Nykita Moore
Zoe Osterloh
Pierre Roper
Madeline Swan
Ray Winstanley

EDS TENNIS

Georgina Carswell
Edward Bouchier
Ella Bourcher
Alyssa Hibberd
Nina Khoury
Andrew Roberts
Anna Wishink



Cameron Witt



Jack Penny



Dan Hall

corporate plan



OUR VISION

To provide quality athlete and coaching services which place Tasmania at the forefront of elite sport

OUR MISSION

To provide leadership and quality athlete end coaching services to Tasmania's talented athletes to assist them to compete successfully on the international stage

Strategic Plan 2005-2009

- | | |
|------------|--|
| Goal No. 1 | We will develop a culture of commitment and expectation for success at the highest level. |
| Goal No. 2 | We will participate in open and active relationships that clearly articulate the various roles and responsibilities of all partners and that build effective pathways to excellence in sport. |
| Goal No. 3 | We will develop and maintain links within education and employment networks that encourage a flexible environment to support the balance between an athlete's career and education development and elite performance. |
| Goal No. 4 | We will provide TIS athletes, coaches and staff with access to technology that supports their performance at the highest level. |
| Goal No. 5 | We will generate increased investment in elite Tasmanian sport through the TIS to maximise TIS athlete performance at the international level. |
| Goal No. 6 | We will promote awareness and ensure that TIS athletes and coaches adopt responsibility for a zero tolerance drugs-in-sport environment. |
| Goal No. 7 | We will work closely with the TIS Board to facilitate best practice in all aspects of our operations. |
| Goal No. 8 | We will help identified potential elite athletes overcome any economic or geographic impediments to their performance. |
| Goal No. 9 | We will work collaboratively with all partners to provide access to, and development of, those world-class coaches who are central to the development of elite sport in Tasmania and to the fulfilment of TIS athlete potential. |

board of management



*Mr Denis W. Rogers AO
Chairman*



Mr Greg Johannes



Mrs Julie Kay



Mrs Pip Leedham



Mrs Anne Shield



*Mr Bill Woolcock
Deputy Chairman*



Mr Kevin Young

staff

DIRECTOR

Paul Austen

PROGRAM MANAGER

Geoff Masters

EXECUTIVE ASSISTANT

Jeanne Pennington

TRAINEE

Tegan Raabus

PROJECT SUPPORT OFFICER

Denise Hansson

A/PROJECT SUPPORT OFFICER & TRAINEE

Claire Deavin

MANAGER SPORTS PERFORMANCE UNIT

John Gregory

SPORTS PERFORMANCE OFFICER

Diana Dickenson

SPORTS PERFORMANCE OFFICER

Sean Murphy

PHYSICAL PREPARATION OFFICER

Peter Culhane

ATHLETE & COACH SERVICES COORDINATOR

Carl Saunder

HEAD CYCLING COACH

Paul Brosnan

CYCLING COACH

Ron Bryan

HEAD HOCKEY COACH

Andrew McDonald

HOCKEY COACH

Stewart Pither

HEAD ROWING COACH

Rhett Ayliffe

ROWING COACH

Darren Balmforth/Ron Batt

NETBALL COACH

Tracey Robinson

MEN'S FOOTBALL COACH

Bruce Stowell

WOMEN'S FOOTBALL COACH

Vicki Linton

ATHLETICS PROGRAM MANAGER

Peter Fortune

ACE COORDINATOR

Jamie Cox/David Newett

TALENT SEARCH COORDINATOR

Angela Hayes/Emily Parker

PHD STUDENT

Matthew Driller

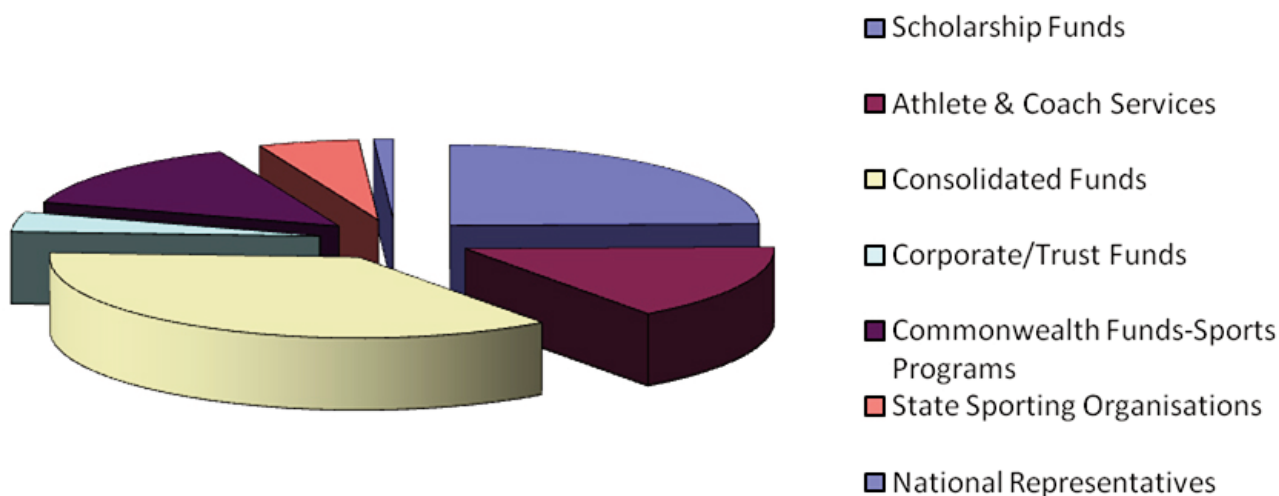
financial report

2006-07

funding

Scholarship Funds	\$487,000
Athlete & Coach Services	\$300,000
Consolidated Funds	\$707,280
Corporate/Trust Funds	\$77,500
Commonwealth Funds – Sports Programs	\$274,000
State Sporting Organisations	\$103,600
National Representatives	\$20,000
Total Funds 2006-07	\$1,969,380

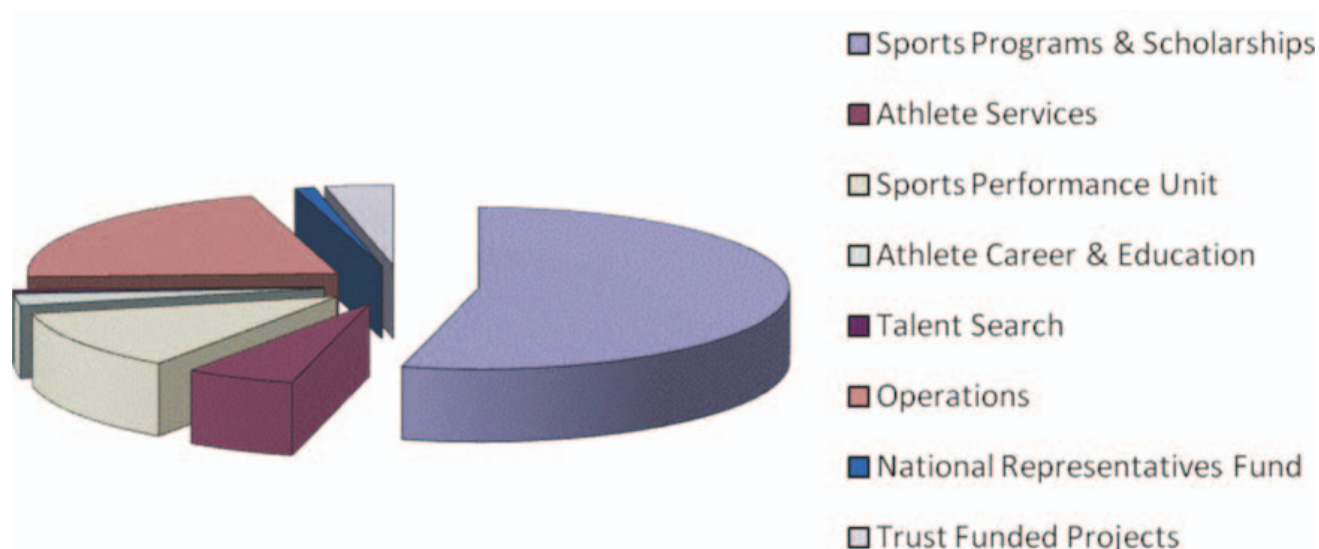
TIS Funding All Sources



allocations

Sports Programs & Scholarships	\$1,060,600
Athlete Services	\$112,000
Sports Performance Unit	\$234,000
Athlete Career & Education	\$45,000
Talent Search	\$10,000
Operations	\$414,280
National Representatives Fund	\$20,000
Trust Funded Projects	\$69,000
Total Allocations 2006-07	\$ 1,964,880

TIS Allocations 2006-07



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