

2022 Tasmanian Athlete of the Year Finalists Announced

Congratulations to the six Tasmanian athletes who have been named as the finalists for the 2022 Tasmanian Athlete of the Year.

This is testimony to the hard work and dedication they have shown to achieve some amazing results in their chosen sport.

The six finalists are:

- Georgia Baker (cycling)
- Joshua Beltz (hockey)
- Eddie Ockenden (hockey)
- Ariarne Titmus (swimming)
- Matthew Wade (cricket)
- Henry Youl (rowing)

The six finalists dominated their disciplines at the 2022 Birmingham Commonwealth Games, World Championships & World Cups, and judging will be based on athlete performances recorded during the period November 2021 – October 2022.

The 2022 Tasmanian Athlete of the Year will be announced at a special cocktail function on Wednesday 30 November 2022 and Tasmanian Sporting Hall of Fame members and a new inductee will also be recognised at this event.

To learn more about the 2022 Tasmanian Athlete of the Year Finalists, [click to head to the TIS website.](#)



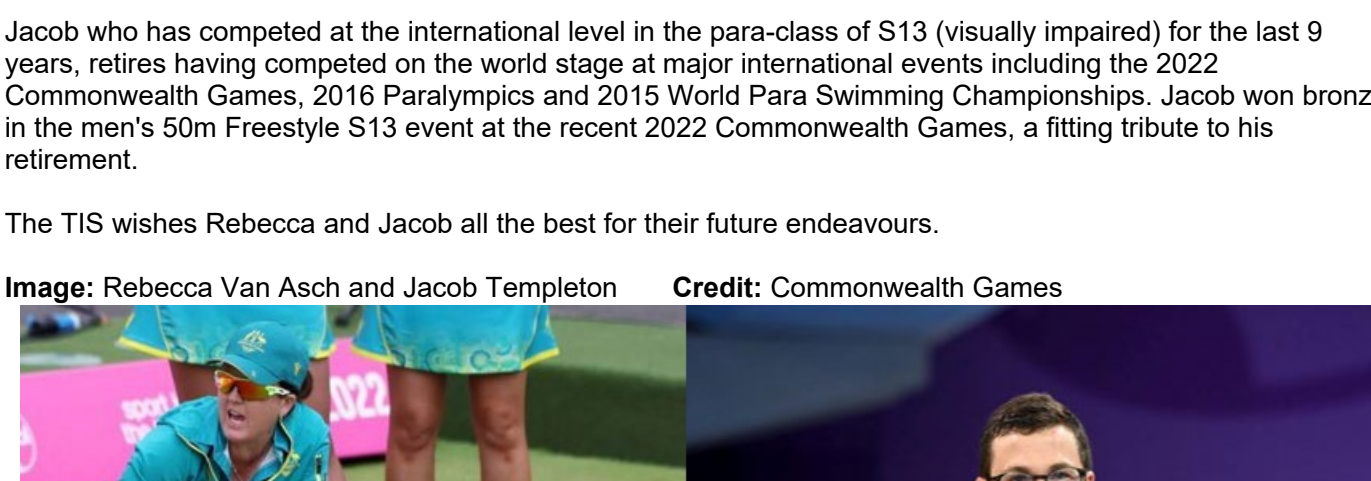
Birmingham Commonwealth Games Athletes

Congratulations to Tasmanian Birmingham Commonwealth Games athletes who were presented with the prestigious Australian Sports Medal by Governor, the Honourable Barbara Baker AC and Marlene Elliot, Commonwealth Games Australia, Board Member at Government House.

Congratulated by the Governor, Baker said "To be selected to represent your country in a sporting endeavour is evidence of your abilities, training and perseverance. I congratulate you all on your efforts."

For Rebecca Van Asch, the Games in Birmingham and receiving the prestigious medal was a fitting end to her international lawn bowls career. "It's an absolute honour to be receiving the Australian Sports Medal. Being an Australian representative is one of the greatest privileges and it is very humbling to be recognised in this way."

Photo: Present to collect their award were Rebecca Van Asch, Sam Fox, Jacob Despard, Erica Burleigh and Hayden Armstrong pictured with Marlene Elliot.



Athlete Retirement Announcements

The TIS congratulate Rebecca Van Asch (Lawn Bowls) and Jacob Templeton (Para-swimming) on successful careers after announcing their retirement from elite competition.

Rebecca has been a TIS Scholarship holder for 18 years in which time she has won three world championship titles, two Commonwealth Games gold medals (one of five Jackaroos with multiple Commonwealth Games gold medals), along with numerous International Series victories including Trans-Tasman Test Series, Multi-Nations and the Asia Pacific Bowls Championships. Rebecca has been a fantastic ambassador for the sport and will continue her involvement with bowls in her role as High Performance Manager with Bowls Australia.

Jacob who has competed at the international level in the para-class of S13 (visually impaired) for the last 9 years, retires having competed on the world stage at major international events including the 2022 Commonwealth Games, 2016 Paralympics and 2015 World Para Swimming Championships. Jacob won bronze in the men's 50m Freestyle S13 event at the recent 2022 Commonwealth Games, a fitting tribute to his retirement.

The TIS wishes Rebecca and Jacob all the best for their future endeavours.

Image: Rebecca Van Asch and Jacob Templeton **Credit:** Commonwealth Games



Hockey

Kookaburras vs India Test Series

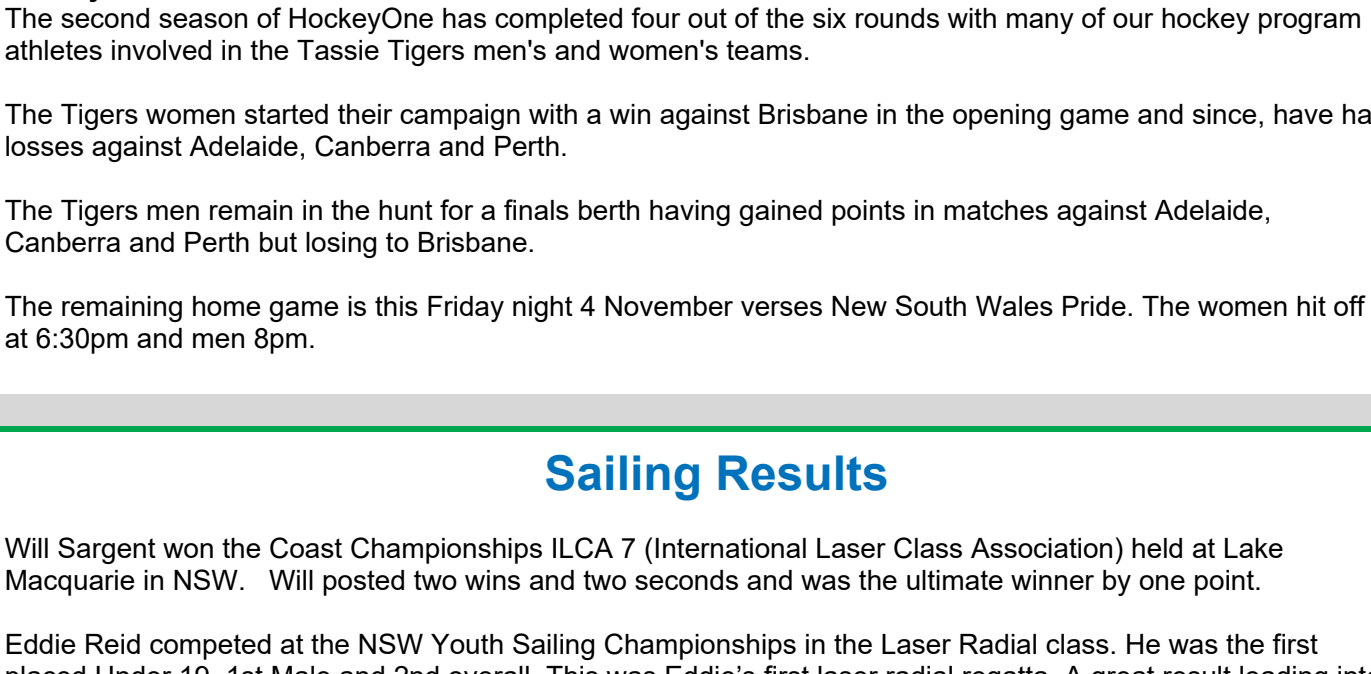
The Kookaburras will face off against fellow hockey powerhouse India in Adelaide in a five match series between 26 November and 4 December. A significant and unmatched Australian player milestone will be reached when Eddie Ockenden, Kookaburra's co-captain will make his 400th international appearance. The 35 year old currently sits on 398 caps.

Sultan of Johor Cup

Josh Brooks and the Australian National Junior Team (the Burras) competed in the Sultan of Johor Cup in Johor, Malaysia. Competing nations included Great Britain, Japan, Malaysia, India and South Africa

The Burras finished runners up in the tournament with a 1-all draw against India losing in a penalty shootout. Josh scored four goals throughout the tournament and played a role in leading the team as vice-captain. Josh now turns his focus back to the HockeyOne competition.

Image: Josh Beltz and Assistant Coach Matt Wells



HockeyOne

The second season of HockeyOne has completed four out of the six rounds with many of our hockey program athletes involved in the Tassie Tigers men's and women's teams.

The Tigers women started their campaign with a win against Brisbane in the opening game and since, have had losses against Adelaide, Canberra and Perth.

The Tigers men remain in the hunt for a finals berth having gained points in matches against Adelaide, Canberra and Perth but losing to Brisbane.

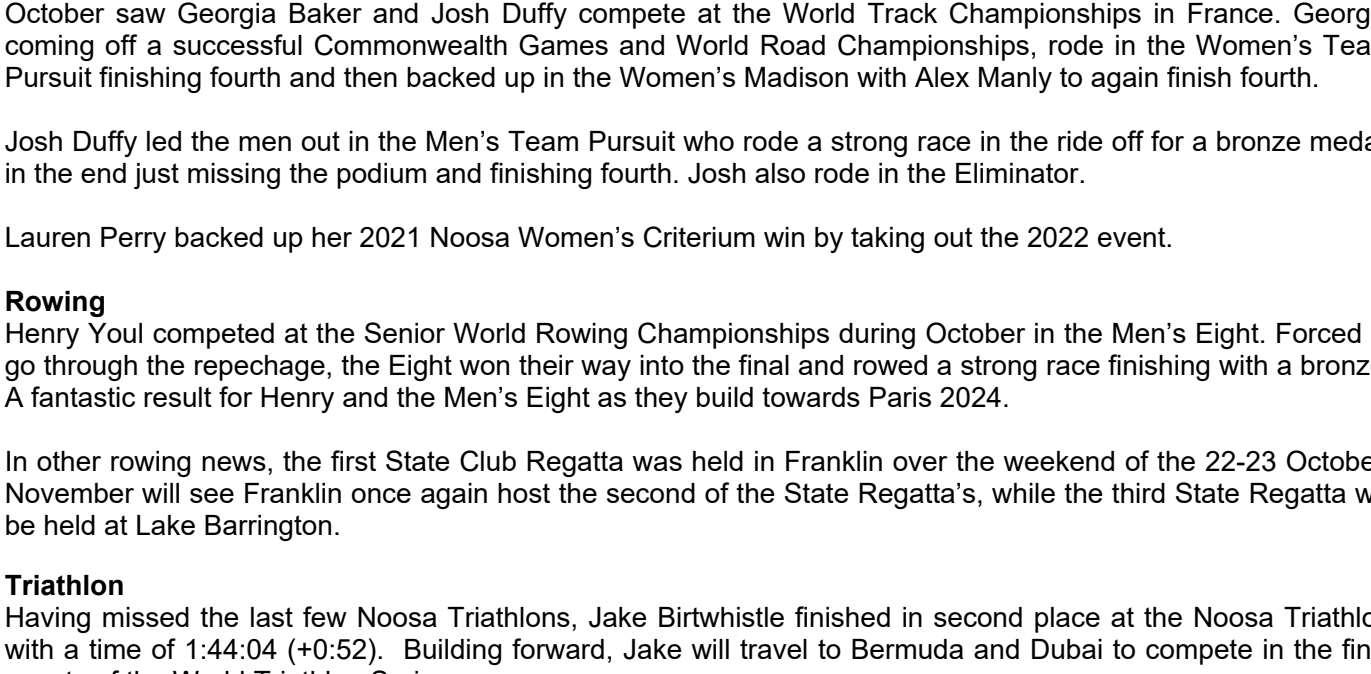
The remaining home game is this Friday night 4 November verses New South Wales Pride. The women hit off at 6:30pm and men 8pm.

Sailing Results

Will Sargent won the Coast Championships ILCA 7 (International Laser Class Association) held at Lake Macquarie in NSW. Will posted two wins and two seconds and was the ultimate winner by one point.

Eddie Reid competed at the NSW Youth Sailing Championships in the Laser Radial class. He was the first placed Under 19, 1st Male and 2nd overall. This was Eddie's first laser radial regatta. A great result leading into the 2022-23 sailing season.

Image: Eddie Reid **Credit:** @Beau Outeridge



Sport Program Activities

Archery

Sarah Haywood competed in the National Archery Championships in Samford Valley, Queensland, 29 September – 3 October. Sarah enjoyed a successful championship finishing third in each of the Matchplay, Mixed Teams Matchplay and Women's Teams Matchplay events.

Athletics

Sam Clifford competed in the Burnie 10K placing 10th (third Tasmanian) across the line. November will see Sam compete in the WA 10K Championship and the VIC 5K Championship.

Cycling

October saw Georgia Baker and Josh Duffy compete at the World Track Championships in France. Georgia coming off a successful Commonwealth Games and World Road Championships, rode in the Women's Team Pursuit finishing fourth and then backed up in the Women's Madison with Alex Manly to again finish fourth.

Josh Duffy led the men out in the Men's Team Pursuit who rode a strong race in the ride off for a bronze medal, in the end just missing the podium and finishing fourth. Josh also rode in the Eliminator.

Laura Perry backed up her 2021 Noosa Women's Criterium win by taking out the 2022 event.

Rowing

Henry Youl competed at the Senior World Rowing Championships during October in the Men's Eight. Bronze to go through the repechage, the Eight won their way into the final and rowed a strong race finishing with a forced. A fantastic result for Henry and the Men's Eight as they build towards Paris 2024.

In other rowing news, the first State Club Regatta was held in Franklin over the weekend of the 22-23 October. November will see Franklin once again host the second of the State Regatta's, while the third State Regatta will be held at Lake Barrington.

Triathlon

Having missed the last few Noosa Triathlons, Jake Birtwhistle finished in second place in the Noosa Triathlon with a time of 1:44:04 (+0:52). Building forward, Jake will travel to Bermuda and Dubai to compete in the final events of the World Triathlon Series.

Wheelchair Rugby

Rubie Gallagher is preparing for a Japan to Japan Squad Tour to the Japanese month. Rubie will attend a two day camp in Melbourne before flying to Japan to compete against the Japan Development Squad between 14 - 22 November where Rubie will gain valuable experience participating in four games.

Para-sport Updates

Para-Sport Coach Development

The TIS and Paralympics Australia (PA) have commenced a Tasmanian Paralympic Development Coach Community of Practice pilot. The pilot, supported by the AIS, is aimed at bringing together like-minded Paralympic development coaches working in Paralympic sport to learn and develop through collaboration, ideas sharing and problem solving. The first session of this pilot led by PA's Coach Development Advisor Alex Jago was conducted in Launceston recently. 15 coaches from 10 Paralympic sports have committed to the nine month pilot and will continue to meet monthly to grow their coach community and explore opportunities to impact participation and development in paralympic sport.

Para-Sport Junior Talent Program

The TIS has partnered with Paralympics Australia to develop the Para-Sport pathways within the state, with the aim to provide more targeted support for developing Junior Para-athletes.

The fourth session of the Para-Sport Junior Talent Program was held in October, at the Technopark facility in Hobart.

Largely an education session, athletes completed a session in the gym and worked with Paralympian Deon Kenzie, Wheelchair Rugby athlete Rubie Gallagher and Kevin Faulkner, Paraquid Tasmania.

Image: TIS Kurt Tropiano and Deon Kenzie with junior para-athletes.



TIS Upcoming Workshop - November

Australian Institute of Sport (AIS) Eating Disorders in Sport (EDIS) Workshop

The TIS in conjunction with the AIS and the National Eating Disorders Collaboration (NEDC) will be hosting a EDIS Workshop held in **Launceston Thursday 17 November and in Hobart 18 November - 10.00am to 2.00pm (lunch included)**. This is a free event.

The EDIS Workshop is to be facilitated by Jaymeila Webb, Accredited Sports Dietitian (TIS) & Alex McNaughton, Psychologist & Wellbeing Lead, South Australian Sports Institute.

This workshop is specifically intended for coaches, managers and support staff working with athletes in high performance and the general sporting community – coaches, club representatives and officials, team managers, performance staff, medical network & educators.

The aims of the workshop include:

- **Increase knowledge:** of body image, disordered eating and eating disorders
- **Increase confidence:** to talk about body image, disordered eating and eating disorders
- **Highlight the importance:** of prevention and early identification of disordered eating and eating disorders in athletes
- **Understand individuals' role:** in the prevention and identification of disordered eating and eating disorders in athletes

More information can be located on our website - [Eating Disorder in Sport Workshops | Tasmanian Institute of Sport \(tis.tas.gov.au\)](#) www.tis.tas.gov.au.

Registrations are now open for both workshops. Registrations will close Monday 14 November.

For more information or to register, please contact Angela Mills on email tisapplications@tis.tas.gov.au

Upcoming Events

Athletics

Western Australia 10,000m Championship, 12 November - Sam Clifford
Victorian 5km Championships - 17 November - Sam Clifford
Interclub meets commence locally and nationally.

Cycling

Spirit of Tasmania Cycling Tour - Northern Tasmania, 23-27 November
The Cycle Sunshine Coast, Sunshine Coast, QLD 6 - 9 October - Dalton Stretton, Hayden van der Ploeg

HockeyOne

HockeyOne - 4 November Hobart, 10 November Melbourne, HockeyOne Finals Weekend 18 - 20 November, Bendigo

International Test Series Kookaburras vs India, Adelaide, SA, 26 November - 4 December

Match 1 – Saturday 26 November (4.00pm local time, 4.30pm AEDT)
Match 2 – Sunday 27 November (4.00pm local time, 4.30pm AEDT)
Match 3 – Wednesday 30 November (6.30pm local time, 7.00pm AEDT)
Match 4 – Saturday 3 December (4.00pm local time, 4.30pm AEDT)
Match 5 – Sunday 4 December (4.00pm local time, 4.30pm AEDT)

Rowing

Tasmanian State Club Regatta No 2, Franklin, 12 November
Tasmanian State Club Regatta No 3, Lake Barrington, 26 November

Triathlon

2022 World Triathlon Championship Series, Bermuda, 5 November - Jake Birtwhistle
2022 World Triathlon Championship, Abu Dhabi, 24-25 November - Jake Birtwhistle

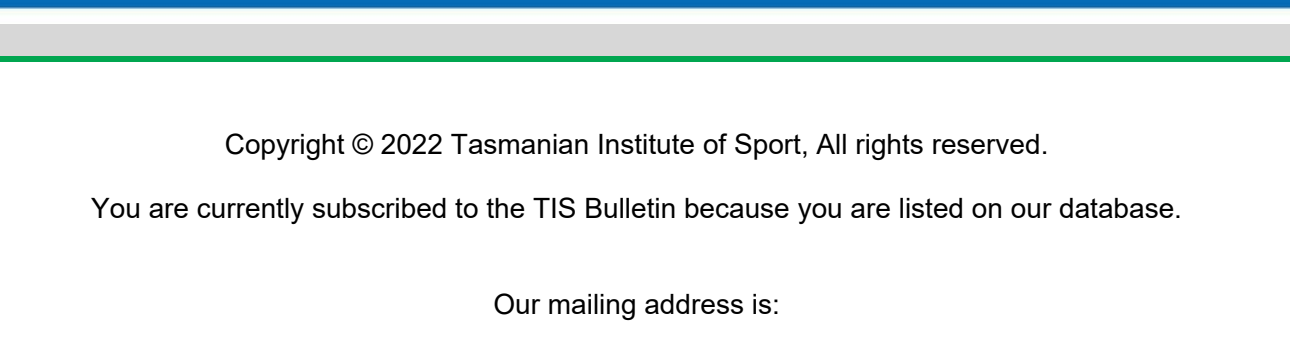
Wheelchair Rugby

Development Tour, Japan 14-22 November - Rubie Gallagher



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